

# Excimer Laser angioplasty for femoro-popliteal disease

*Sendai Kousei Hospital, Tokyo Kamata Hospital  
Naoto Inoue MD, FSCAI, FJCC, FAHA*

**Speaker's name: Naoto Inoue**

**■ I have the following potential conflicts of interest to report:**

Research contracts

Consulting- Kaneka, Tokai-Medical

Employment in industry

Stockholder of a healthcare company

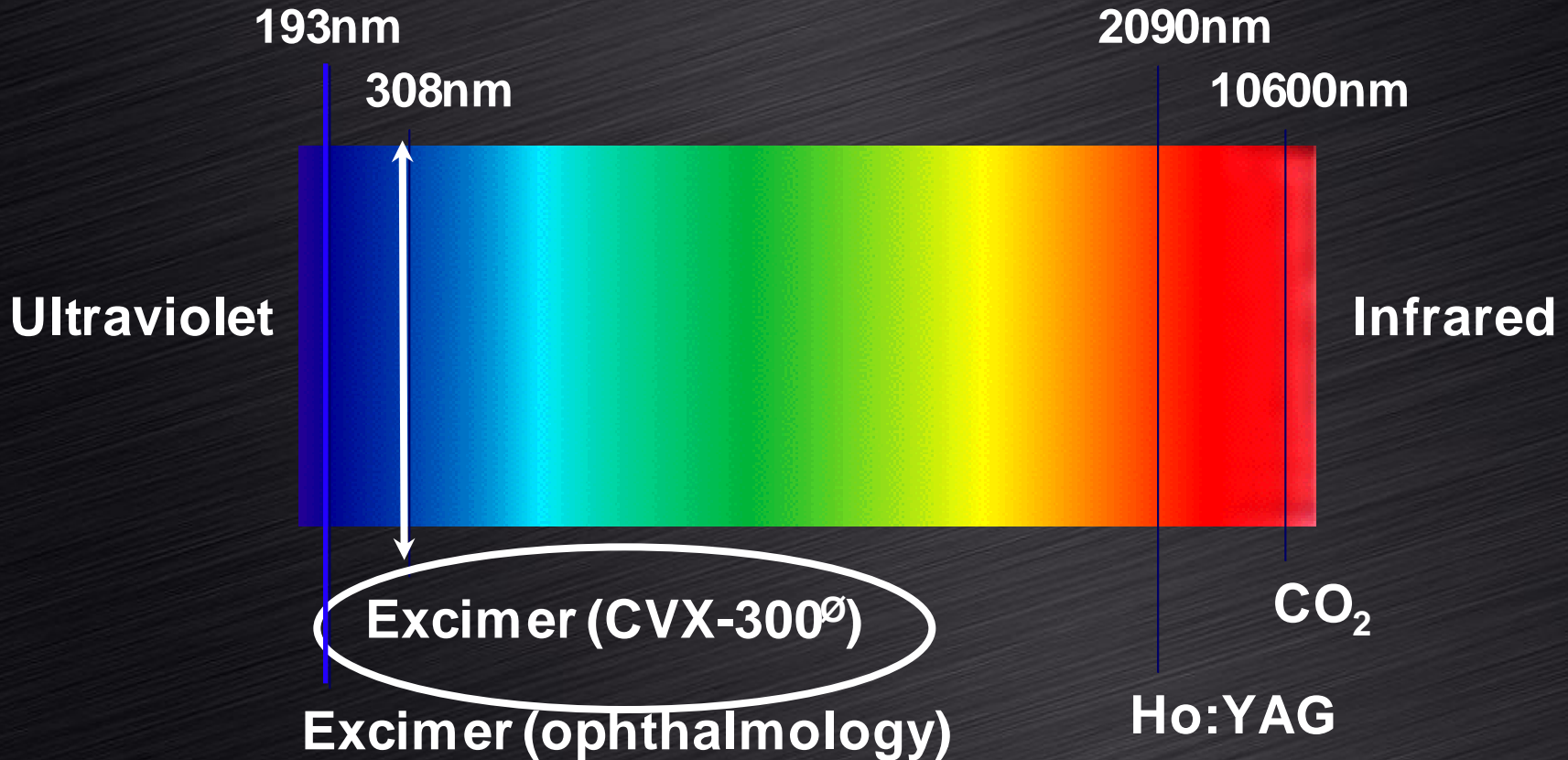
Owner of a healthcare company

Other(s)

I do not have any potential conflict of interest

# The Wavelength Story

## Ultraviolet vs. Infrared



# The XeCl Excimer Laser

## (The Cool Laser)

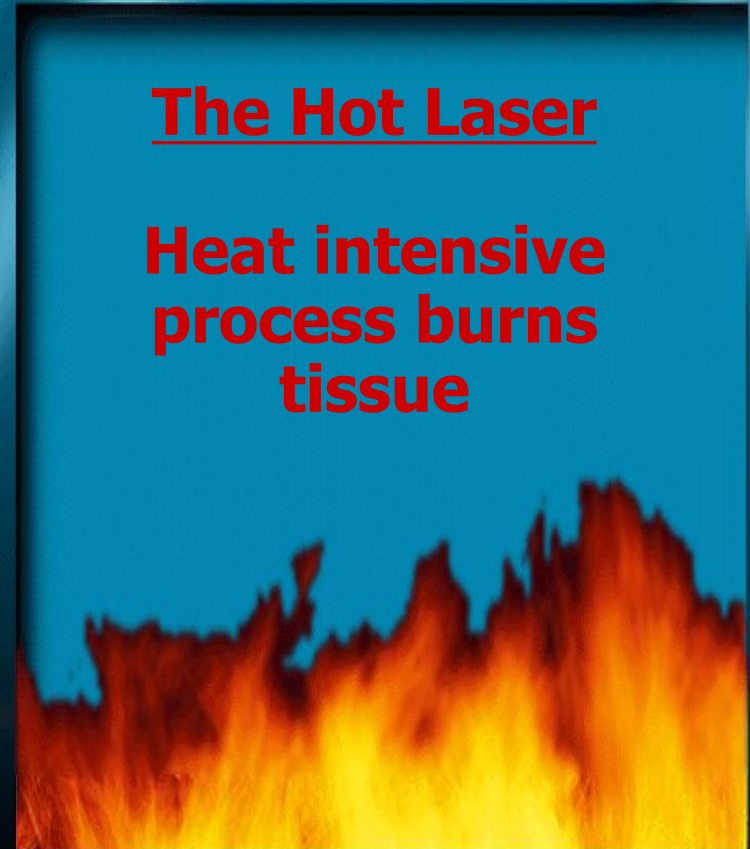
### The Cool Laser

**Dissolves tissue  
without burning**

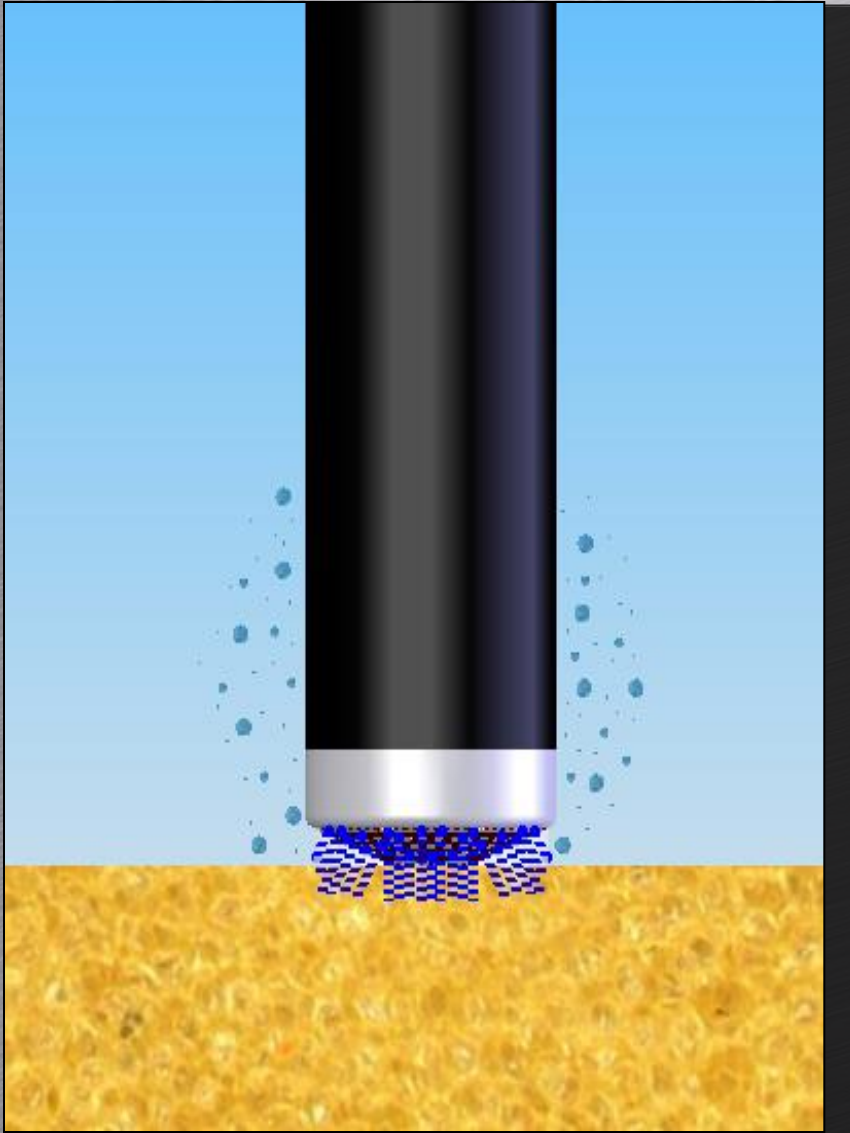


### The Hot Laser

**Heat intensive  
process burns  
tissue**



# Photochemical



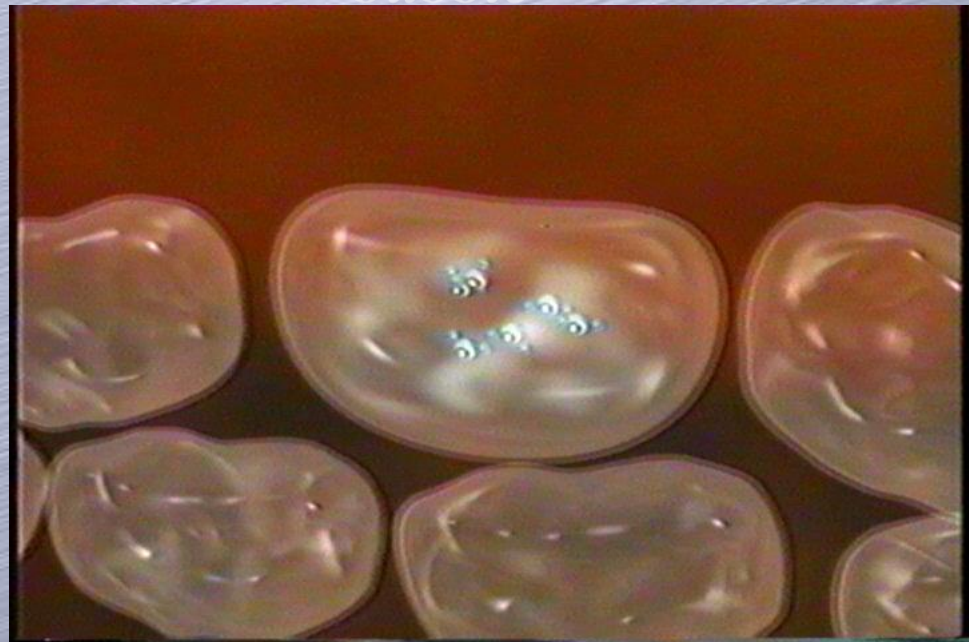
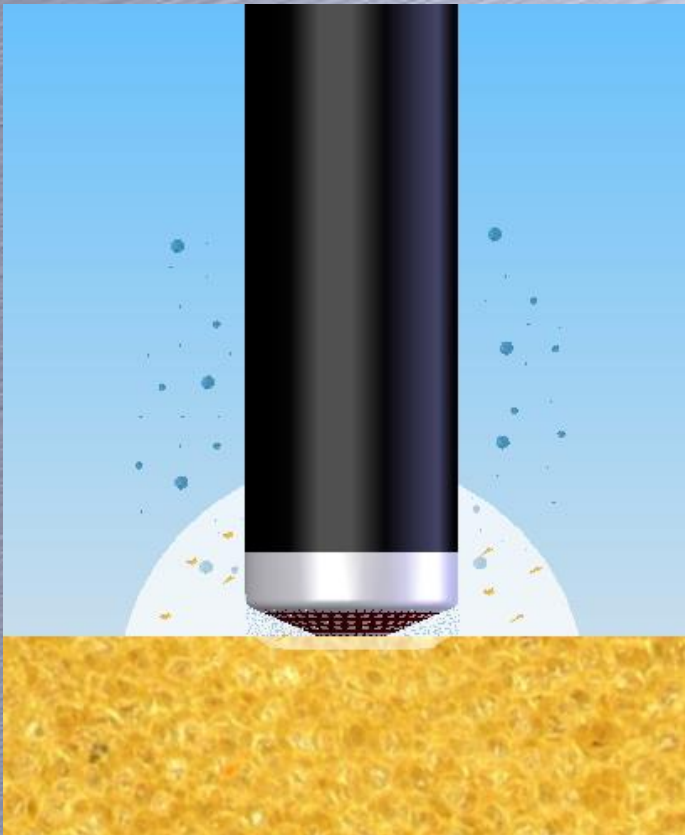
- UV light pulse hits tissue
- 125 nanosecond duration
- 100 microns penetration
- billions of tissue bonds fracture per pulse

# Photothermal

-absorption creates molecular *vibration* in tissue

-vibration of molecules *heats* intracellular water

-*steam* forms expanding *vapor bubble*



# Photomechanical

-expansion and collapse of vapor bubble breaks down tissue and sweeps debris away from tip

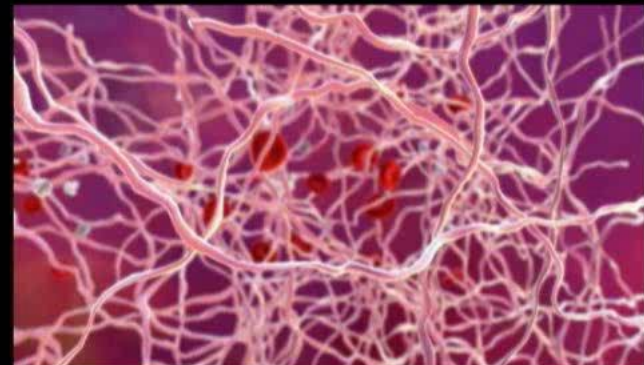
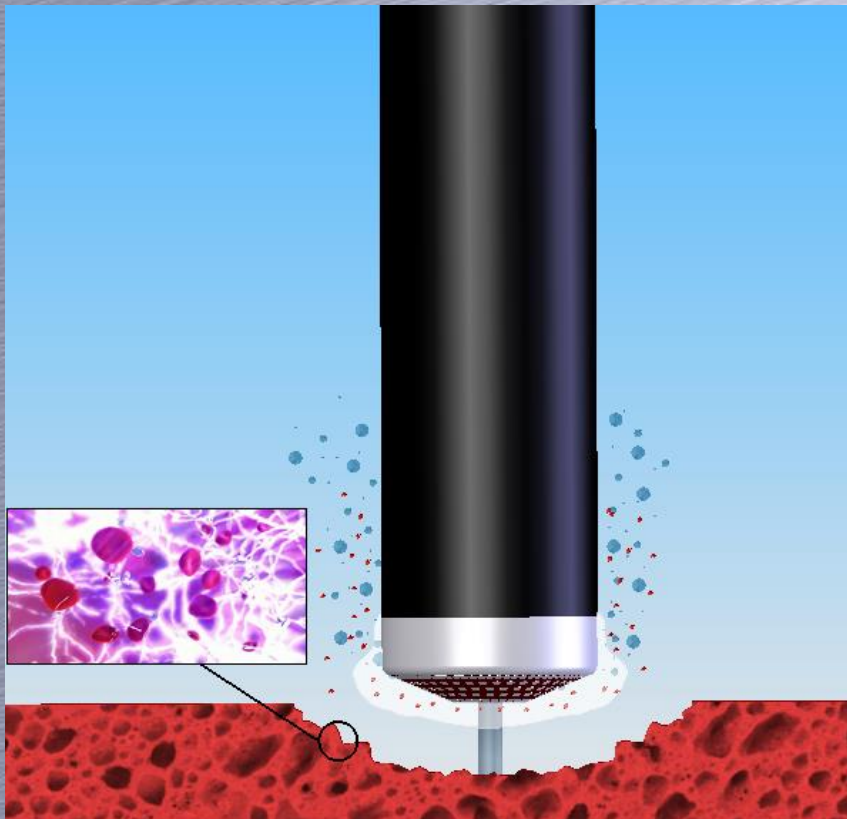
-debris is water, gas, small particles (90% < 10 microns)

-ablation depth >> 10 microns per pulse

-entire process time per pulse is 500 millionths of a second

120-500 us

Thrombus



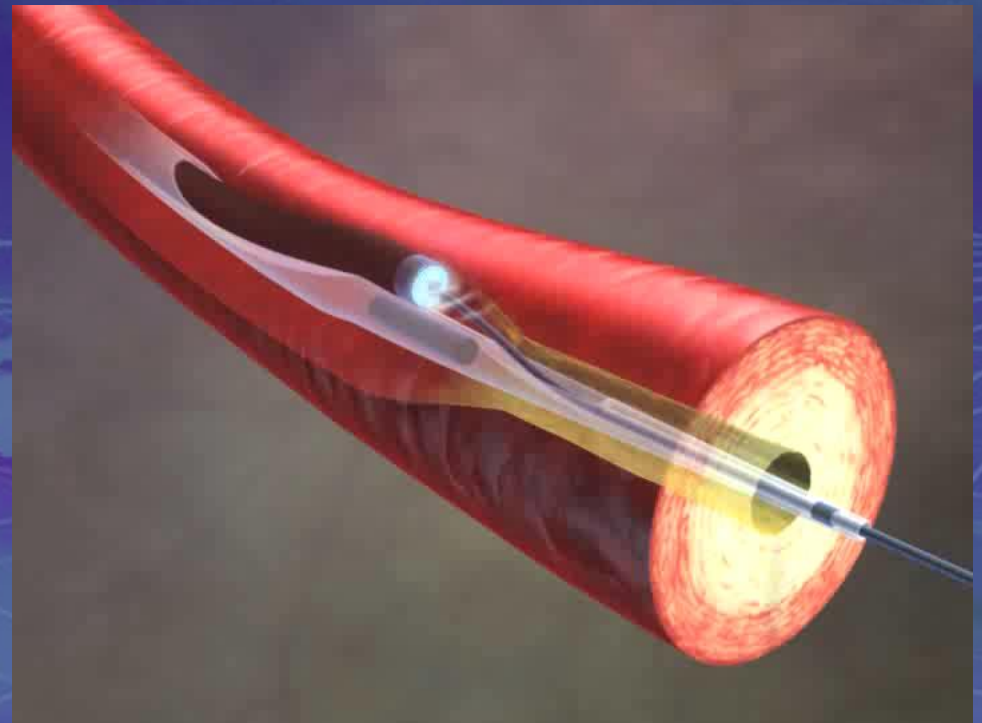
# Laser angioplasty in PAD

Laser+balloon angioplasty for de novo lesion?

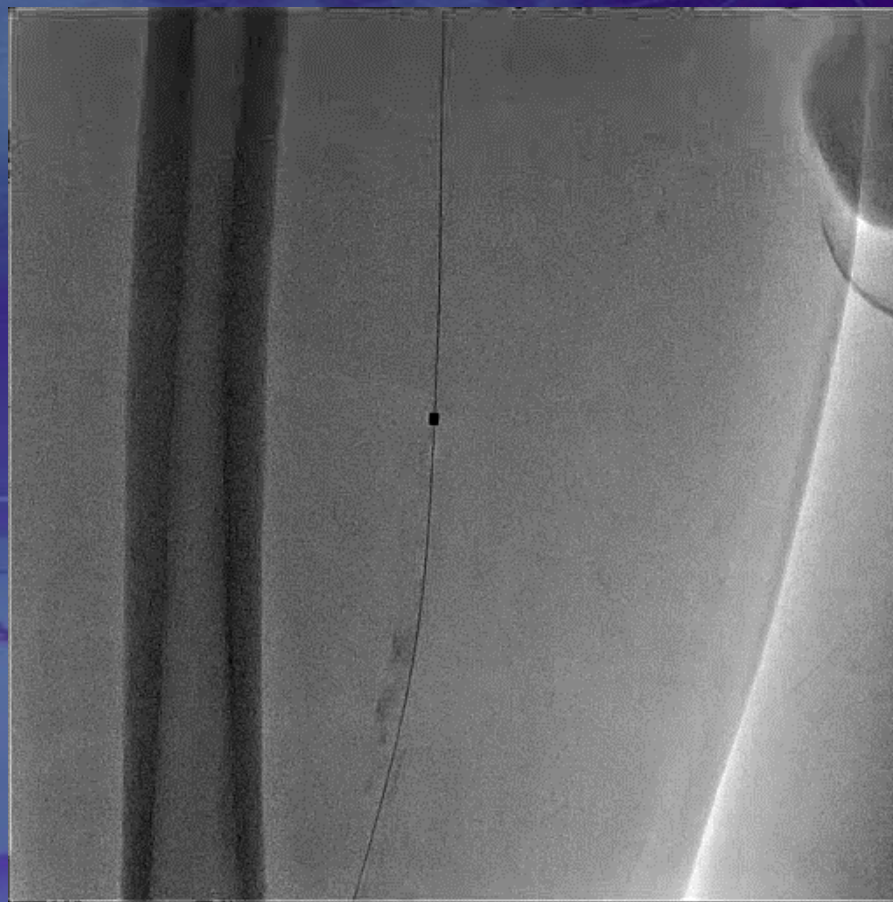


# Laser angioplasty in PAD

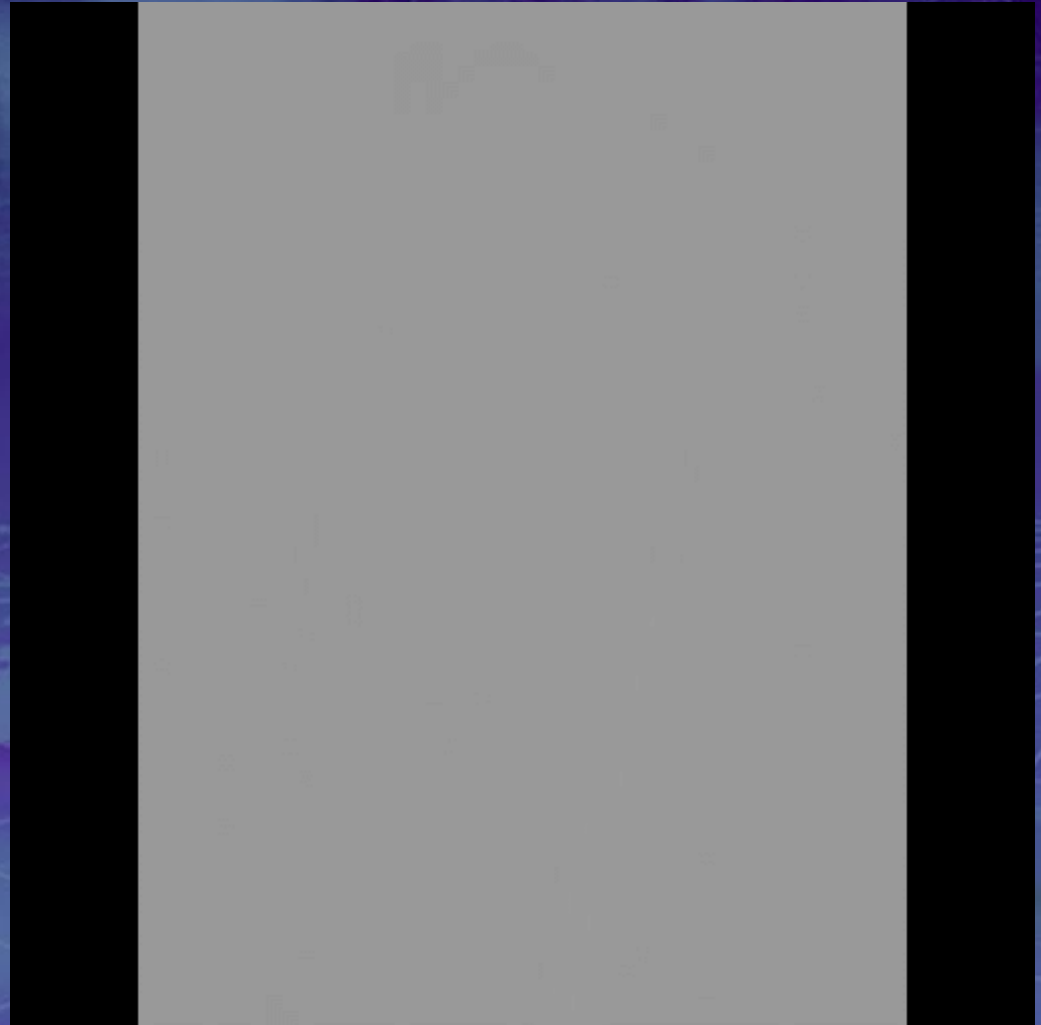
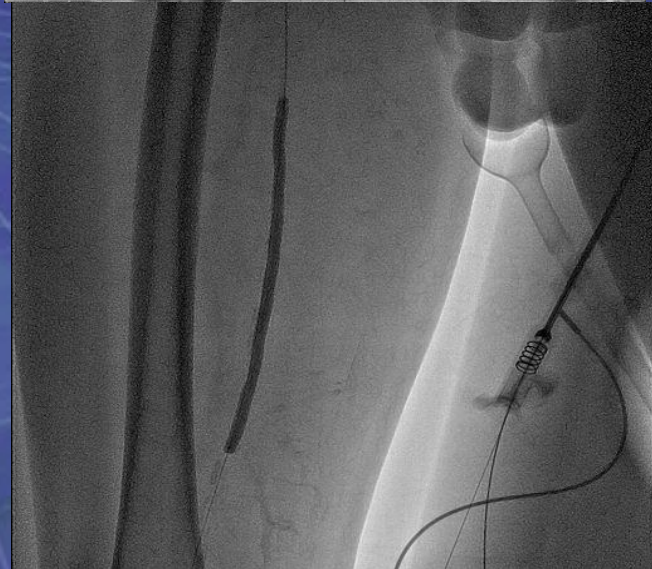
**Turbo-Tandem™**  
Laser Guide Catheter with Laser Atherectomy Catheter



# Laser+balloon angioplasty for de novo lesion



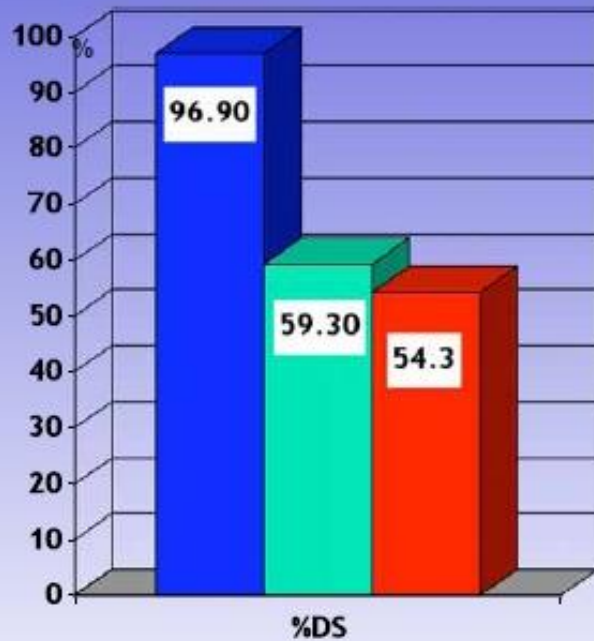
# Laser+balloon angioplasty for de novo lesion



# CELLO trial

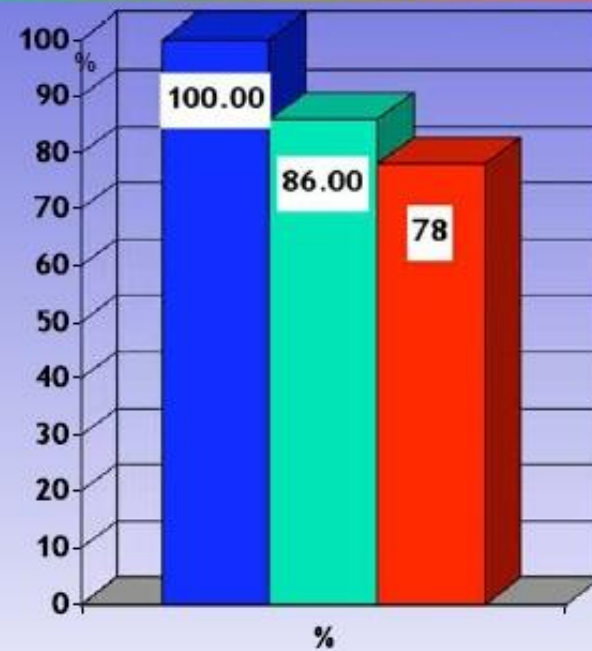
(N=65)

### Duplex Patency



■ 30 Day  
■ 6 Month  
■ 12 Month

### Freedom From TLR

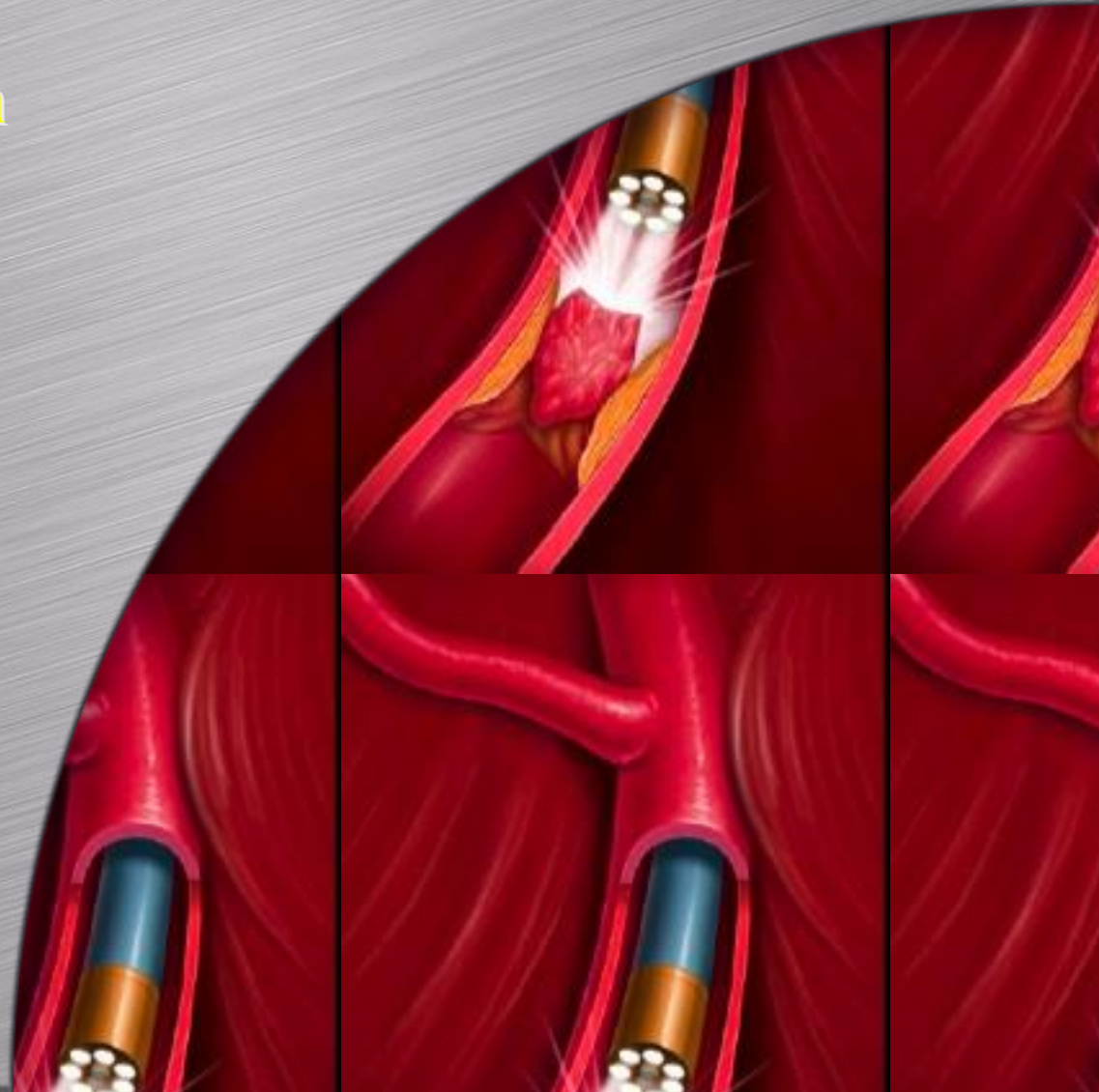


■ 30 Day  
■ 6 Month  
■ 12 Month

*Spectranetics*  
we get your blood flowing™

# *Efficacy of laser in PAD*

- **Thrombotic lesion**
- **Calcified lesion**
- **ISR**
- **Below the knee**



# Thrombotic occlusion due to AF



# Thrombotic occlusion due to AF

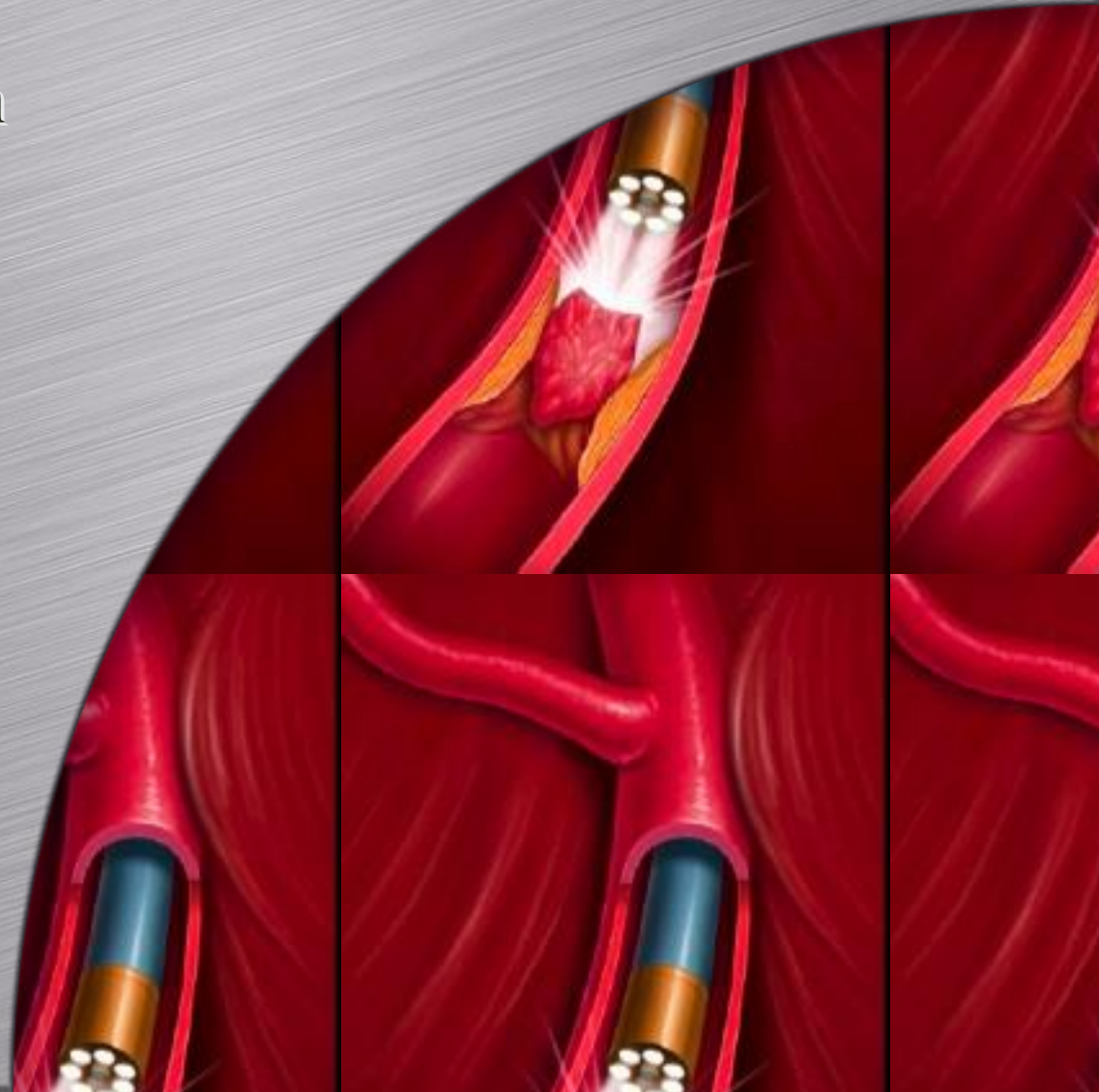


7F 1.7 Turbo booster

Post adjunctive ballooning

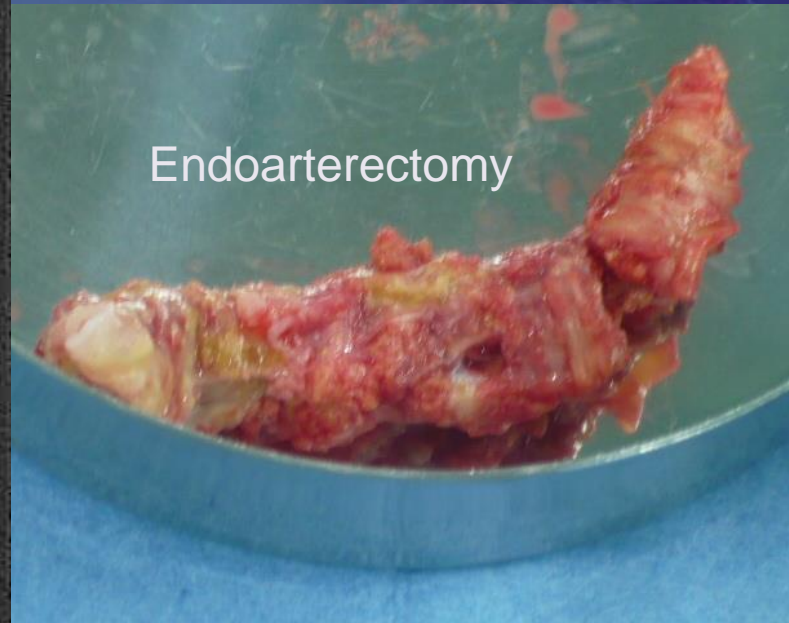
# *Efficacy of laser in PAD*

- **Thrombotic lesion**
- **Calcified lesion**
- **ISR**
- **Below the knee**





# Calcified CFA

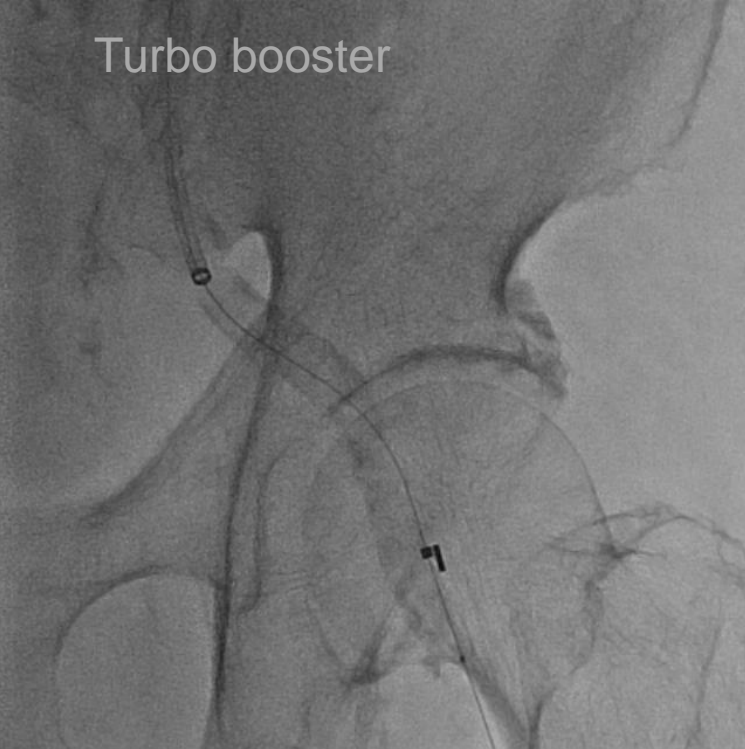


# Calcified CFA

1.7mm Laser



Turbo booster



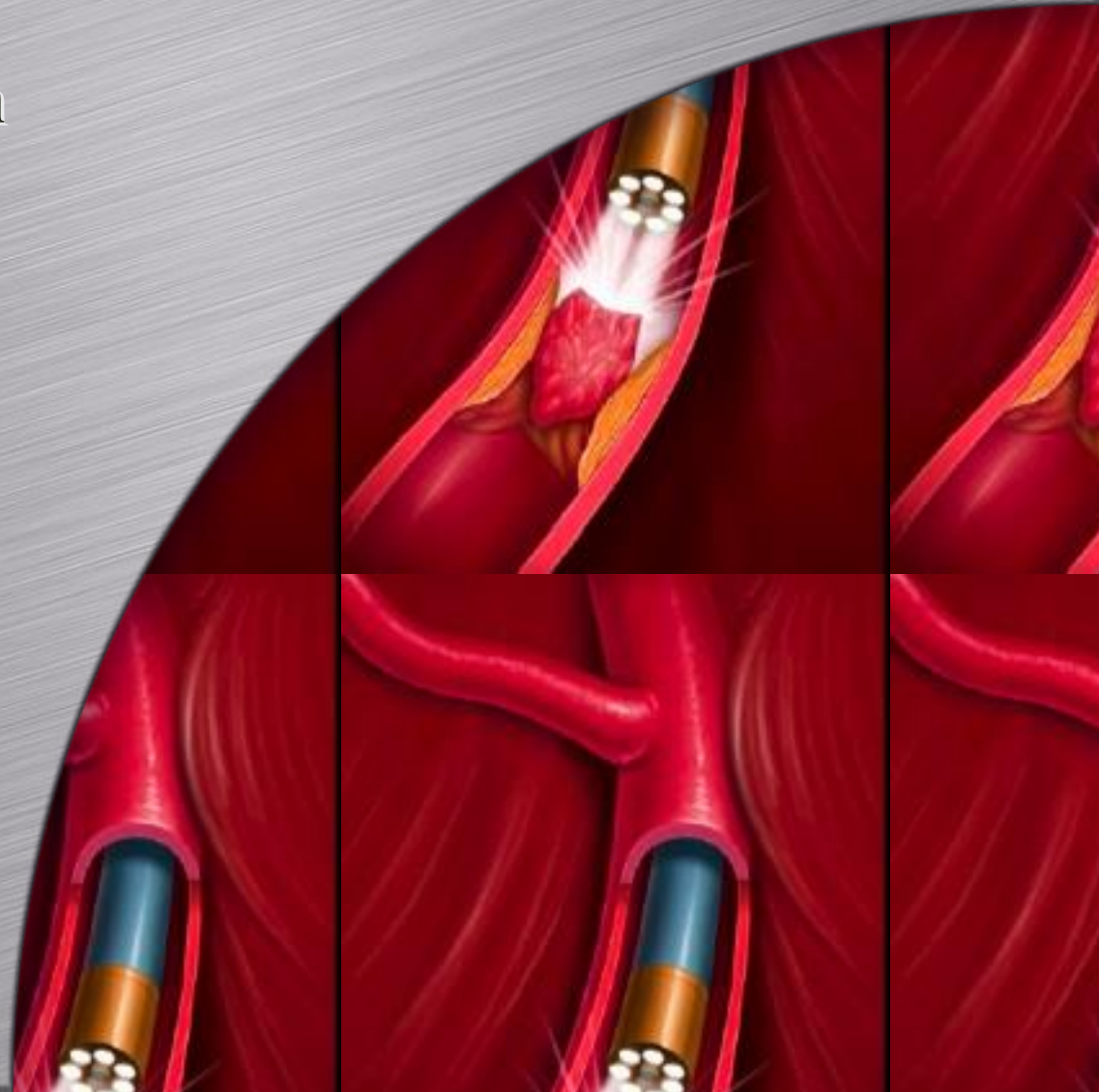
# Calcified CFA



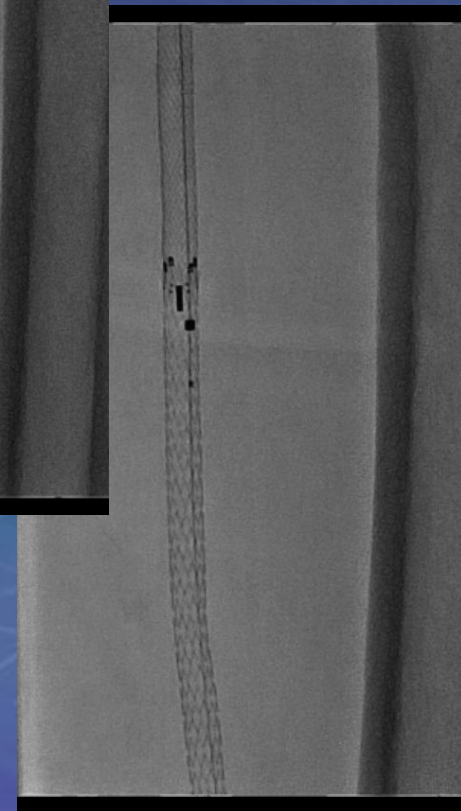
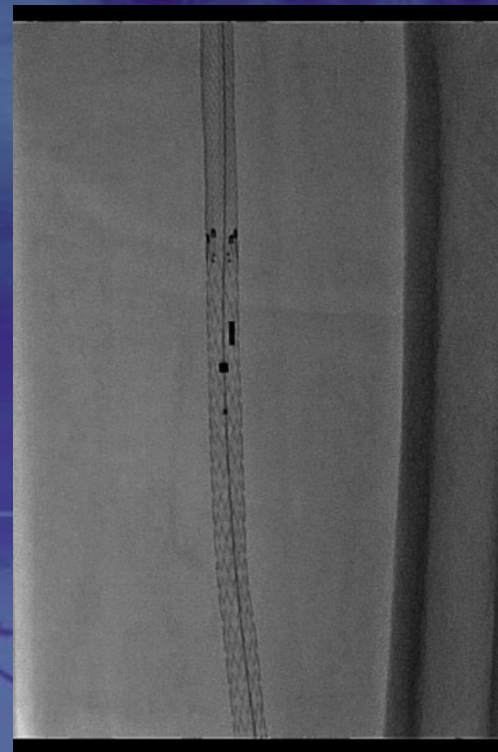
Adjunctive ballooning

# *Efficacy of laser in PAD*

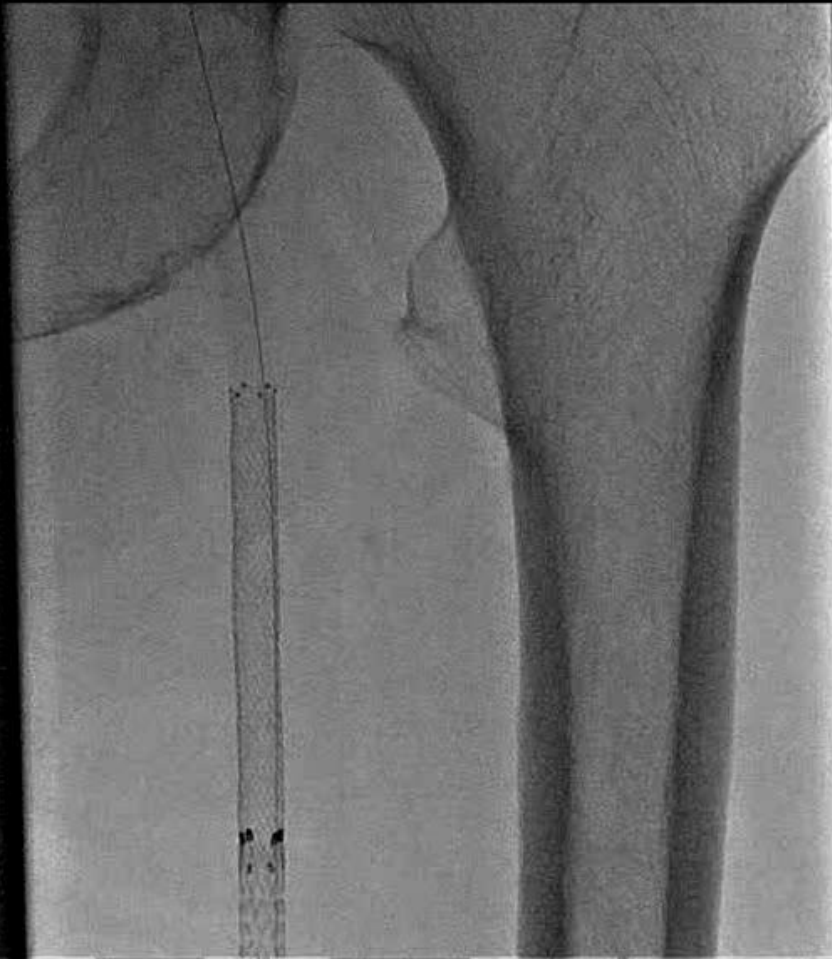
- **Thrombotic lesion**
- **Calcified lesion**
- **ISR**
- **Below the knee**



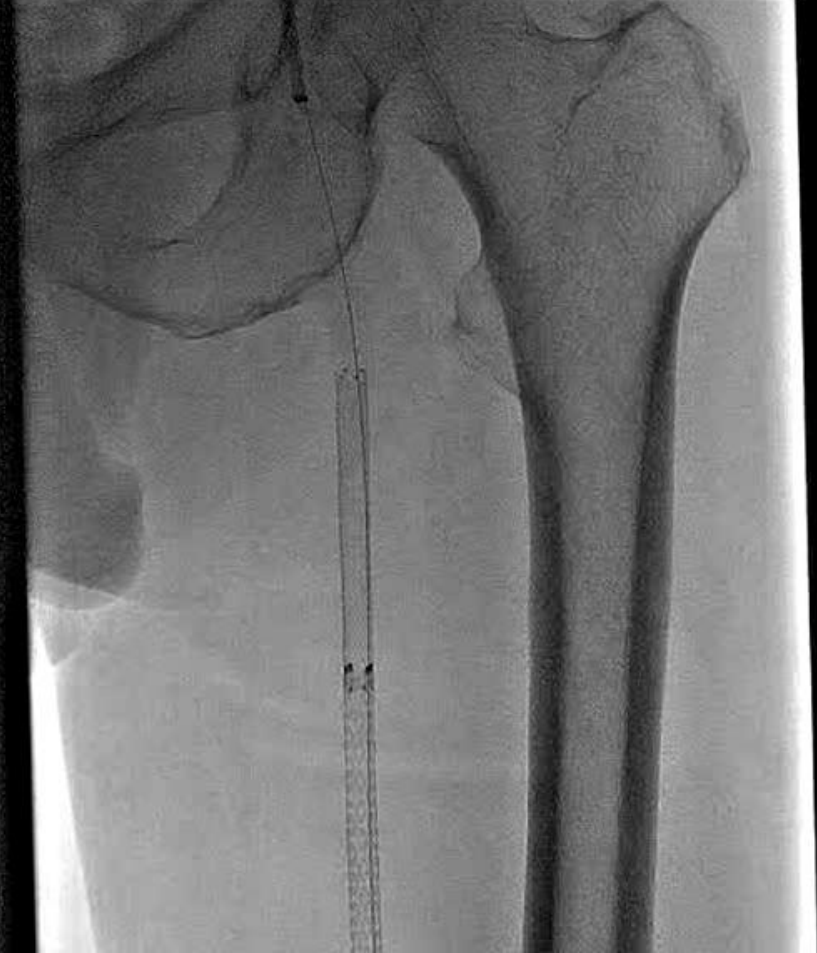
# Turbo Booster for long stent occlusion



# Turbo Booster for long stent occlusion



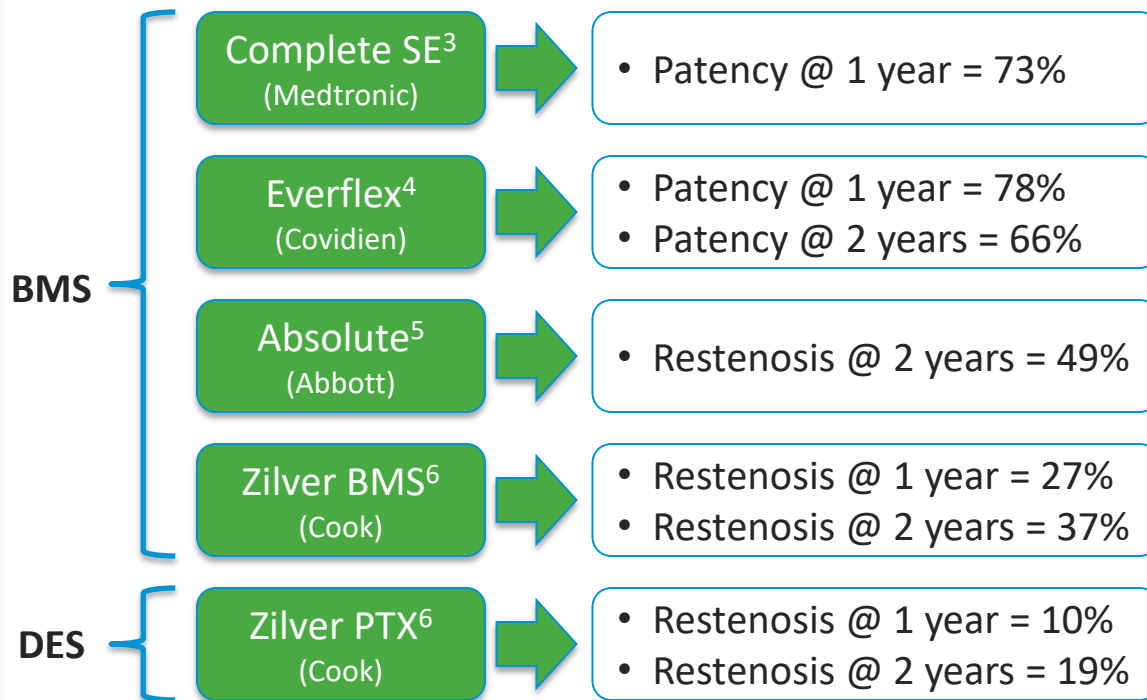
Post laser catheter



Post adjunctive ballooning

# SFA Trials Show Restenosis / Loss of Patency is an Issue for All Stents

## SFA Stent Trials



## Results May Be Understated





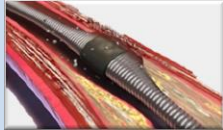
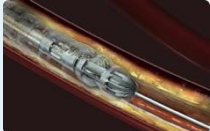
1. Are these “real-world” patient sets with inclusion of
  - Long lesions
  - Multiple stents
  - Repeat ISR
  - Severity of underlying disease
2. Has disease stabilized at 2 years or will restenosis continue?

# Development of Restenosis Has 3 Components<sup>7</sup>

Stage	Timing	Effect	
1. Vessel Recoil	Early (within 24 hours)	Immediate shrinkage of vessels due to arterial wall elasticity	} <b>Stents inhibit</b>
2. Negative Remodeling	Mid-stage (within days to weeks)	Injury response causing contraction of vessel wall	
3. Neointimal Hyperplasia	Late (within weeks to months to years)	Injury response causing new tissue growth within artery	} <b>Primary Component of ISR</b>



# Atherectomy Treatment Options<sup>19-21</sup>

	ISR Indication	Low Risk of Stent Interaction	Low Risk of Embolization
	✓	✓	✓
SilverHawk	 Contraindicated	X 	X Ablation vs. Displacement/Dislodgement
Diamondback	 Contraindicated	X 	X Ablation vs. Displacement/Dislodgement
Jetstream	Not indicated	X 	X Ablation vs. Displacement/Dislodgement

According to FDA Guidance, contraindicated device *should not* be used, as the risk of use clearly outweighs any benefit

# Advantage of Laser for ISR

- **Difficult to Cross** the entire segment with a wire
  - The wire frequently exists through the stent struts
- *Too much tissue* to be displaced by balloon dilatation
- Need to treat *w/o disturbing* the underlying stent
- Need to *avoid distal embolization*

# EXCITE Study Overview<sup>22</sup>



## Purpose

Evaluated the safety and effectiveness of Excimer Laser Atherectomy (ELA) with adjunctive PTA vs. PTA alone in the treatment of FemPop ISR

## Method

Prospective, randomized (2:1), multi-center study

Primary Safety = 37 day MAE  
Primary Efficacy = freedom from 6 month clinically driven TLR

Third-party assessment for all clinical events & angiographic/ultrasound readings

## Patients

Real-world population

Enrollment:  
169 ELA + PTA vs.  
81 PTA alone

# Designed for Real-World ISR

## *CHALLENGING CONDITIONS*

- Long stents
- Multiple stents
- Common stent fractures (Grades 1-3)

- Key Inclusion Criteria
  - ISR lesion  $\geq 4$  cm
  - Rutherford classification 1-4
  - RVD  $\geq 5.0$  mm and  $\leq 7.0$  mm
  - $\geq 1$  patent tibial artery
- Key Exclusion Criteria
  - Target lesion extends  $> 3$  cm beyond stent margin
  - Untreated inflow lesion
  - Grade 4 or 5 stent fracture
- Follow-up
  - Discharge, 30 days, 6 months and 1 year post-procedure

# Designed for Real-World ISR

## *SICK PATIENTS*

- Elderly patients
- High rates of diabetes, hypertension, & CAD
- 1/3 had recurrent ISR

### *Patient Demographics*

	ELA + PTA (N=169)	PTA Alone (N=81)	P-value
Age (mean)	68.5	67.8	0.60
Male	62.7%	61.7%	0.89
Hypertension	95.8%	93.8%	0.53
Hyperlipidemia	96.4%	95.0%	0.73
Diabetes Mellitus	47.0%	47.5%	1.00
CAD	64.3%	68.8%	0.57
Previous ISR	32.57%	30.0%	0.77
Smoking	85.0%	91.3%	0.23
CLI	16.0%	12.3%	0.57
Claudicants	84.0%	87.7%	

# Designed for Real-World ISR

## CHALLENGING LESIONS

- Among longest lesions studied in any SFA trial
  - 20% of lesions > 30 cm
  - 1/3 total occlusions
  - Laser treated significantly more calcified lesions/arteries
- ✧ Difference due to statistical chance, not design

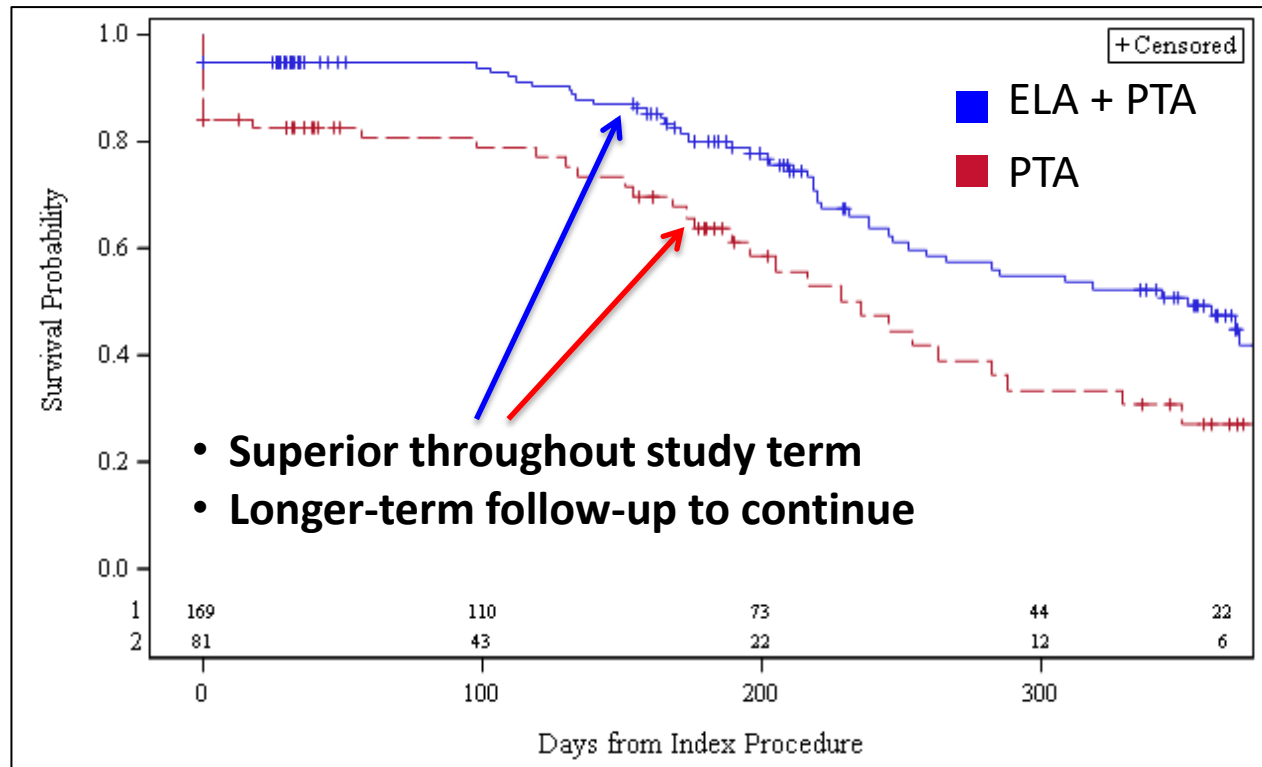
Third-Party Angiographic Core Lab Assessment  
Baseline Lesion Characteristics

	ELA + PTA (N=169)	PTA Alone (N=81)	P-value
Mean Lesion Length (cm)	19.6	19.3	0.85
Diameter Stenosis (%)	81.7%	83.5%	0.42
Popliteal Lesion	21.3%	23.4%	0.923
Total Occlusion	30.5%	36.8%	0.37
Calcium (Mod/Sev)*	27.1%	9.1%	0.002
Stent Fracture			0.08
None	85.8%	95.8%	
Type 1 or 2	11.4%	4.2%	
Type 3, 4 or 5	2.8%	0.0%	

\* Calcium Grade: **0** - No calcification; **1** - Superficially localized non-confluent wall calcifications, < 5 mm on fluoroscopy; **2** - Confluent calcifications > 5 mm, including multiple deposits, not involving the whole vessel diameter in angiographic working projection; **3** - Confluent calcifications filling up the whole vessel diameter.

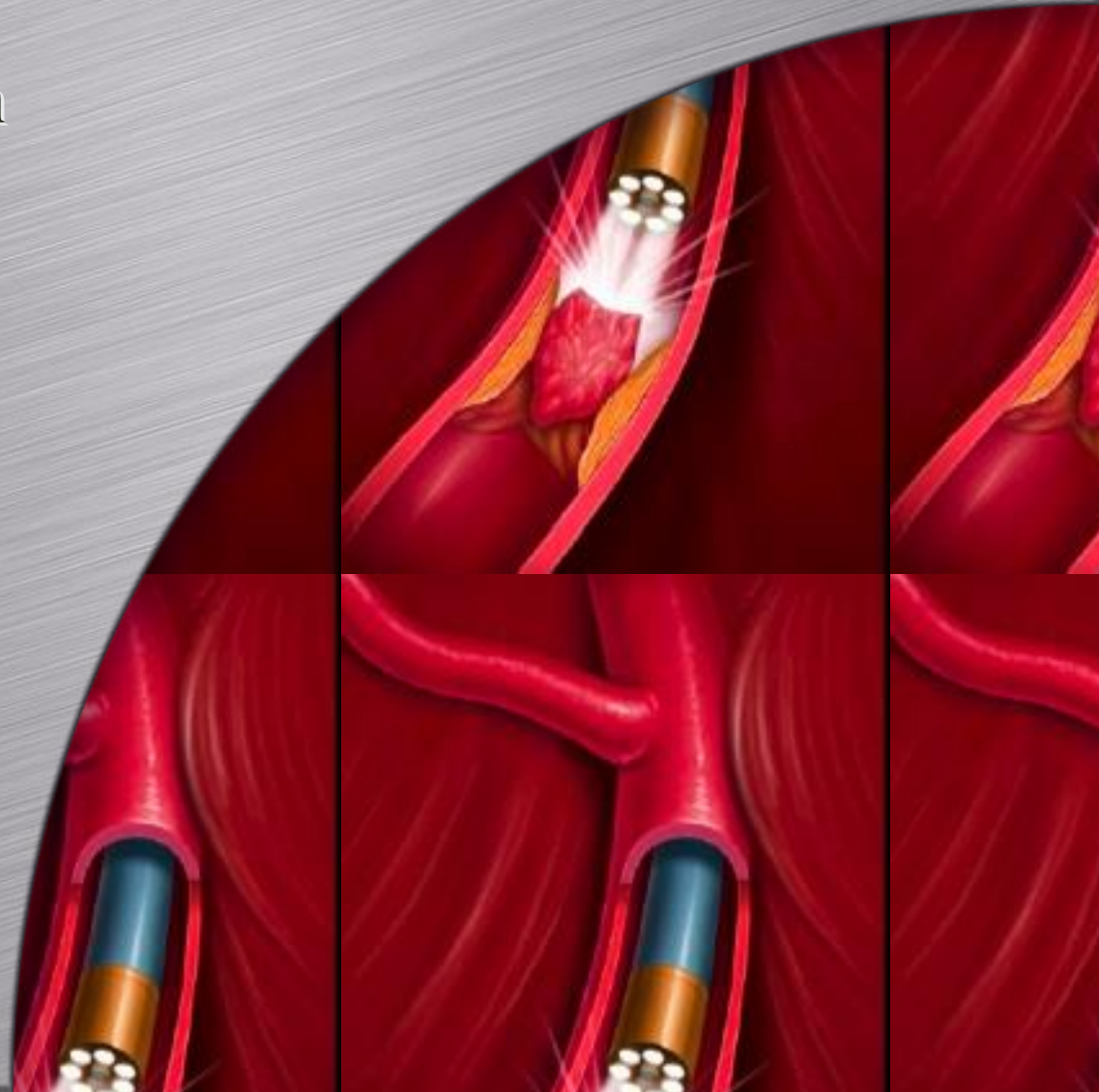
# Superiority in Freedom from TLR Consistent Throughout Follow-up Period

## Freedom From Target Lesion Revascularization



# *Efficacy of laser in PAD*

- **Thrombotic lesion**
- **Calcified lesion**
- **ISR**
- **Below the knee**

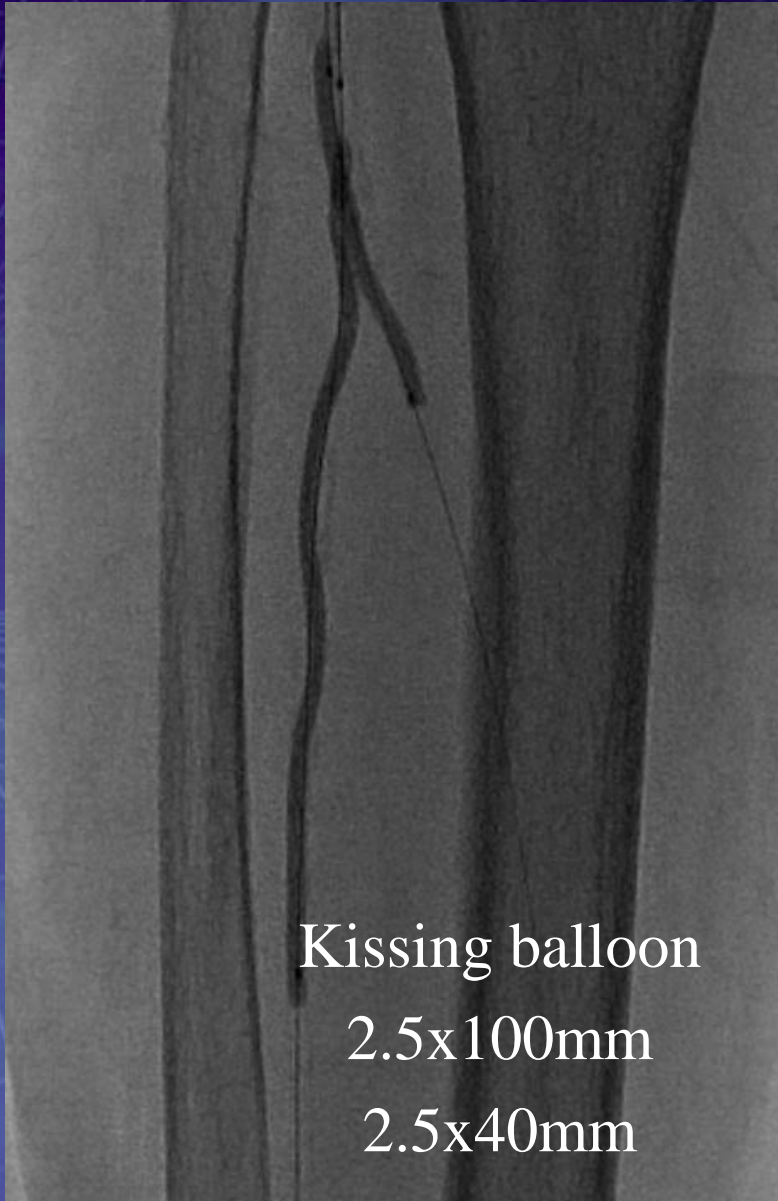




# BK lesion



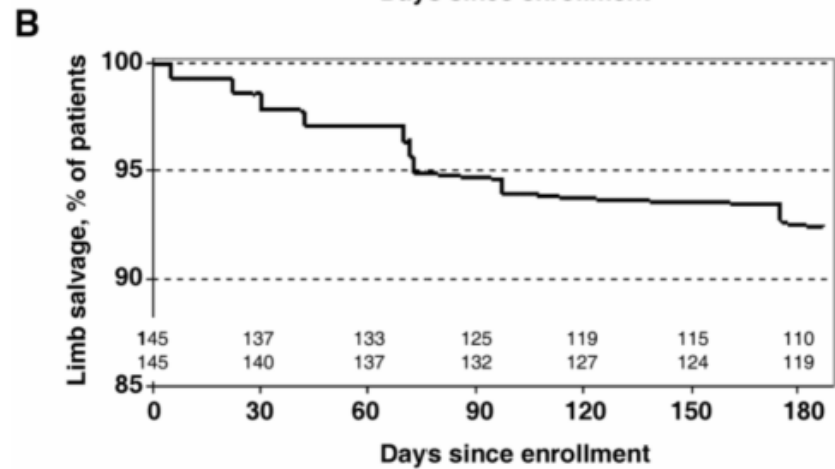
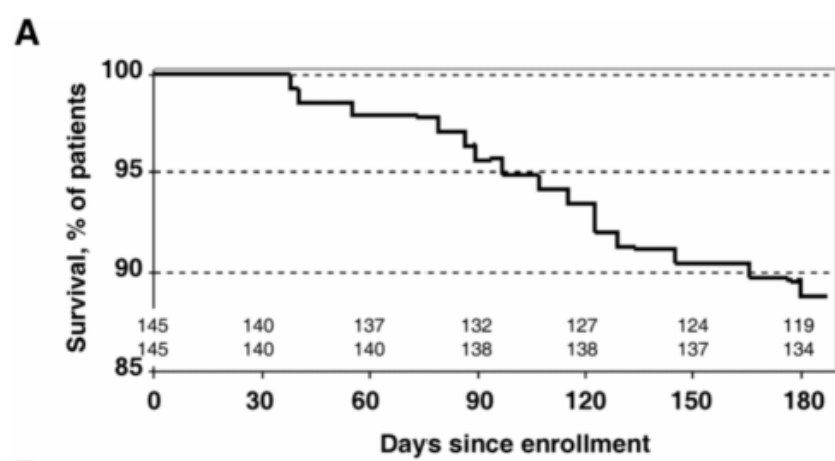
# BK lesion



# Limb Salvage Following Laser-Assisted Angioplasty for Critical Limb Ischemia: Results of the LACI Multicenter Trial

John R. Laird, MD<sup>1</sup>; Thomas Zeller, MD<sup>2</sup>; Bruce H. Gray, DO<sup>3</sup>; Dierk Scheinert, MD<sup>4</sup>; Mitar Vranic, DO<sup>5</sup>; Christopher Reiser, PhD<sup>6</sup>; and Giancarlo Biamino, MD<sup>4</sup> for the LACI Investigators

J ENDOVASC THER  
2006;13:1-11



Limb salvage 93%

# 0.9 TURBO ELITE

## TURBO ELITE

### OPTIMIZED ABLATION EFFICIENCY AND ENERGY OUTPUT

More active area, more energy, and increase in penetration rate compared to previous laser ablation technology.

### IMPROVED INNER LUMEN

Enhanced guidewire movement with new PTFE inner lumen.

### IMPROVED OUTER JACKET

More robust outer jacket facilitates advancement.

\* Software upgraded

### 80Hz CAPABILITY AND CONTINUOUS "ON" FUNCTIONALITY

More efficient ablation in tougher lesions that contain fibrotic or calcified material. No forced stops equal faster procedure time.

### IMPROVED OUTER JACKET

More robust outer jacket facilitates advancement.

### IMPROVED INNER LUMEN

Enhanced guidewire movement with new PTFE inner lumen.

### HYDROPHILIC COATING

Improved trackability.

### OPTIMIZED ABLATION EFFICIENCY AND ENERGY OUTPUT

More active area, more energy, and increase in penetration rate compared to previous laser ablation technology.

Total occlusion 5FA with diffuse disease and calcification



Post 2.3 TURBO elite laser ablation



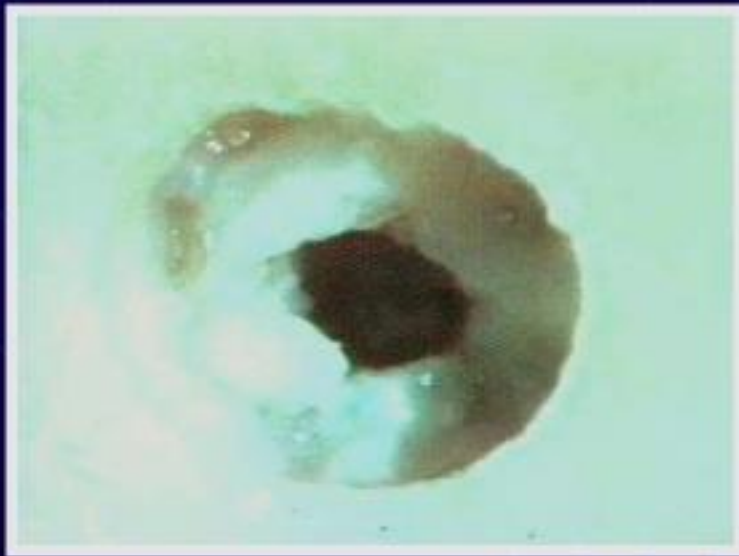
Final result, post balloon angioplasty



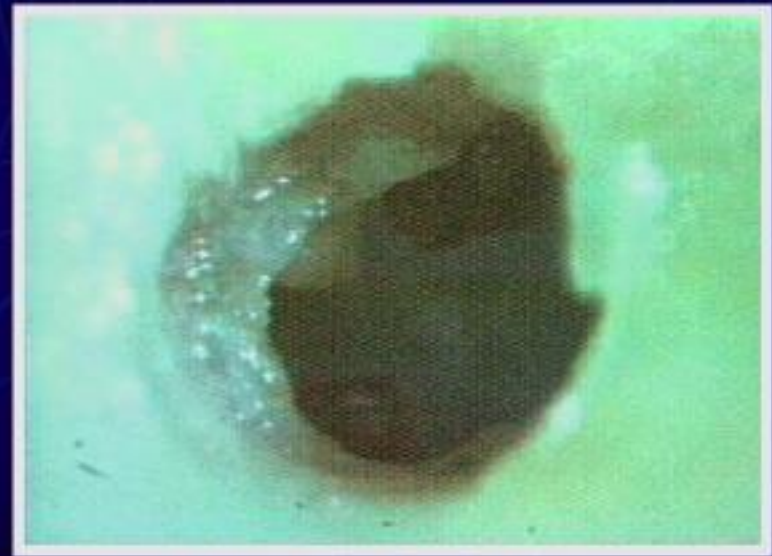
Case photos courtesy of Dr. Prakash Mahesh SBI, FACC, Community Hospital, Madison, WI  
Reviewed by: Michael Rymaszewski, Interventional Radiologist

# Penetration of calcium

**Human cadaver calcified plaque, 1 mm thick**



**1.4 mm catheter,  
60/40, 65 seconds**



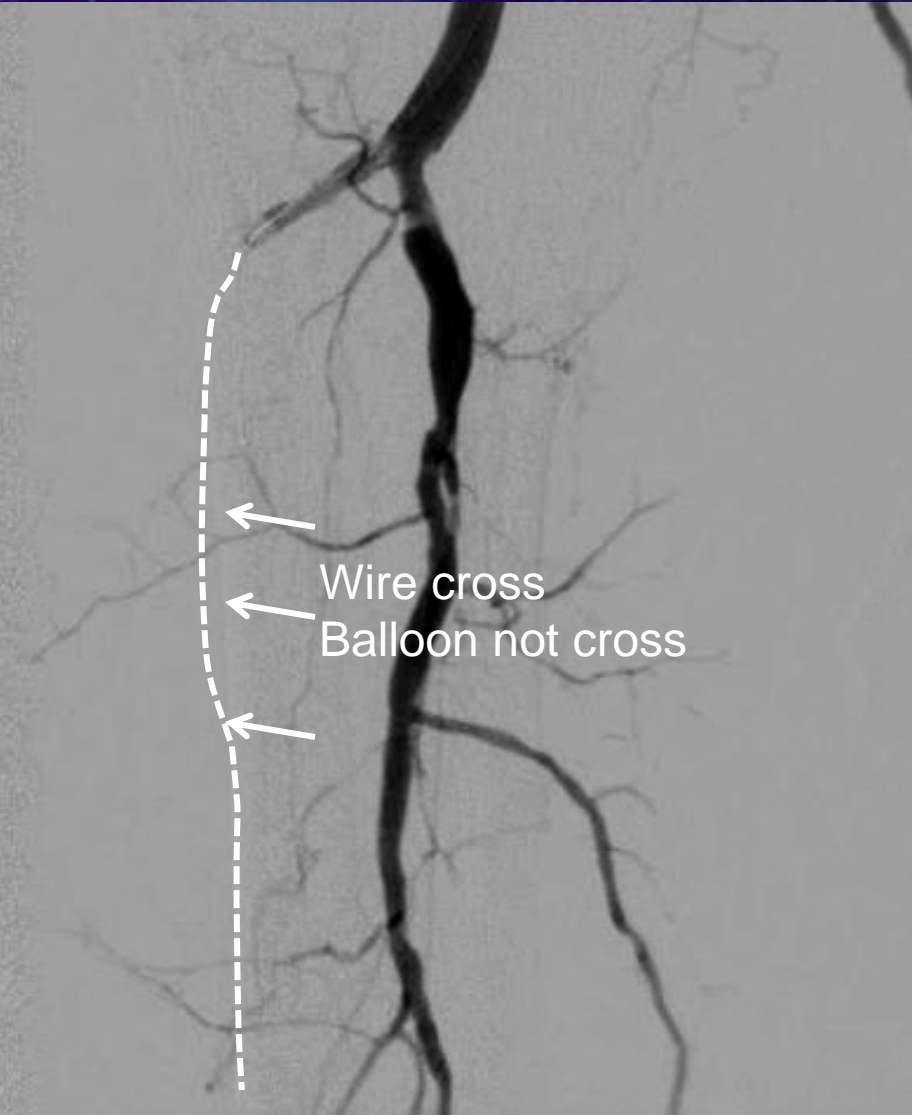
**0.9 mm catheter,  
80/80, 33 seconds**

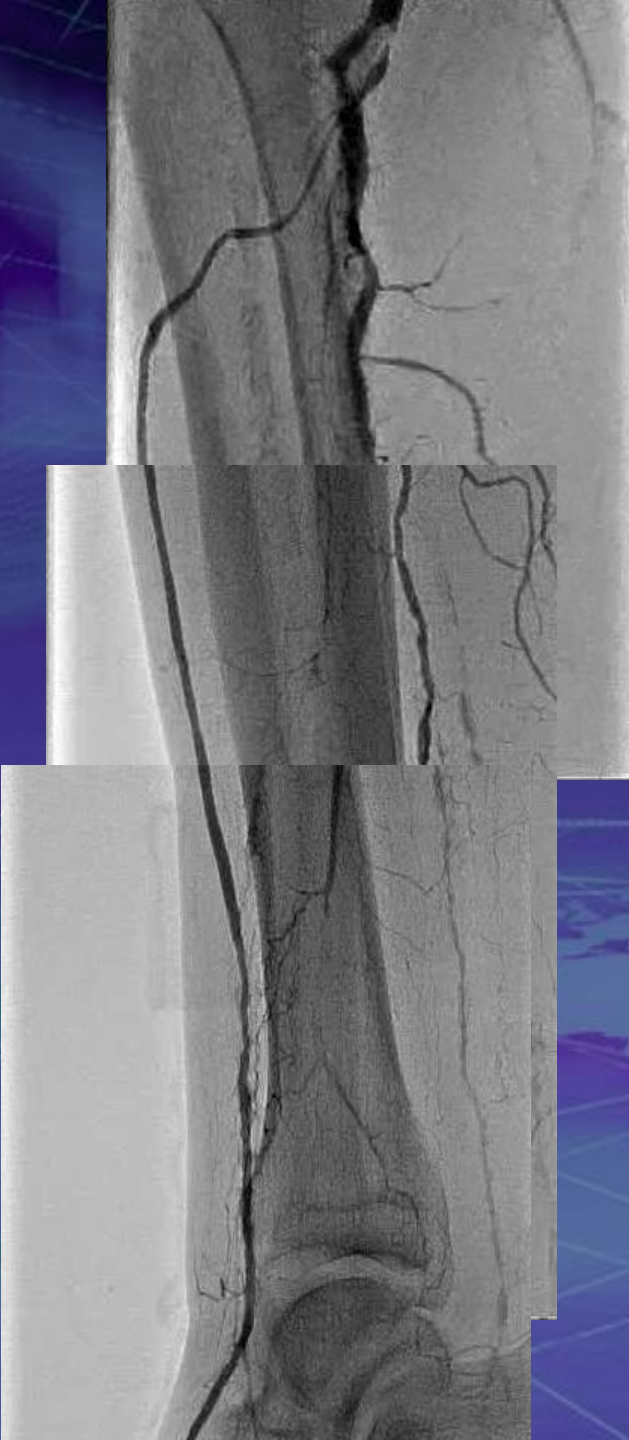
## 0.9 (80/80) Laser is not almighty

Severe calcified lesion-Balloon uncrossable lesion



0.9 Laser unable to cross



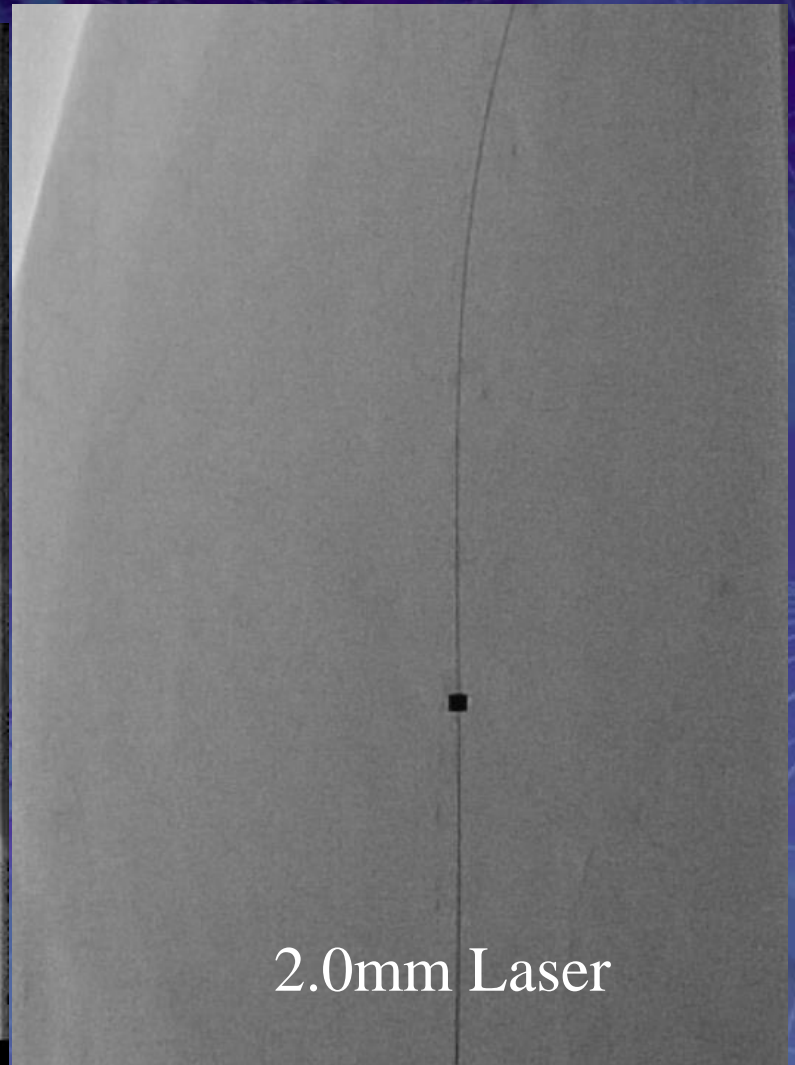


Distal bypass

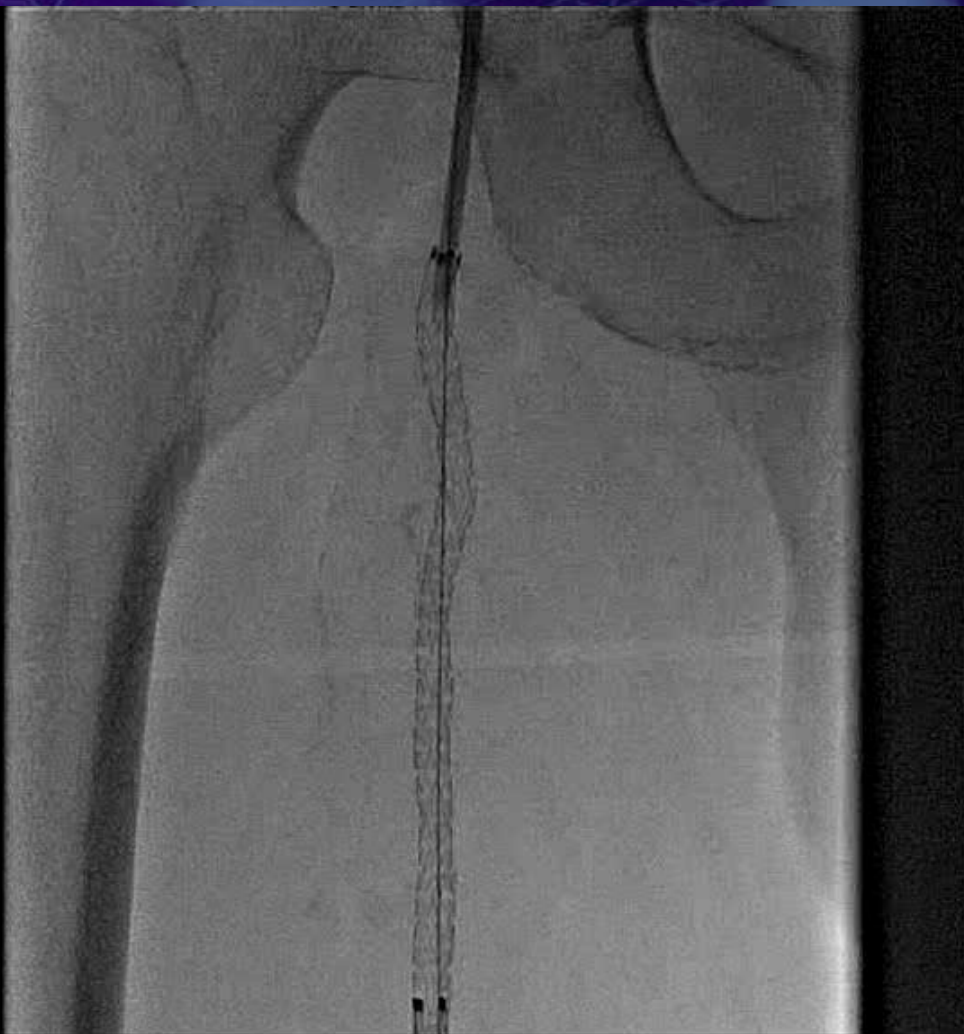


# Perforation due to deep ablation

# Laser perforation

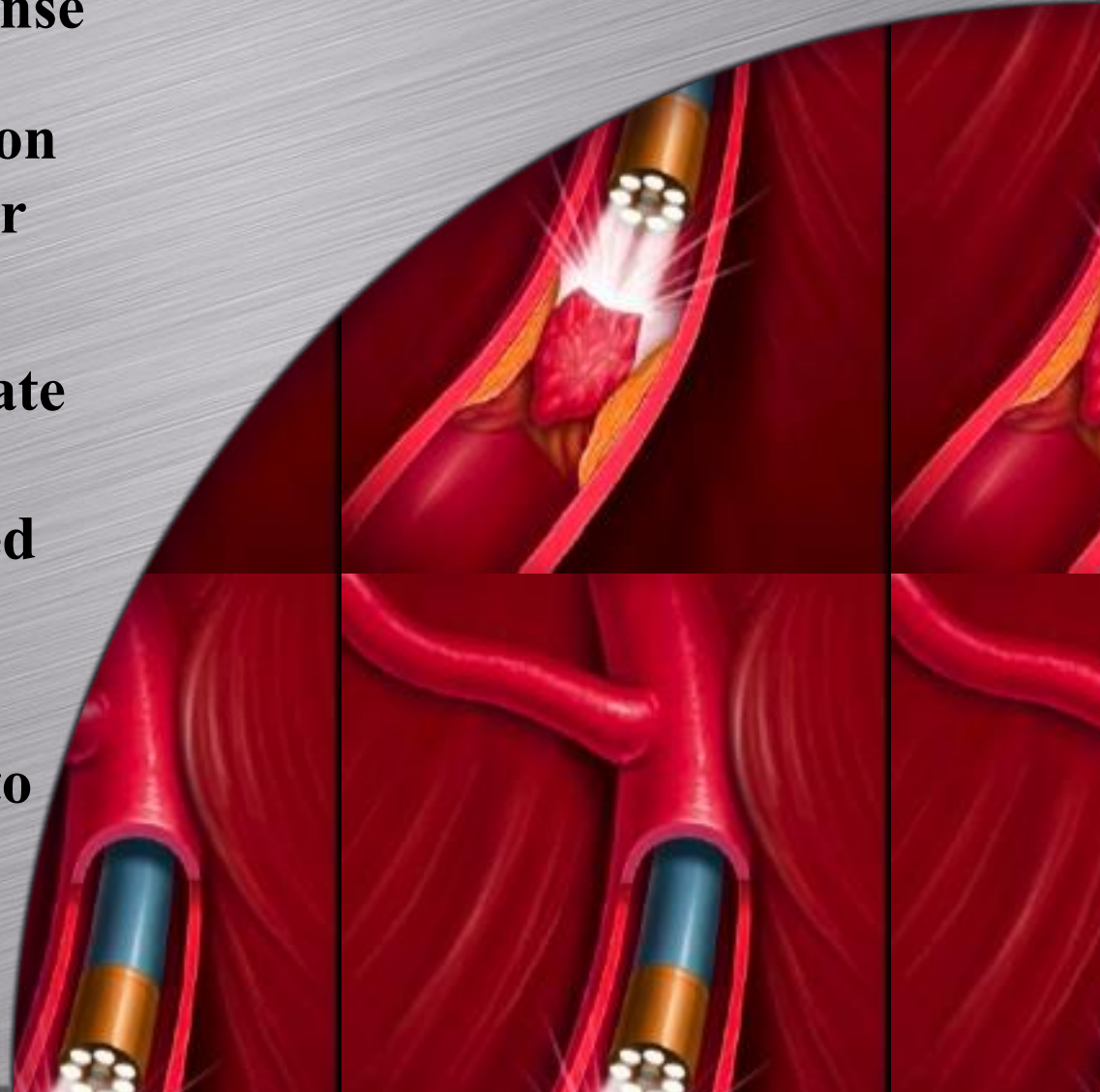


# Laser perforation



# *Conclusions*

- **Laser is the assisted device to facilitate balloon response**
- **ISR is the ideal indication of laser compared to other debulking devices**
- **Laser can ablate moderate calcification but dose not work in the severe calcified lesion**
- **Careful selection of laser size and power are needed to prevent perforation**



**Thank you!**