

Pharmacodynamic Effect of Lower Maintenance Dose of Prasugrel in Patients with Dual Antiplatelet Treatment

Jae Hyuk Choi¹, Moo Hyun Kim^{1,2}, Dong Hyun Lee¹, Long Zhe Guo², Tae-Ho Park¹, Jong Sung Park¹, Kyungil Park¹, Jeong-Min Seo¹, So Jeong Yi²

¹Department of Cardiology, Dong-A University Hospital, Busan, South Korea

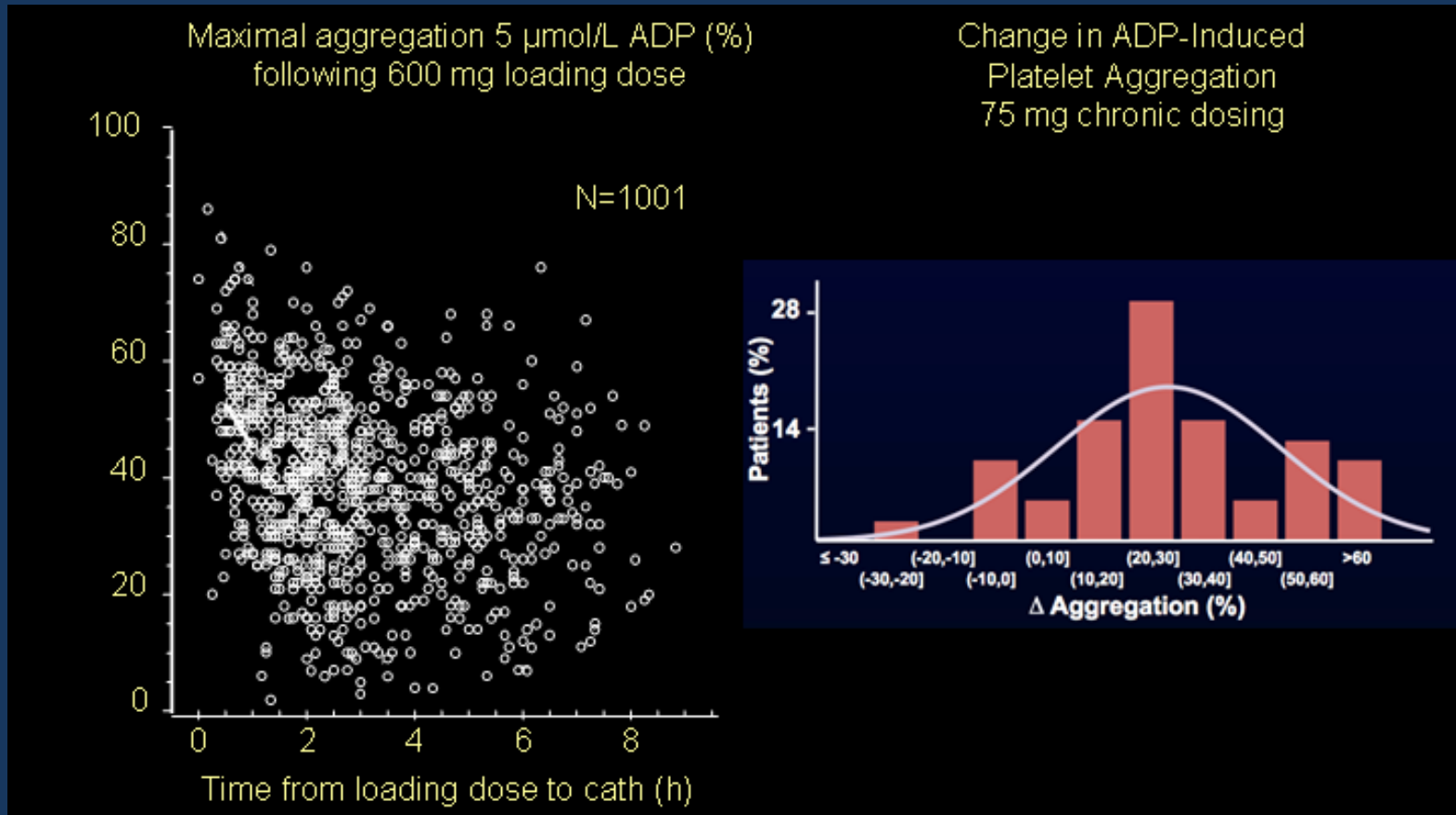
²Clinical Trial Center, Dong-A University Hospital, Busan, South Korea



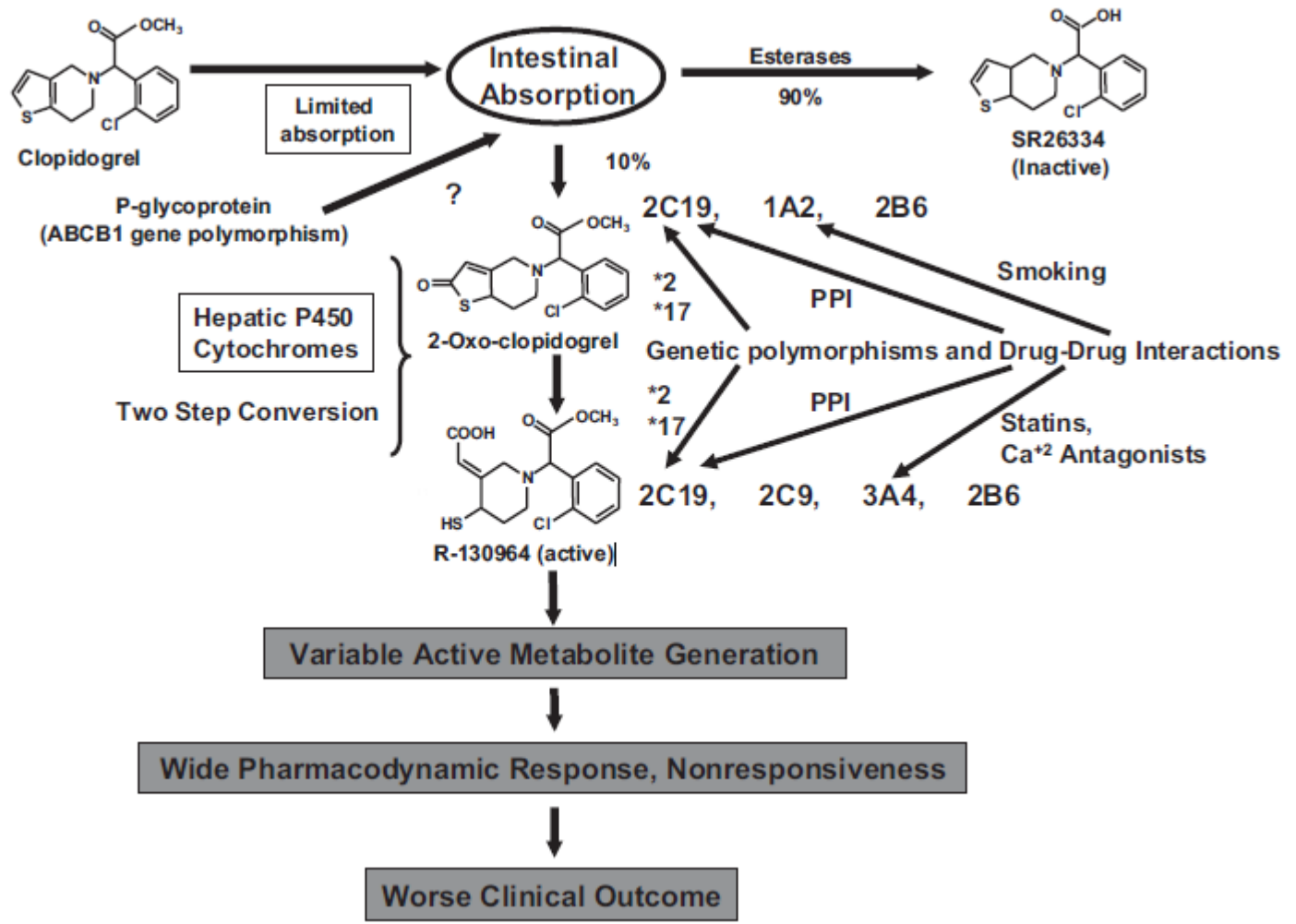
BACKGROUND



Clopidogrel Response Variability

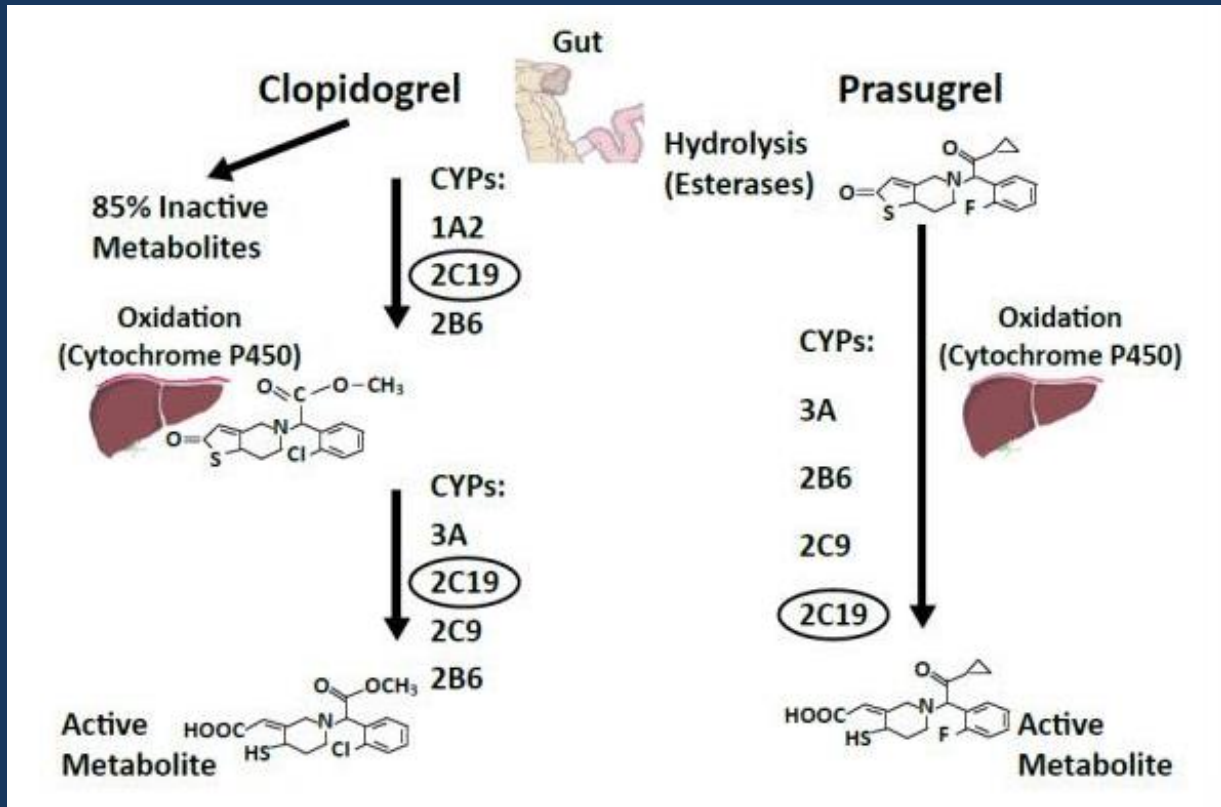


Clopidogrel Response Variability



Prasugrel

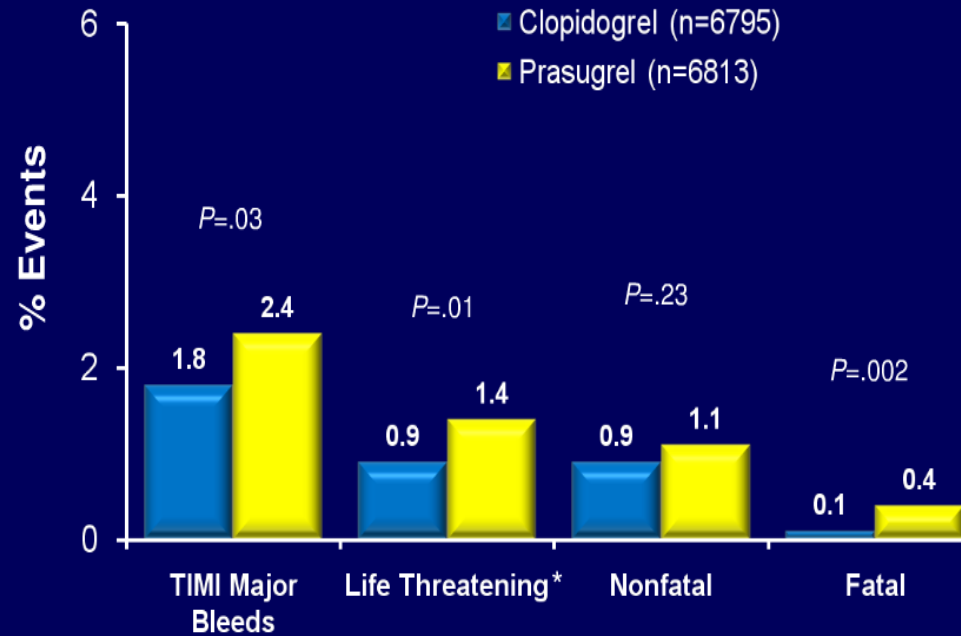
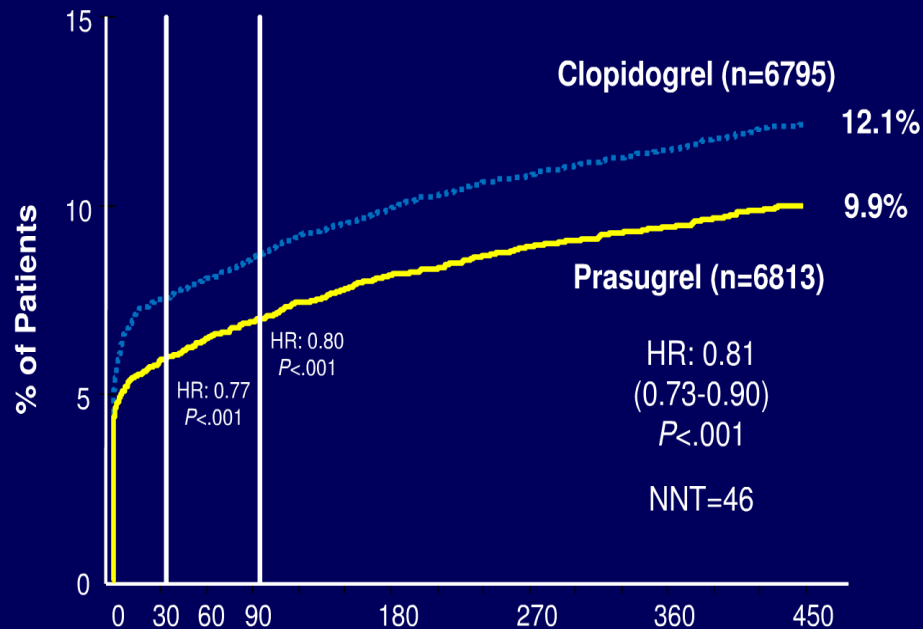
Prasugrel is new, more rapid
Potent anti -P2Y12 receptor antagonist



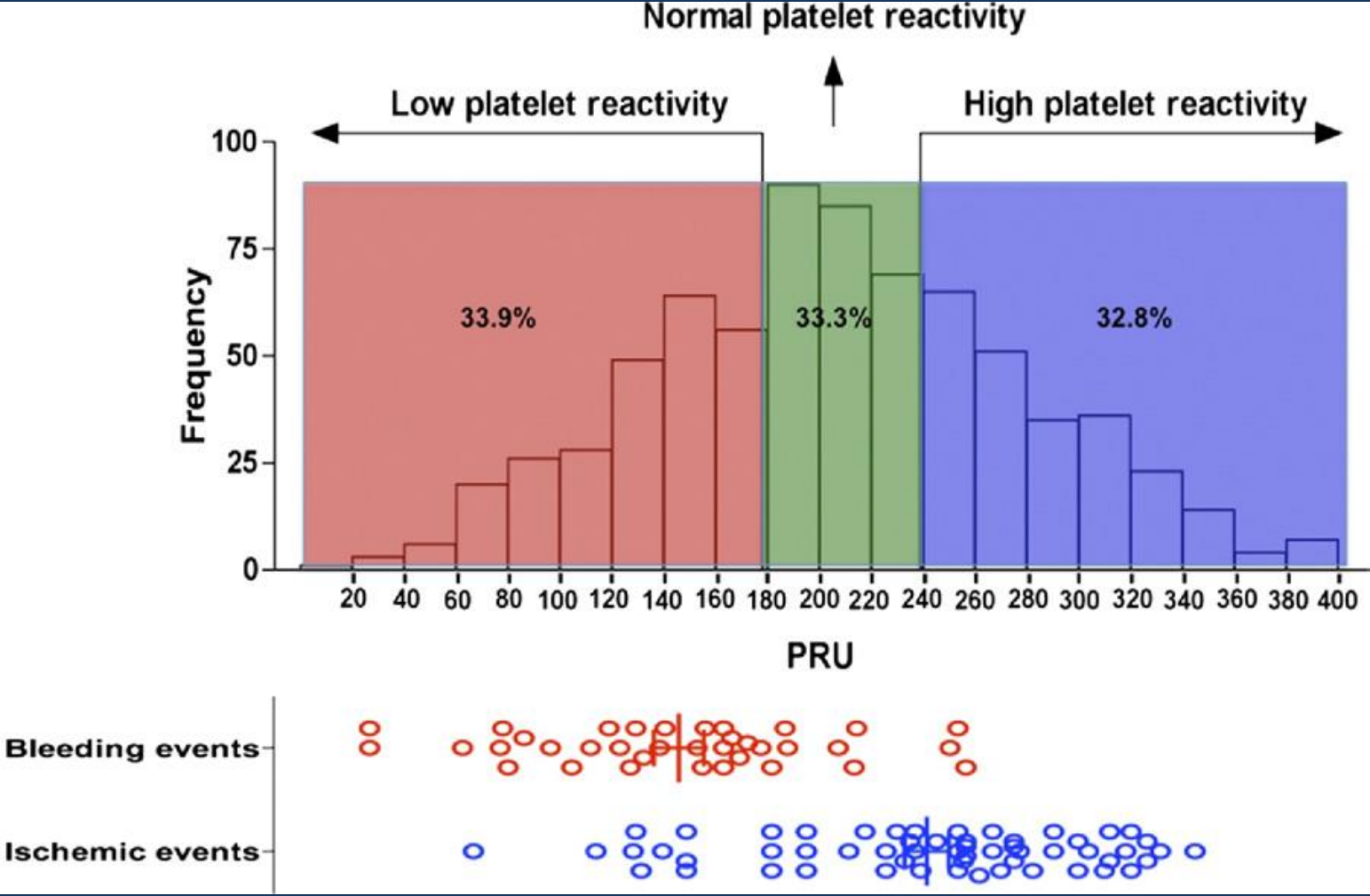


TRITON –TIMI 38 Trial - Bleeding ↑

CV Death/MI/Stroke at 15 months

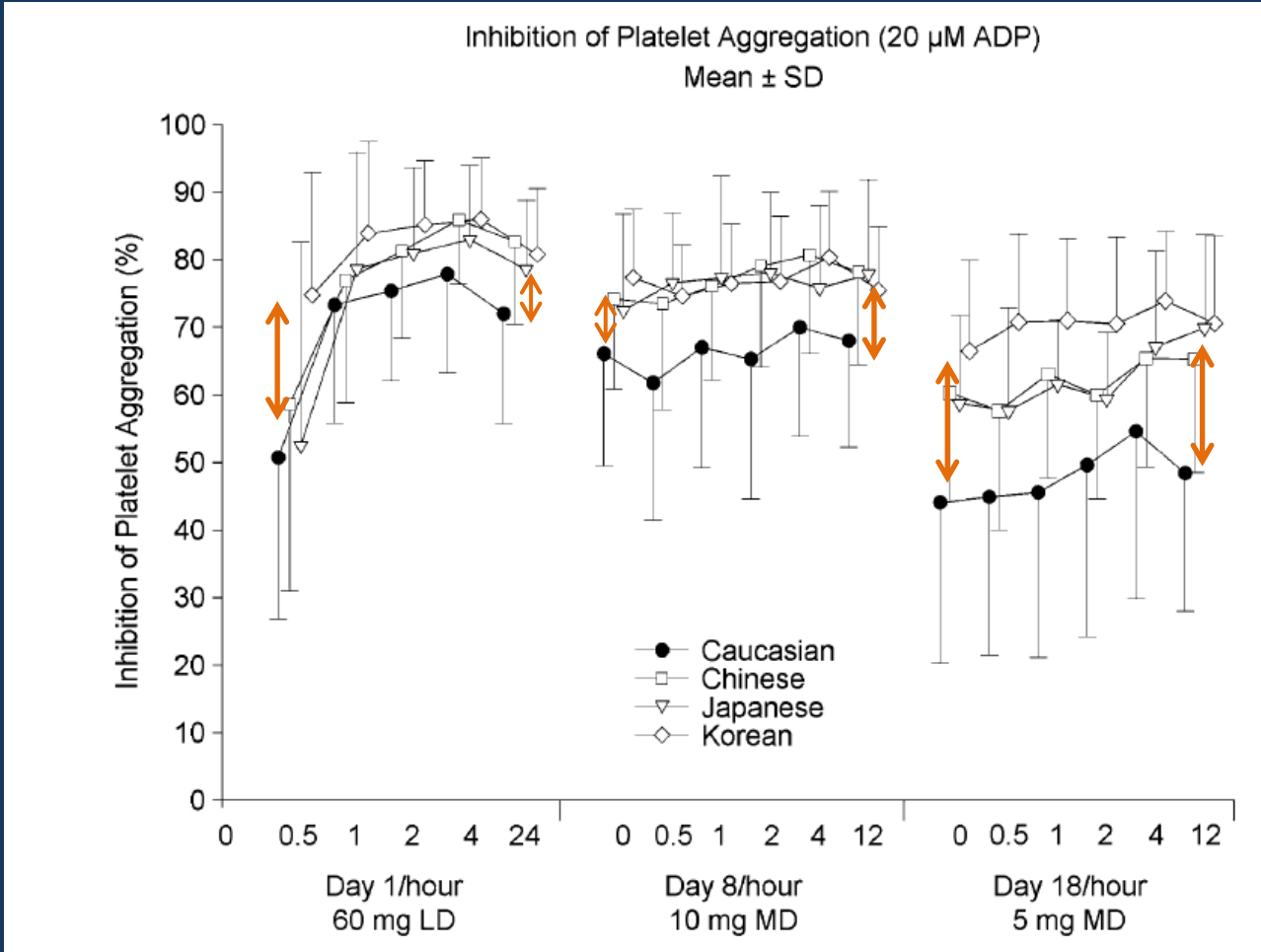


Significance of HPR and LPR

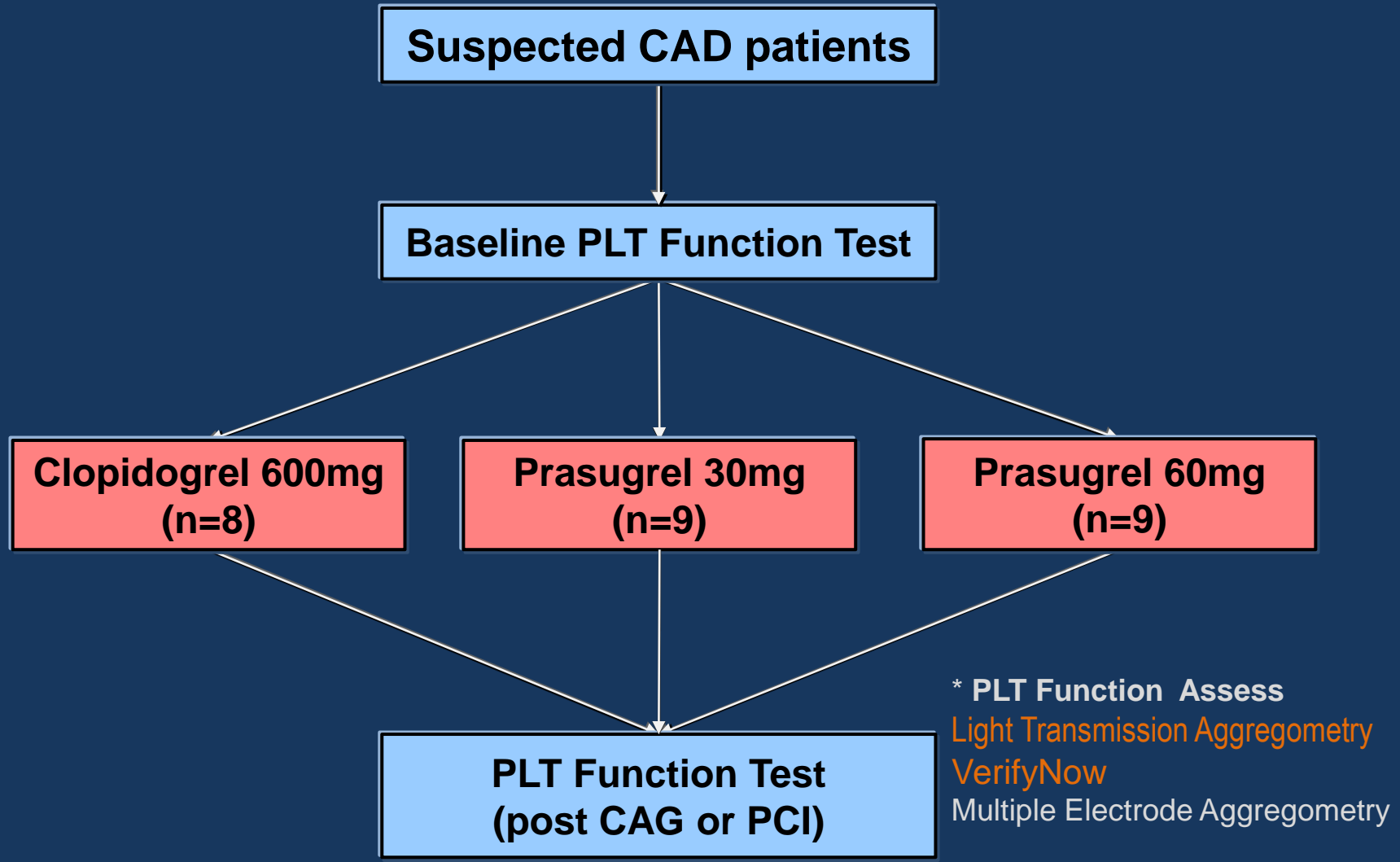




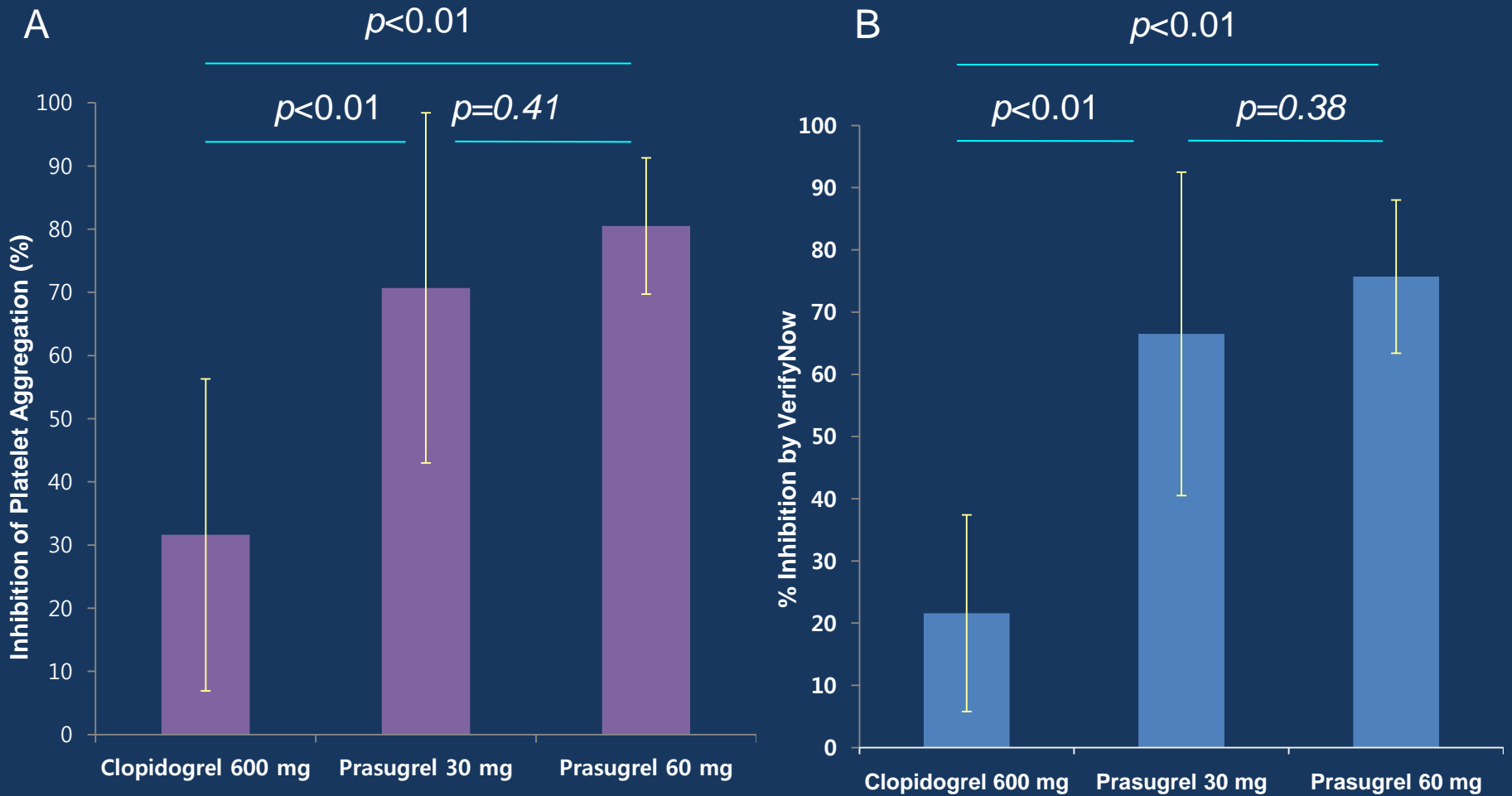
Ethnic Differences in Prasugrel Response



Effect of Lower LD of Prasugrel



Effect of Lower LD of Prasugrel





Aim of Study

Evaluate the pharmacodynamic effect of lower maintenance dose (MD) of prasugrel

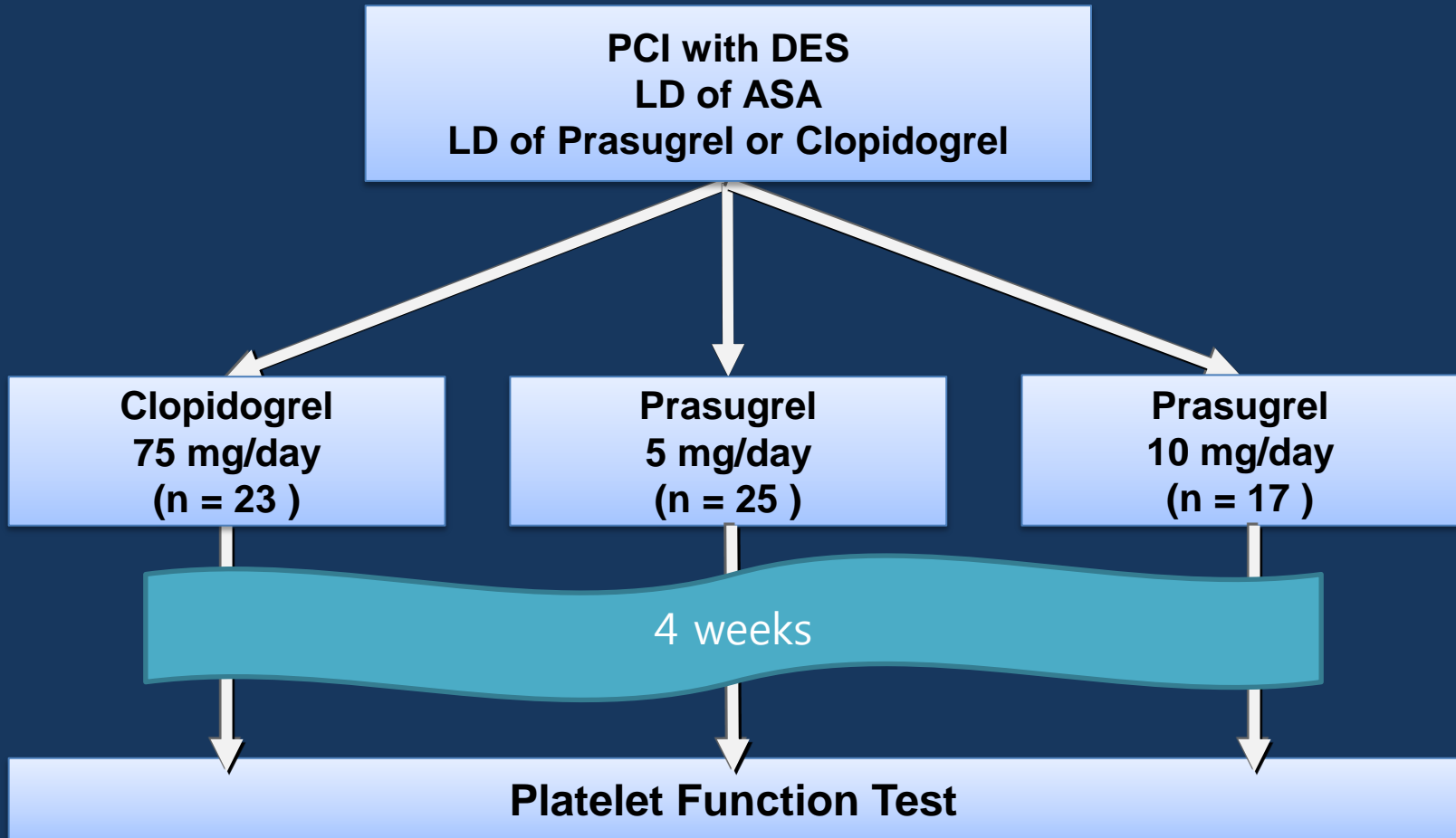


METHODS





Prospective, Open label Study





Platelet Function Assessment

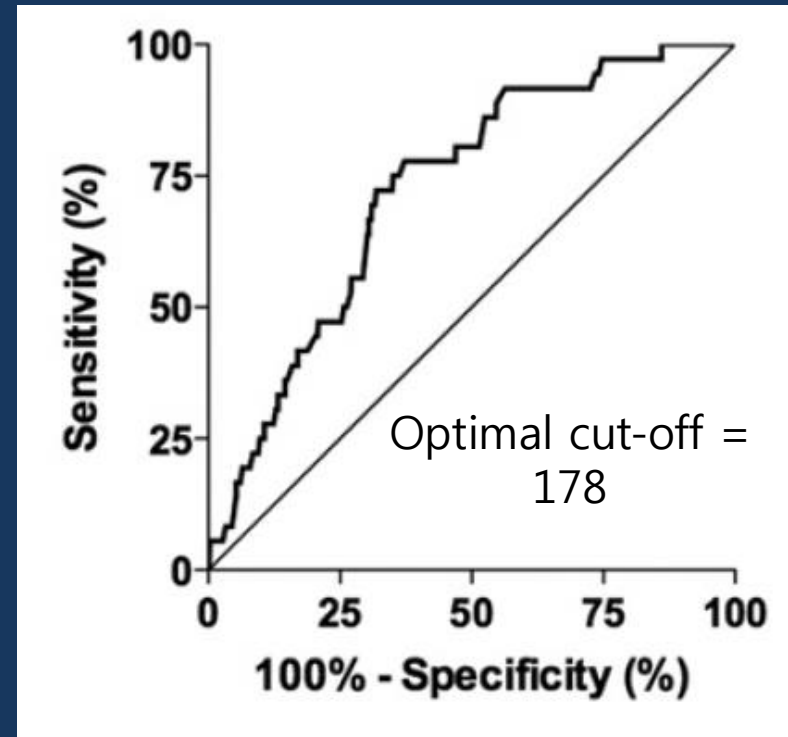
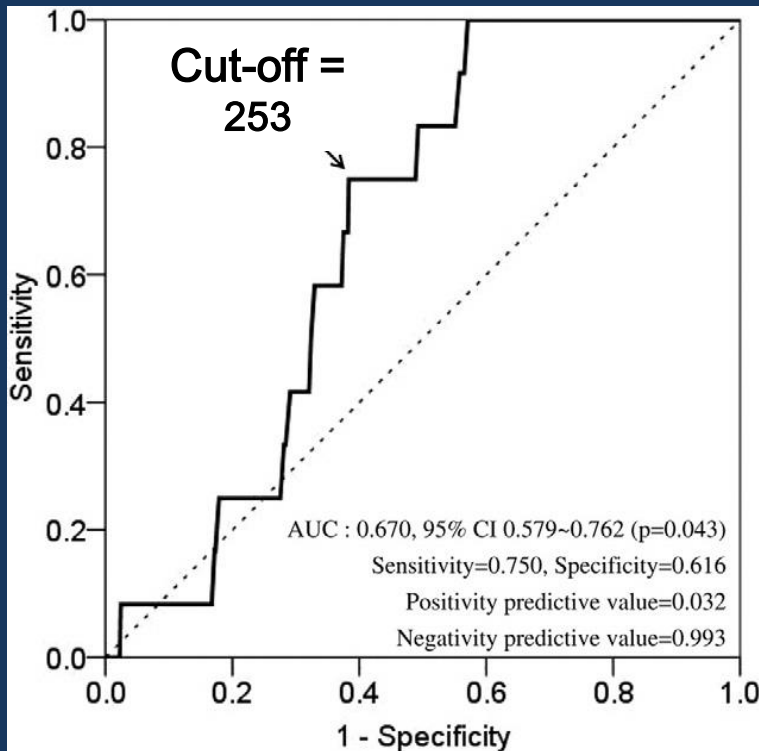
- At 4 weeks (Aspirin + Clopidogrel or Prasugrel)
- VerifyNow (P2Y12 reaction unit, PRU)



Study End Point

High platelet reactivity (HPR) - PRU ≥ 253 or PRU ≥ 242

Lower platelet reactivity (LPR) - PRU ≤ 178 or PRU ≤ 100



RESULTS



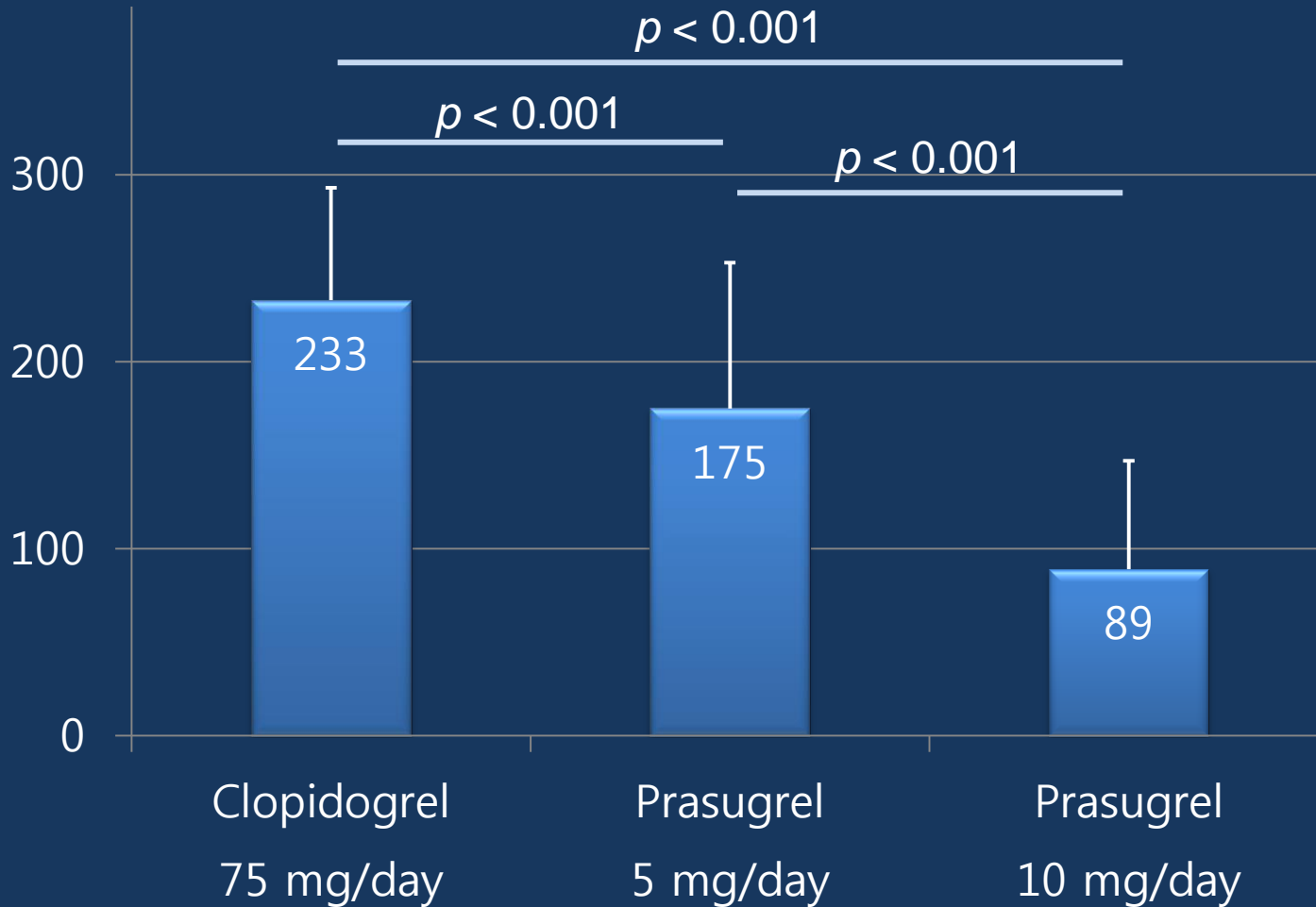
Baseline Characteristics

	Overall (n=65)	Clopidogrel 75 mg/day (n = 23)	Prasugrel 5 mg/day (n = 25)	Prasugrel 10 mg/day (n = 17)	<i>P</i>
Male	47 (72%)	17 (74%)	18 (72%)	12 (71%)	0.972
Age (years)	63 ± 11	64 ± 7	65 ± 12	60 ± 12	0.353
DM	20 (31%)	8 (35%)	6 (24%)	6 (35%)	0.660
HTN	24 (37%)	8 (35%)	11 (44%)	5 (29%)	0.650
Smoker	18 (28%)	7 (30%)	6 (24%)	5 (29%)	0.883
LDL (mg/dL)	104 ± 39	99 ± 36	96 ± 33	125 ± 45	0.059
CCB	18 (28%)	7 (30%)	9 (36%)	2 (12%)	0.206
BB	48 (74%)	18 (78%)	18 (72%)	12 (71%)	0.824
Nitrates	25 (39%)	11 (48%)	10 (40%)	4 (24%)	0.310
CYP2C19 LOF	39 (60%)	16 (73%)	15 (65%)	8 (80%)	0.794





PRU of Study Groups

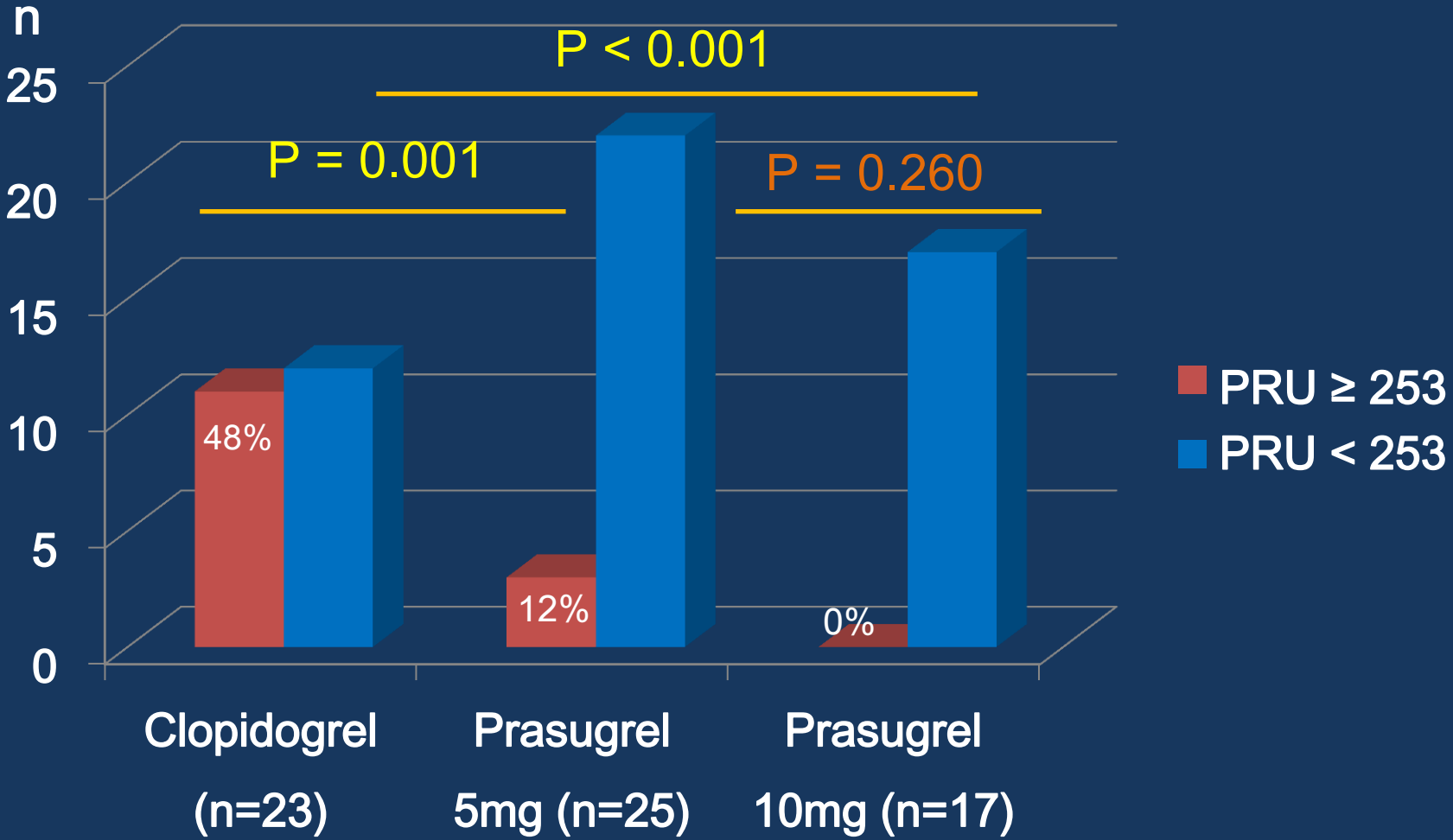


Incidence of HPR & LPR

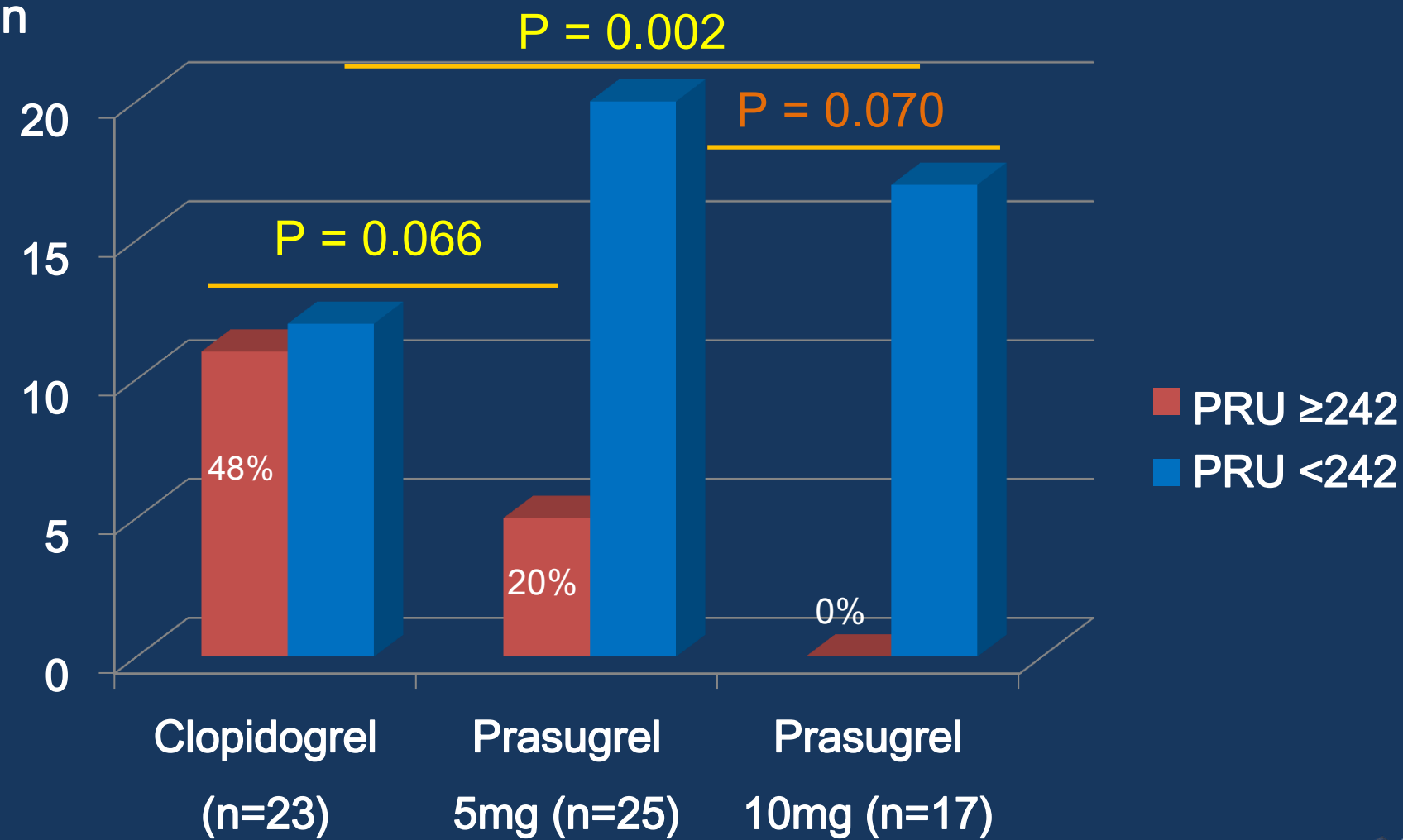
	Cut-off	Clopidogrel 75 mg/day	Prasugrel 5 mg/day	Prasugrel 10 mg/day	P value
HPR	253	11 (48%)	3 (12%)	0 (0%)	< 0.001
HPR	242	11 (48%)	5 (20%)	0 (0%)	0.002
LPR	178	6 (26%)	12 (48%)	16 (94%)	< 0.001
LPR	100	0 (0%)	3 (12%)	12 (70%)	<0.001



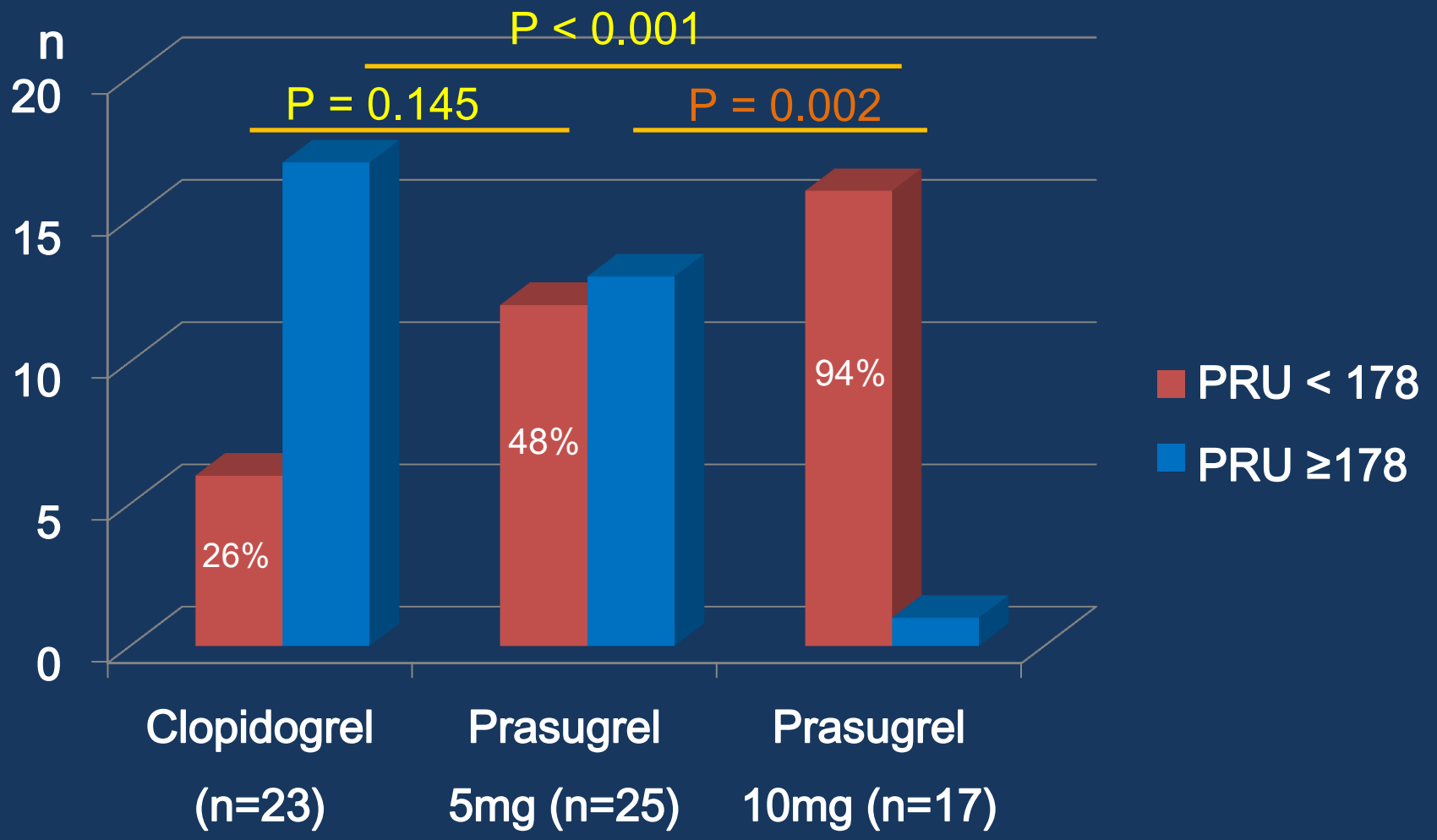
HPR - PRU ≥ 253



HPR - PRU ≥ 242

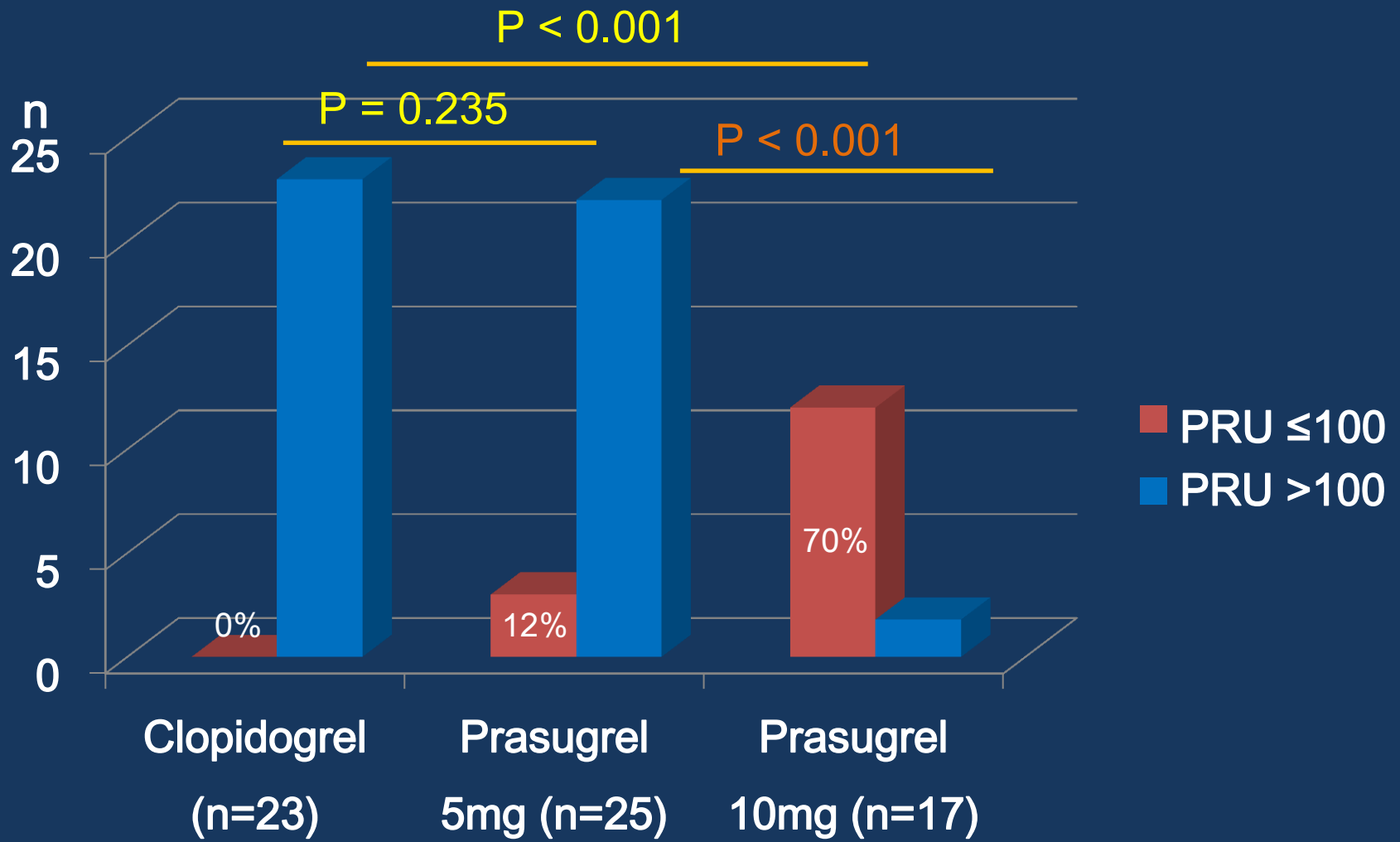


LPR - PRU ≤ 178





LPR - PRU ≤ 100



Clinical events

Events	Total (n)	Clopidogrel 75 mg/day	Prasugrel 5 mg/day	Prasugrel 10 mg/day	P value
MACE *	1	0	0	1	0.238
Bleeding (BARC# ≥ Type 2)	4	1	2	1	0.870

*Major adverse cardiovascular events
(MI, Stroke, revascularization)

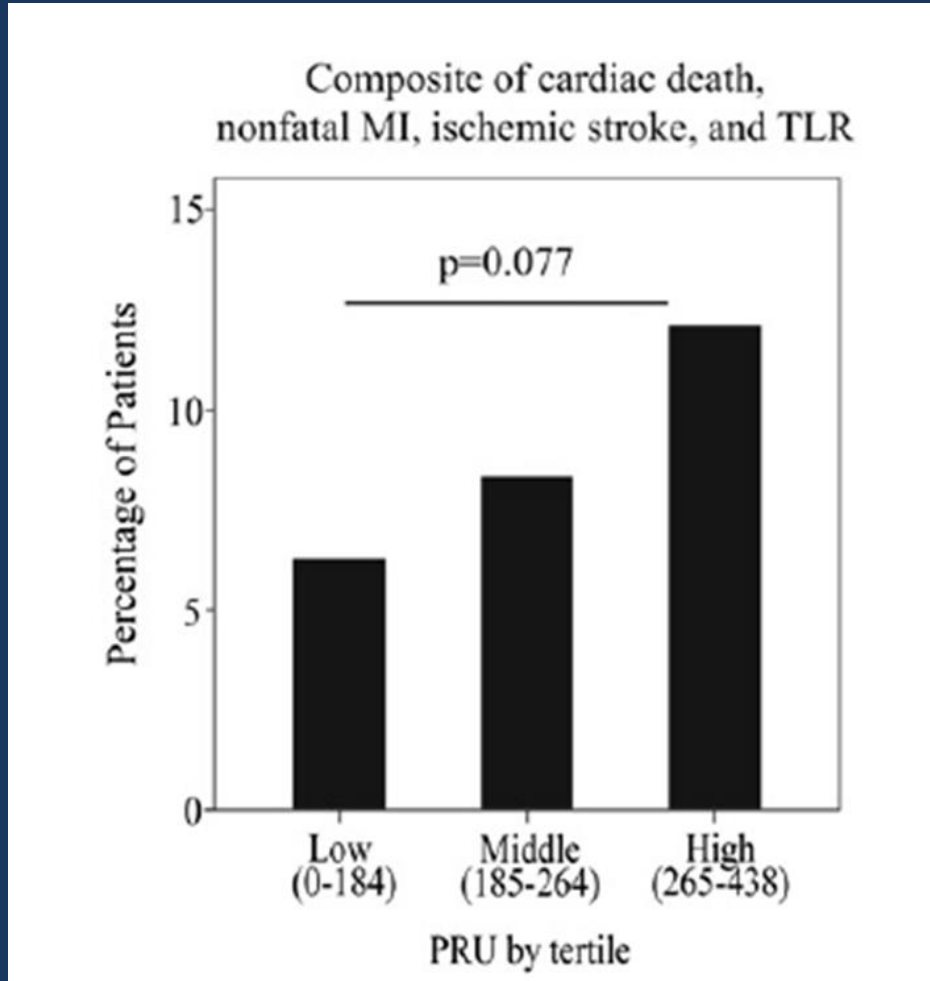
Bleeding Academic Research Consortium



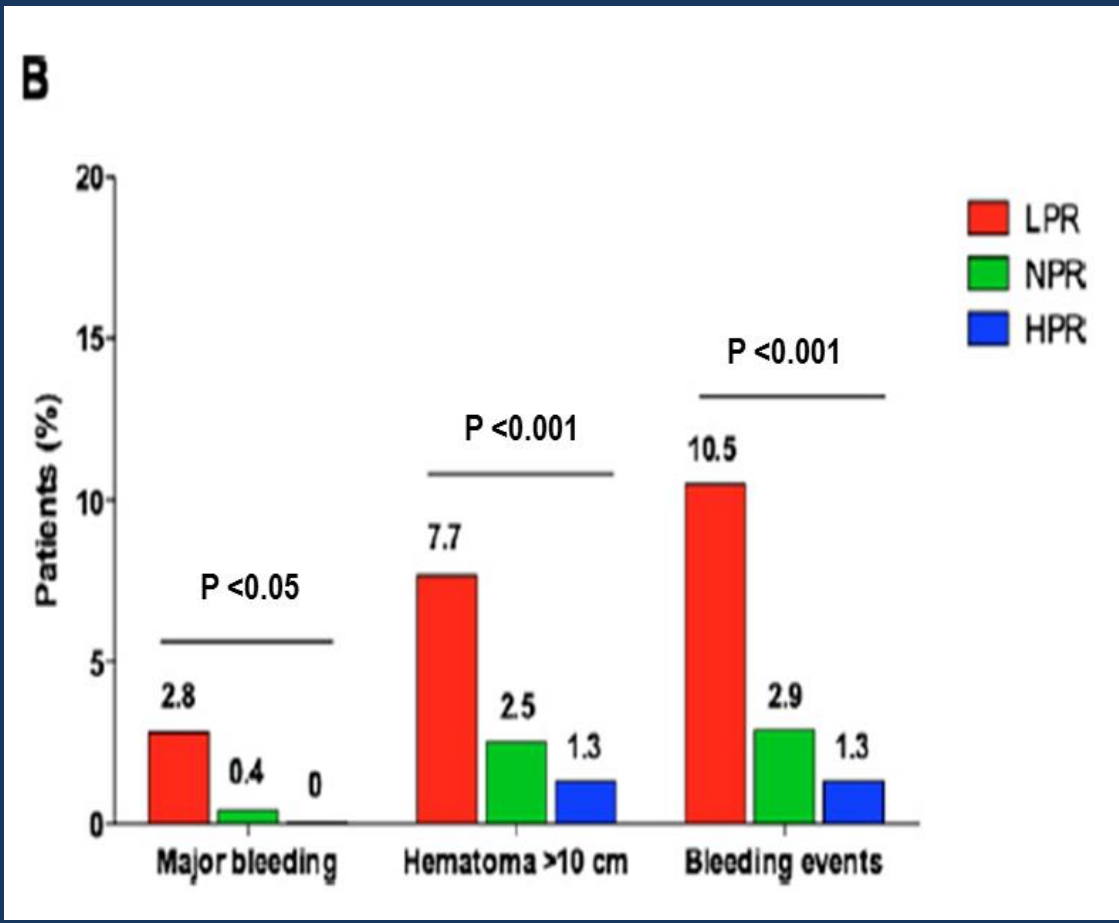
DISCUSSION



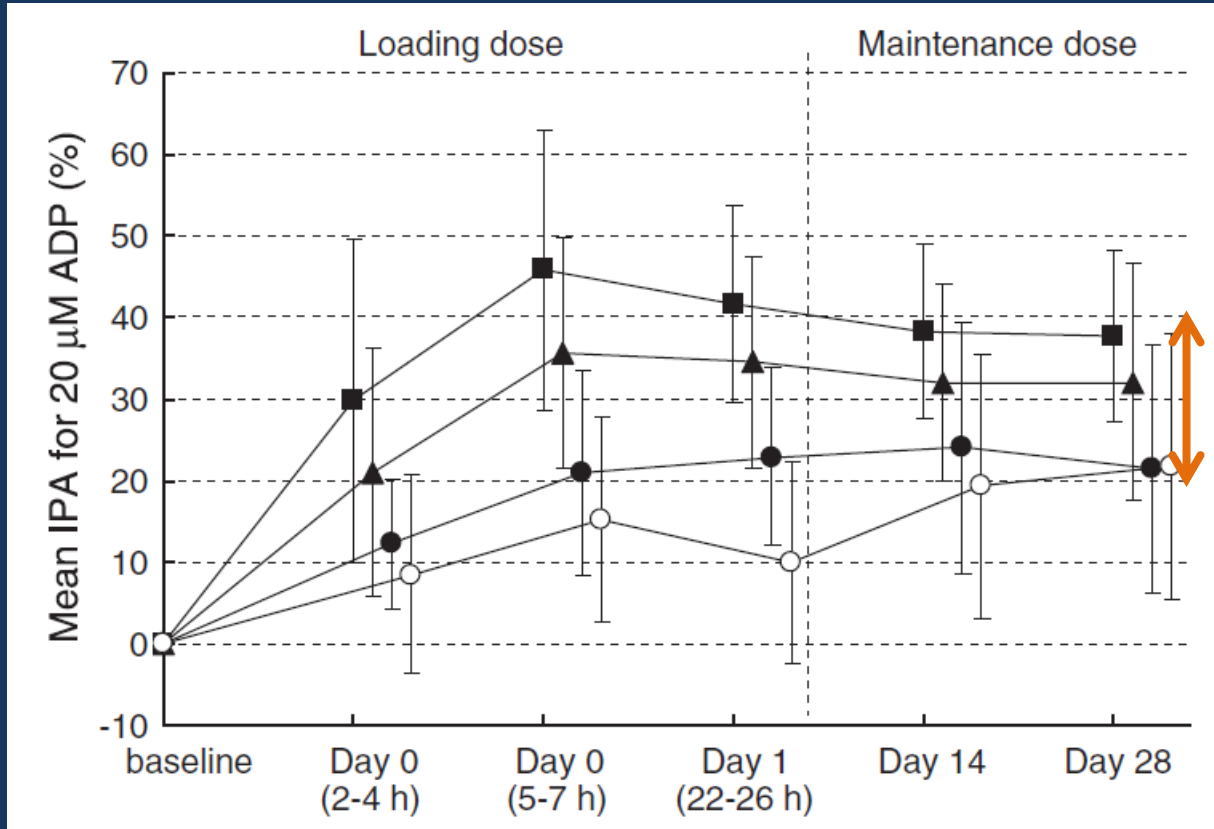
HPR & MACE in Korean



LPR & Bleeding



Prasugrel dose in Asian



- Prasugrel 20/5 (n=17)
- ▲ Prasugrel 15/3.75 (n=23)
- Prasugrel 10/2.5 (n=20)
- Clopidogrel 300/75 (n=24)



Ideal dose of Prasugrel ?

2.5mg?

5mg?

7.5mg?

Asian is different

- Better response & More bleeder

Ideal therapeutic window

- Large prospective study is needed





Limitations

Small sample size

Short term follow – up data

Selection Bias



Conclusion

Prasugrel 5 mg as a maintenance dose

- Showed significantly low incidence of LPR
- Did not increase HPR



THANK YOU FOR YOUR ATTENTION

