

Lessons from 25+ Years of Clinical Trials in Cardiology: The TIMI Study Group Experience

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TIMI STUDY GROUP

Thrombolysis in Myocardial Infarction

MISSION STATEMENT:

The TIMI Study Group organized in 1984 by Eugene Braunwald, MD at Brigham and Women's Hospital, Boston, MA, is committed to advancing the knowledge and care of patients suffering from acute coronary syndromes by performing clinical research.



2011

Chairman Marc S. Sabatine, MD, MPH

Director of Operations
Suzanne E. Morin

Founding Chairman
Eugene Braunwald, MD

6 Senior Investigators
(Prof and Assoc Prof)

6 Investigators
(Asst Prof and Instr)

5 Research Fellows

2-4 Residents
1-2 Med Students

Clinical Events Cmte
CEC Managers
Medical Reviewers (3) Coords/RAs (13)

Medical Hotline

Biomarker Core Lab

Pharmacogenetics Core Lab

ECG Core Lab

Angiographic Core Lab

Biostatistics

10 Statisticians

4 Sr Project Directors

3 Project Directors

Project Managers (12)

Research Assist. (70; 2-15 per trial)

Quality Assurance

Regulatory

Safety Desk

SAE Managers

Medical Reviewers (4)

Coords/RAs (17)

BWH Site Coordinator

Research Coord. (2)

Finance Director

Asst Finance Director

Sr. Accountant

Finance Manager

6 Finance Coord.

Administrators

Admin Support Staff (13)

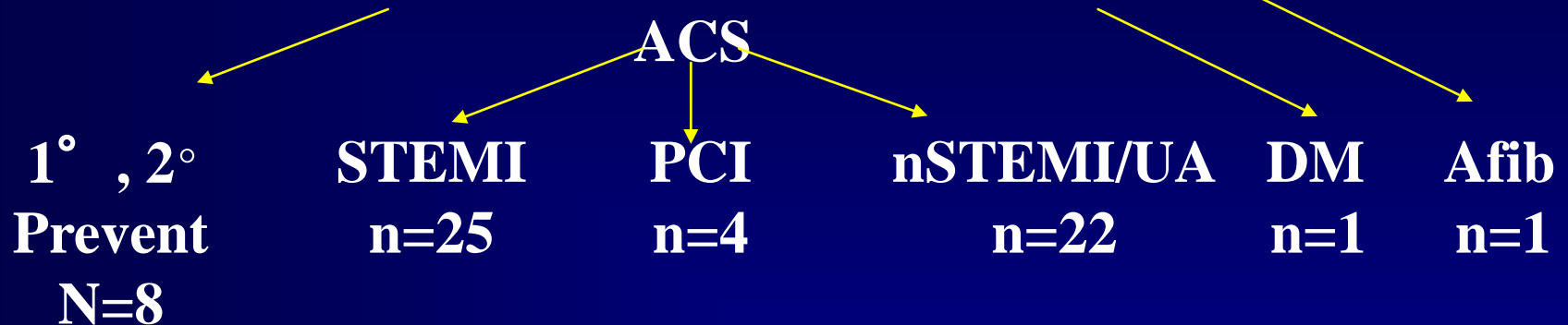
Fulfillment Center

Fulfillment Support (4)

TIMI TRIALS

1984-2011

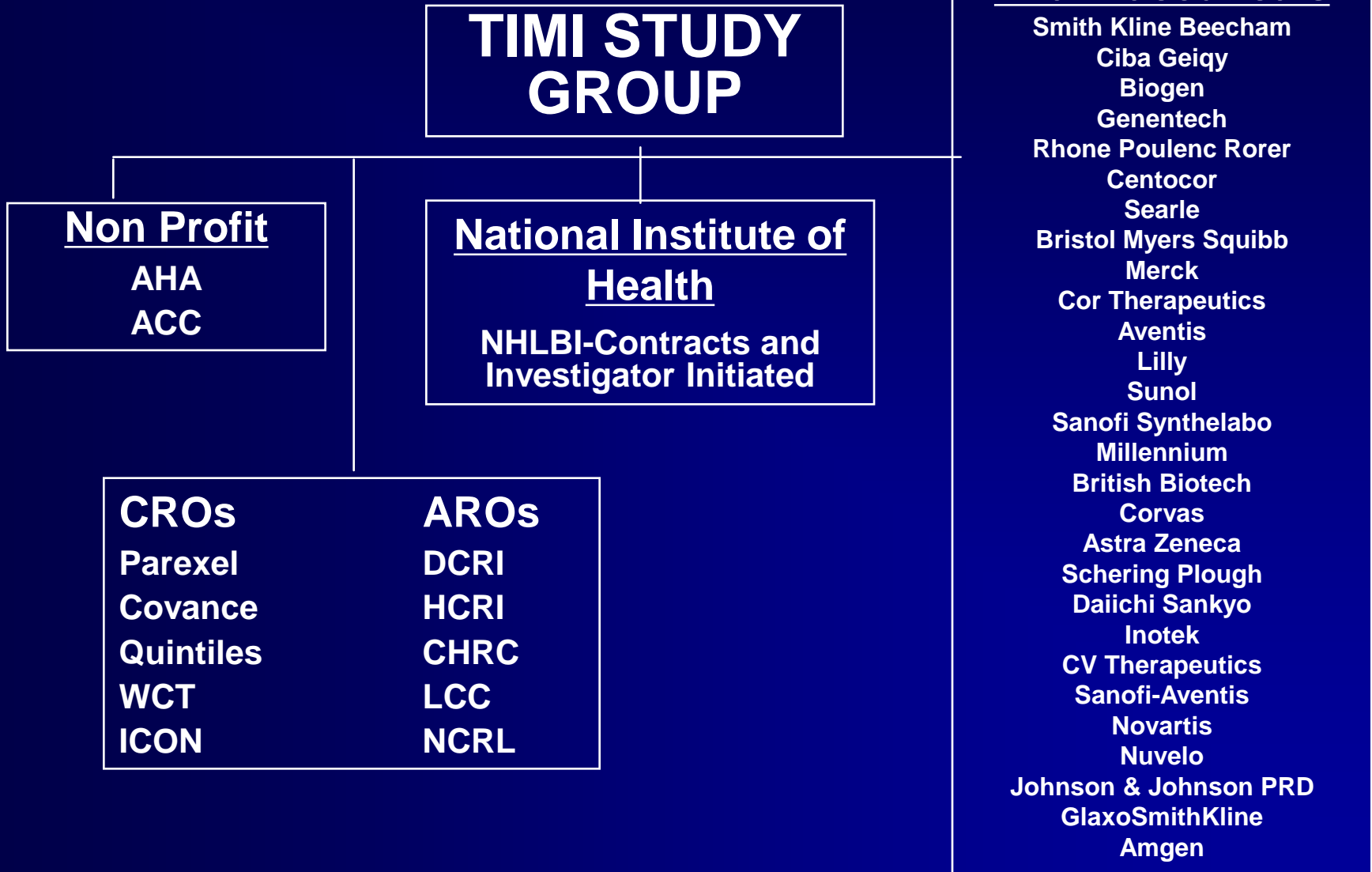
62 Cardiac Trials (more than 50 completed)



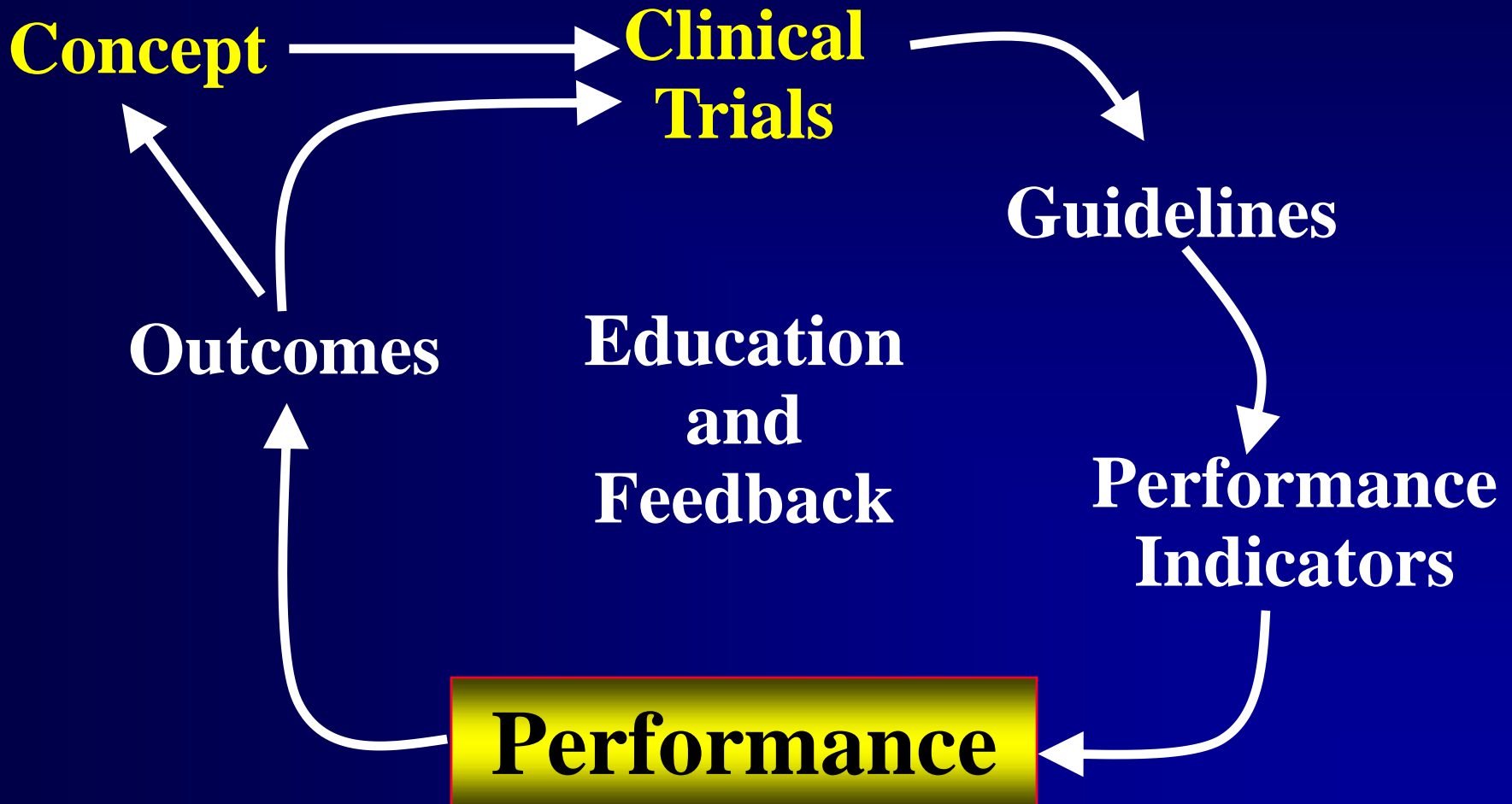
- 300,000 Pts enrolled to date
- 4000 Hospitals worldwide
- 8000 Investigators worldwide
- 52 Countries
- 6 Continents

TIMI BIBLIOGRAPHY: >500 PEER REVIEWED PUBLICATIONS

COLLABORATIVE PARTNERS

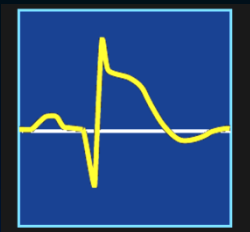


The Cycle of Clinical Therapeutics



Top 10 Lessons 1984-1999

1. **Better epicardial flow results in lower mortality**
2. **Development of grading scale for bleeding**
3. **Speed of flow (frame count) and perfusion of myocardial tissue (perfusion grade) are impt**
4. **tPA is better than SK at opening arteries**
5. **Single bolus TNK-tPA is safe and effective**
6. **Enoxaparin is superior to unfractionated heparin**
7. **Risk score predicts outcomes, can guide therapy**
8. **Early invasive approach is better in UA/nSTE-MI**
9. **Prehospital lytic is feasible and speeds reperfusion**
10. **Multimarker approach improves prognostic ability**



ACC/AHA 2009 STEMI Focused Update: Acute Medical Therapy

General treatment measures

- Aspirin, nitrates, oxygen, analgesics (morphine)

Infarct size limitation

- **β -blockers** (not for acute use in patients with evidence of heart failure)

Reperfusion

- **Thrombolysis (within 30 min) or primary PCI (within 90 min)**

Anticoagulant and antiplatelet therapy

- **UFH, enoxaparin, fondaparinux^a, or bivalirudin^b**
- **Clopidogrel 75 mg/d added to aspirin for patients undergoing fibrinolysis; 300 mg loading dose for patients <75 y who receive fibrinolytic therapy or who do not receive reperfusion therapy**
- **If PCI: clopidogrel, prasugrel, GP IIb/IIIa inhibitors**

^a Because of the risk of catheter thrombosis, fondaparinux should not be used as the sole anticoagulant to support PCI. An additional anticoagulant with anti-IIa activity should be administered.

^b For primary PCI with 600 mg clopidogrel

2007 ACC/AHA nSTE-ACS Guidelines

I	IIa	IIb	III
A			
A			
A			
B			
B			
B			
B			
B			
A			
	A		
	B		

Immediate ASA; Clopidogrel if ASA contraindicated
Aspirin + clopidogrel for up to 1 month
Enoxaparin or UFH for invasive or conservative mgt
Bivalirudin (invasive) or fondaparinux (conservative)
 β -blocker (IV→oral) if not contraindicated
Non-dihydropyridine Ca²⁺ blckr if β -blocker contraindicated and no LV dysfcn, for rec ischemia
ACE-I if \uparrow BP with NTG+ β -blocker, if CHF or DM
Any GPI all patients, if cath/PCI planned
Ept or tiro for high-risk* if early cath not planned
Any GP IIb/IIIa inhibitor for patients already on ASA + Heparin + clopidogrel, if cath/PCI is planned

TIMI Trials 2000-present

<u>Population</u>	<u>Experimental Therapy</u>
Fibrinolytic	clopidogrel, enoxaparin
Primary PCI	GPI timing, half-dose lytic+GPI
UA/nSTE-MI	anticoag, antiplt, anti-ischemic
Post ACS	lipids, antibiotics, renin inhibitor, oral factor Xa, Lp-PLA ₂ inhibitor
PCI	antiplt, anticoag
Atrial Fib	oral factor Xa
DM	DPP-4 inhibitor

Acute ST elevation MI within 6 hours
N~3000 patients

ASPIRIN

HEPARIN (Choice by MD - unfractionated or LMWH)

LYTIC (Choice by MD - RPA, TNK, TPA, or SK)

Randomize

PLACEBO

CLOPIDOGREL
300 mg loading dose
75 mg daily

Double-blind

ECG at 90 & 180 mins

Pre-discharge
coronary angiography
(Day 3-8)

30 Day Clinical Follow-up

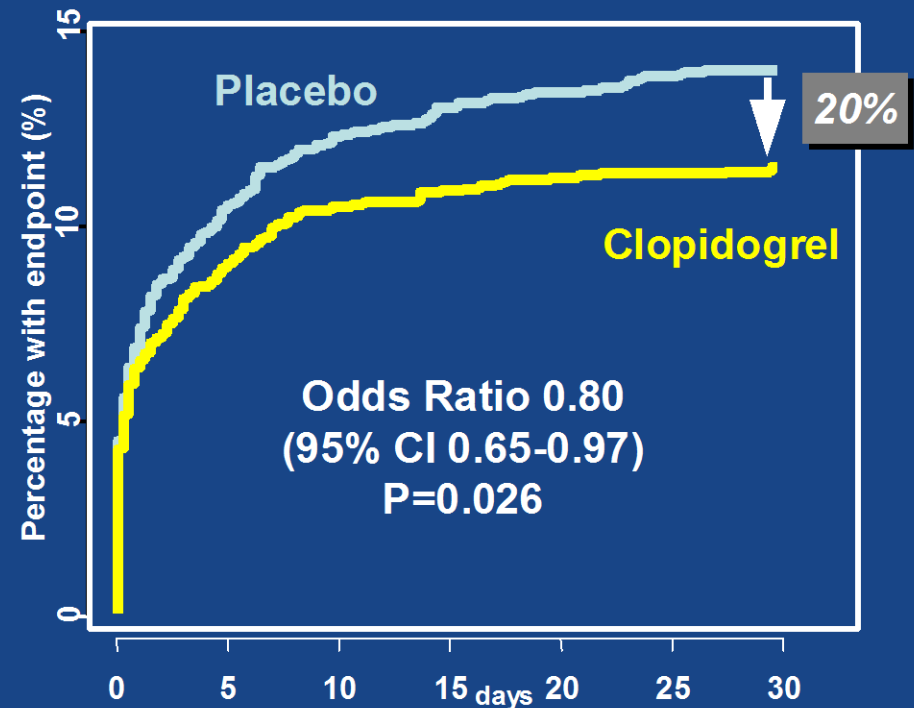
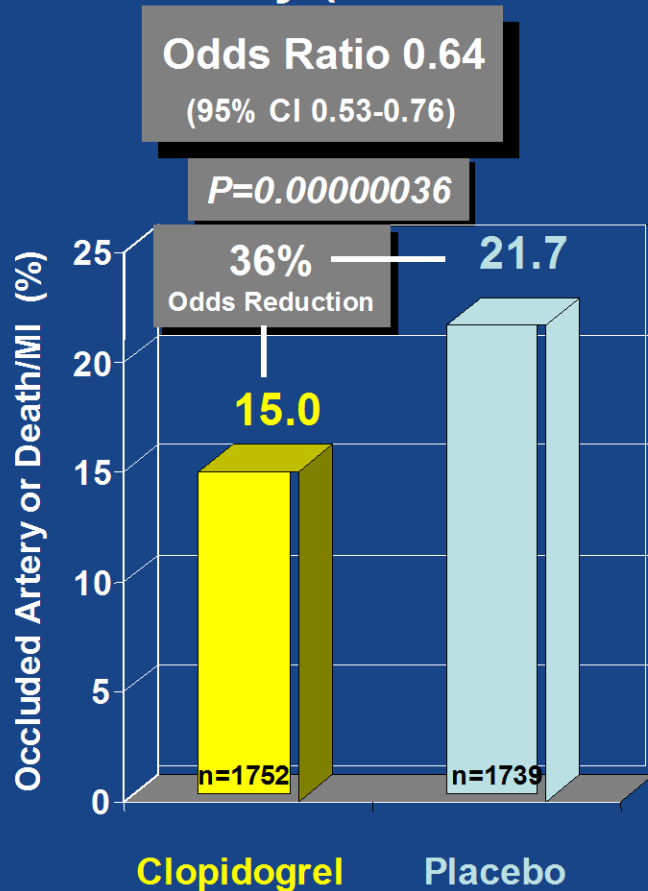
Primary Endpoint:
Patency of infarct-related artery

Secondary Endpoints:
*ST segment resolution
Clinical events*

Primary Endpoint:

Occluded Artery (or D/MI thru Angio/HD)

CV Death, MI, RI



No difference in TIMI bleeding

Lytic Eligible STEMI <6 hrs

ASA

**Lytic Choice by MD
(TNK, TPA, rPA, SK)**

Double-blind

UFH

Bolus 60U/kg

Infusion 12U/kg/h for ≥ 48 h

Enoxaparin

30 mg IV bolus;

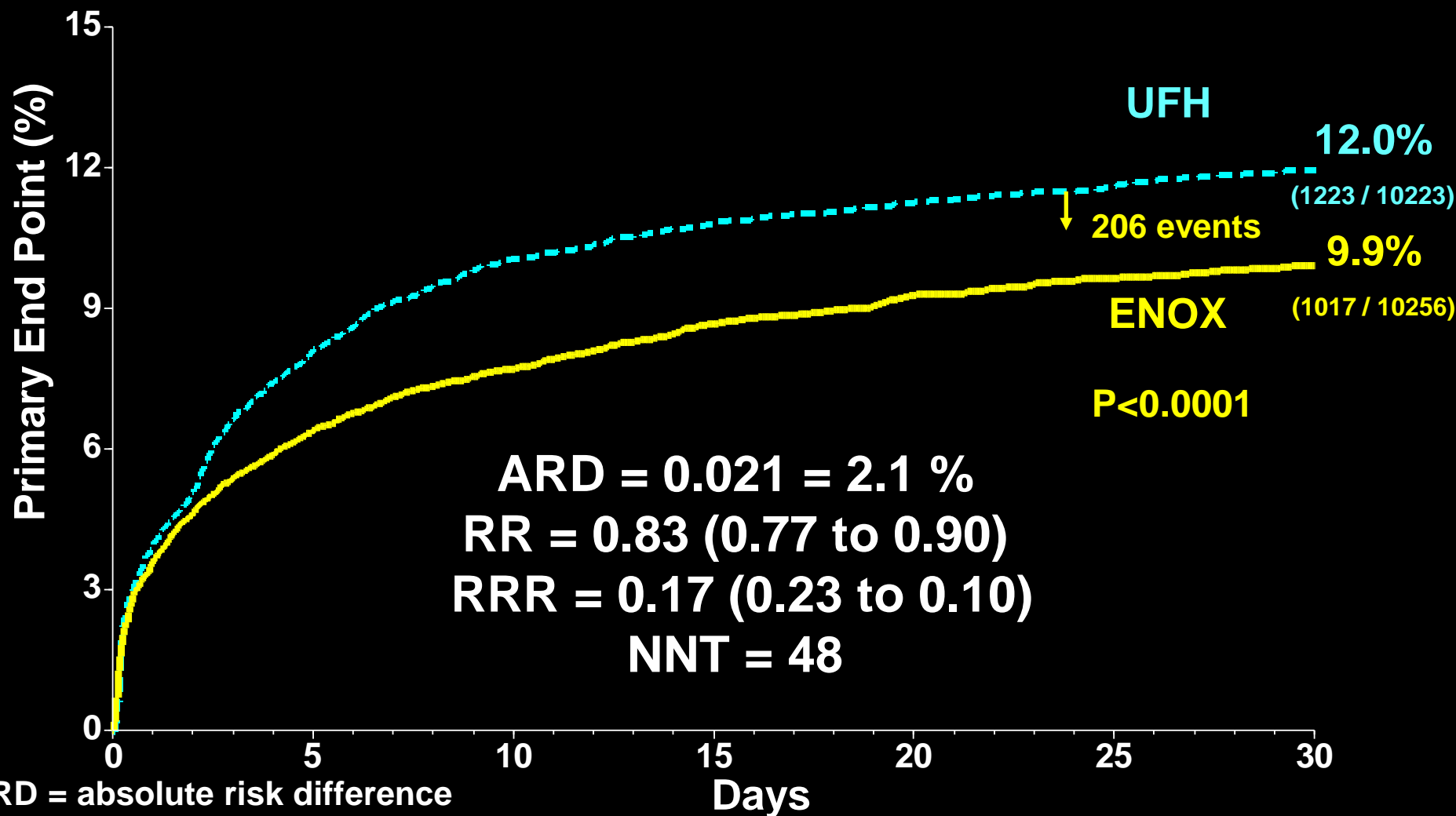
**sc 1.0 mg/kg q 12h to Hosp DC
(0.75 mg/kg q 12 h if ≥ 75 years)**

Day 30

Primary Efficacy Endpoint : Death/MI

Primary Safety Endpoint: TIMI Major Hemorrhage

Primary End Point (ITT) Death or Nonfatal MI

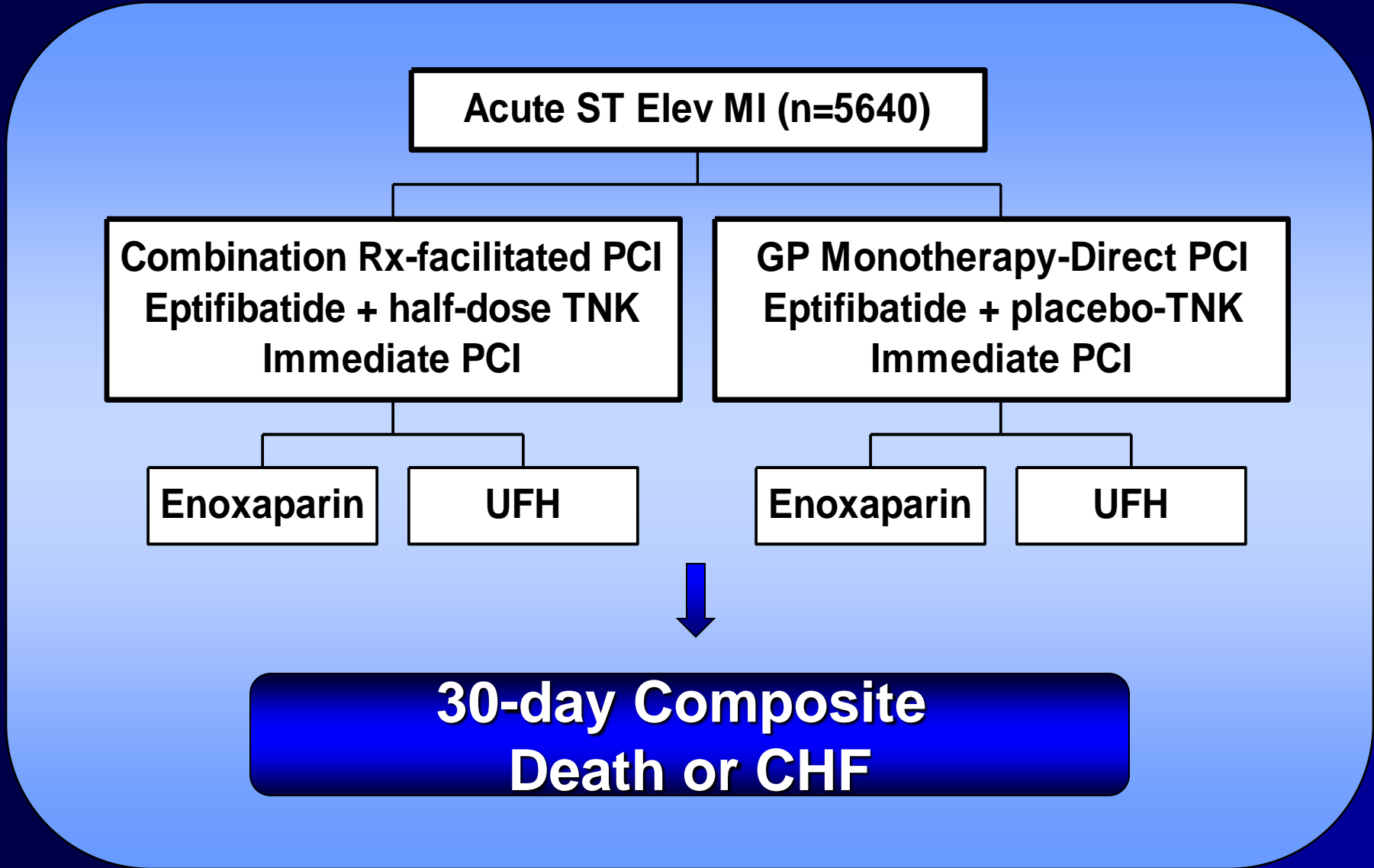


ARD = absolute risk difference
 RRR = relative risk reduction

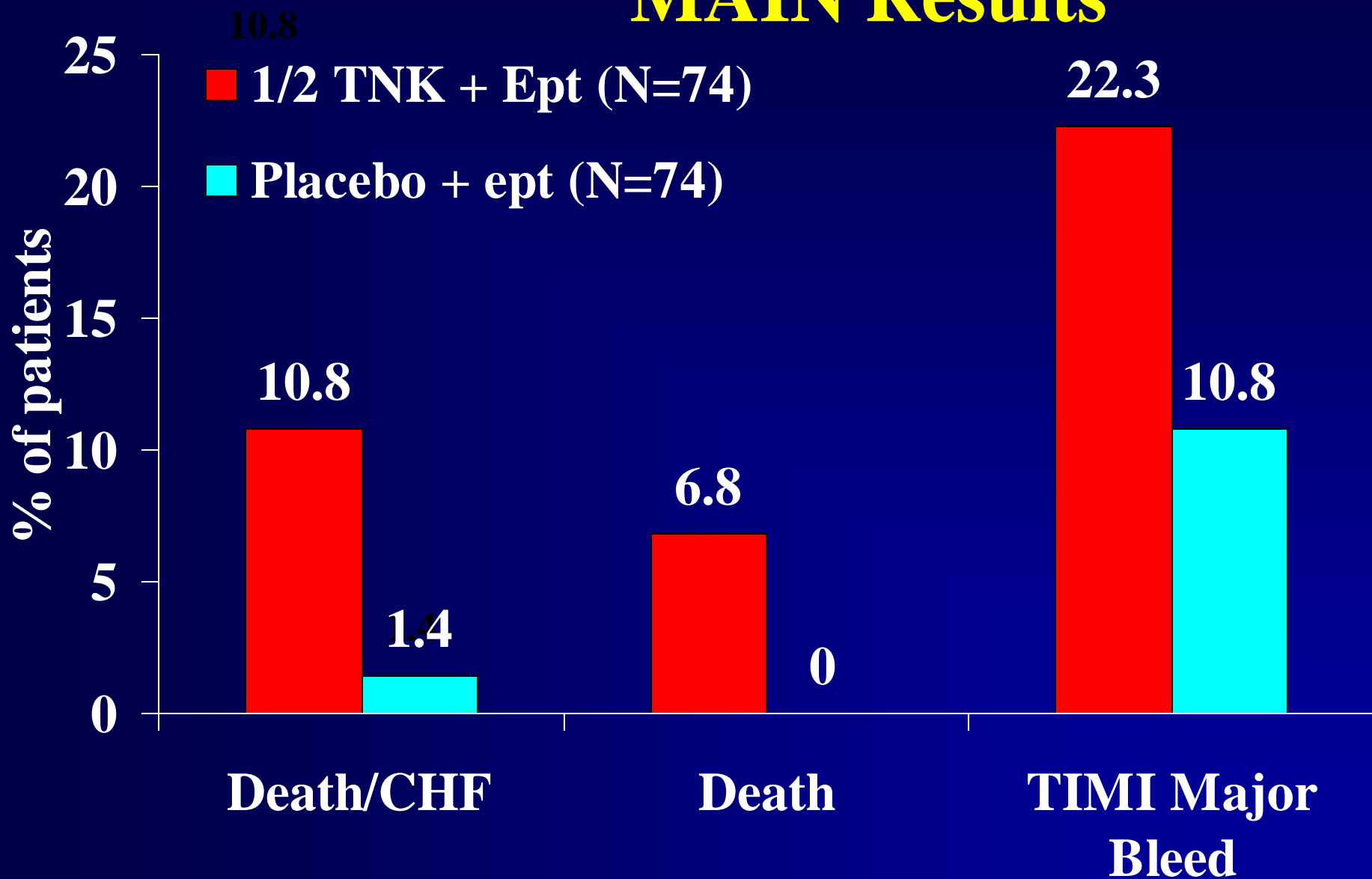
TIMI Trials 2000-present

<u>Population</u>	<u>Experimental Therapy</u>
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Post ACS	lipids, antibiotics, renin inhibitor, oral factor Xa, Lp-PLA ₂ inhibitor
PCI	anticoag, antiplt
Atrial Fib	oral factor Xa
DM	DPP-4 inhibitor

ADdressing the **V**alue of **P**rimary **AN**gioplasty after **C**ombination²⁰¹¹ therapy or **E**ptifibatide monotherapy in acute **M**yocardial **I**nfarction



ADVANCE MI – MAIN Results



TIMI Trials 2000-present

<u>Population</u>	<u>Experimental Therapy</u>
Fibrinolytic	clopidogrel, enoxaparin
Primary PCI	GPI timing, half-dose lytic+GPI
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Post ACS	lipids, antibiotics, renin inhibitor, oral factor Xa, Lp-PLA ₂ inhibitor
PCI	anticoag, antiplt
Atrial Fib	oral factor Xa
DM	DPP-4 inhibitor

“High Risk ACS (ST ↑/↓ or + Marker) receiving tirofiban

A Phase

Enoxaparin

Death, MI, refractory ischemia
at 7 days

UF Heparin

If clinically stable and not “low-risk”

Z Phase

Aggressive simvastatin

40 mg/day x 30 d
80 mg day thereafter

Standard therapy

Placebo and diet x 4 months
simvastatin 20 mg/day thereafter

1 year follow-up: CV death, MI, rehospitalization for ACS

7 Day Primary Endpoint Composite of Death, MI and Refractory Ischemia

Preliminary Results

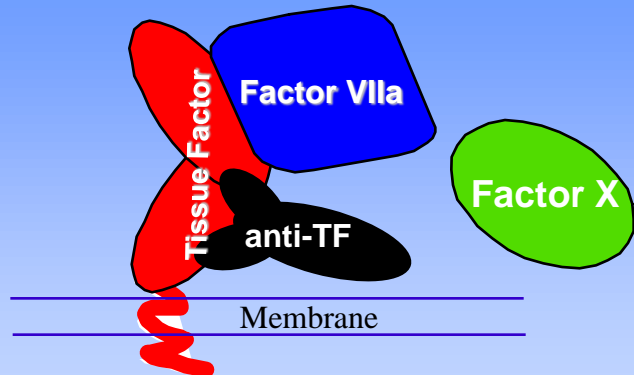
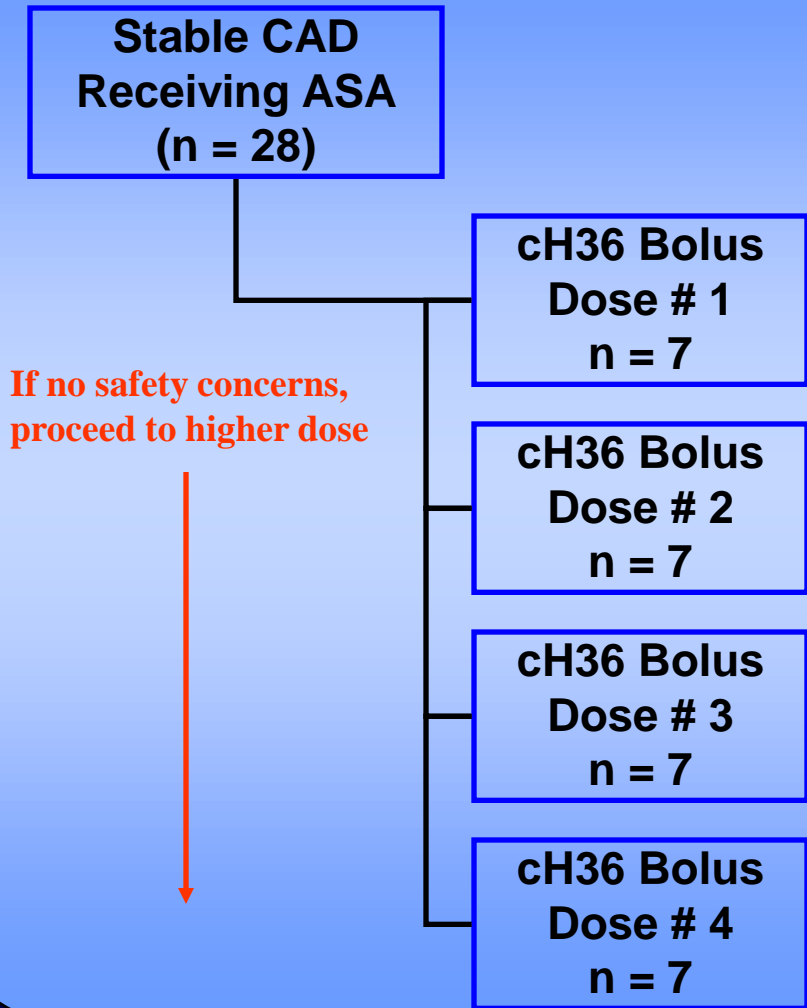
Primary Analysis					
Population	ENOX	UFH	Hazard Ratio	P-value	Upper Bound One-Sided 95% CI
Intent to Treat	8.4%	9.4%	0.88	0.23	1.05

Non-inferiority = upper bound of one-sided 95% CI < 1.144

PROXIMATE -TIMI 27

*PROX*imal *I*nhibition of coagulation using a Monoclonal Antibody to Tissue factor
(Sunol cH36) - TIMI 27

Protocol Design



Measured at multiple time points:

- cH36 levels
- Factor Xa activity
- Hgb/Hct
- PT/PTT/fibrinogen
- Platelet count
- Serum chemistries
- Human anti-chimeric ab

PROXIMATE - TIMI 27

Bleeding Events  2011

PROXimal Inhibition of coagulation using a Monoclonal Antibody to Tissue factor (*Sunol cH36*)-TIMI 27

Dose Sunol cH36

	0.03	0.06	0.08	0.10	0.30
Enrolled, N	8	4	4	7	3
Major bleeding (pts)	0	0	0	0	0
Minor bleeding (pts)					
Spontaneous	1 (13)	2 (50)	2 (50)	6 (86)	3 (100)
Provoked	2 (25)	1 (25)	0	1 (14)	1 (33)
Any minor*	2 (25)	3 (75)	2 (50)	6 (86)	3 (100)
(Exact CI %)	(3, 65%)	(19, 99%)	(7, 93%)	(44,100%)	(29,100%)

*Individual pts may be classified as having both spontaneous & provoked episodes. Provoked bleeds were those that occurred at the site of IV insertion or as the result of minor trauma; all others were classified as spontaneous.



Anticoagulation with NAPc2 To Help Eliminate MACE

Protocol Design

Non-ST elevation ACS with planned
Early Invasive Strategy (n=125)

ASPIRIN, Enoxaparin or UFH
(GP IIb/IIIa, Clopidogrel Encouraged)

Experimental Arm

RANDOMIZE

Control Arm

rNAPc2 IV bolus q 48h
n=20 per panel
5 Escalating Doses

Placebo IV bolus q 48 h
n=5 per panel

Continuous ECG x 7 Days

In-hospital, 42 d, and 6 month follow up

Primary Endpoints:

Safety: Significant Hemorrhage
Efficacy: PK, PD

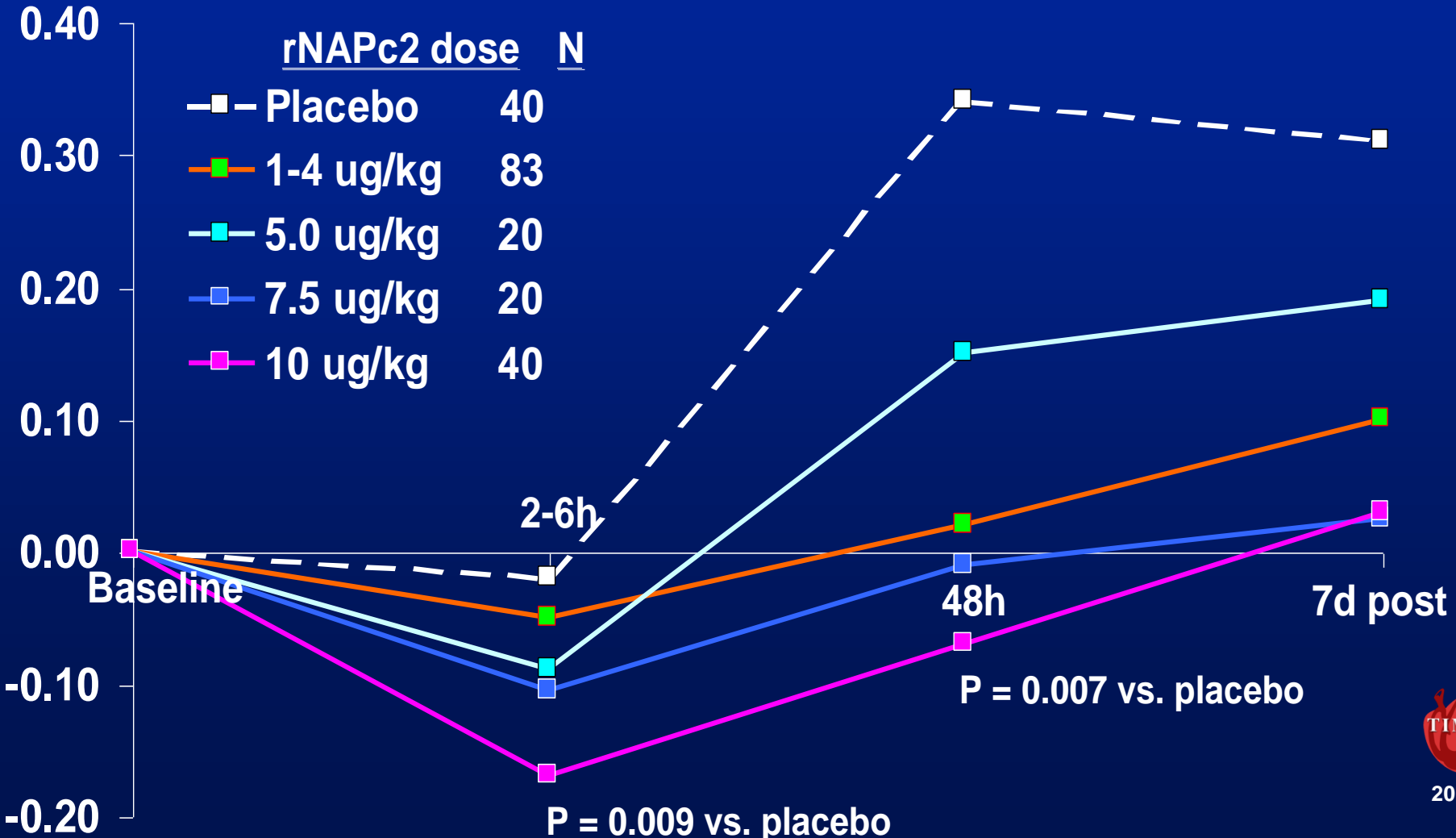
Secondary Endpoints:

Death, MI, Recurrent Ischemia
Ischemia by Continuous ECG

A Randomised, Double-blind Placebo-controlled Study to Assess the Efficacy and Safety of Factor VIIa/Tissue Factor Inhibitor, Recombinant Nematode Anticoagulant Protein c2 (rNAPc2), in Subjects With Non-ST-Elevation Acute Coronary Syndromes.

F1+2 Concentration: A Measure of New Thrombin Generation

F1+2 (nmol/mL)
Δ from Baseline



ACS (STEMI or UA/NSTEMI) & Planned PCI

ASA



N= 13,000

Double-blind

PRASUGREL

CLOPIDOGREL

Median duration of therapy - 12 months

1° endpoint: CV death, MI, Stroke

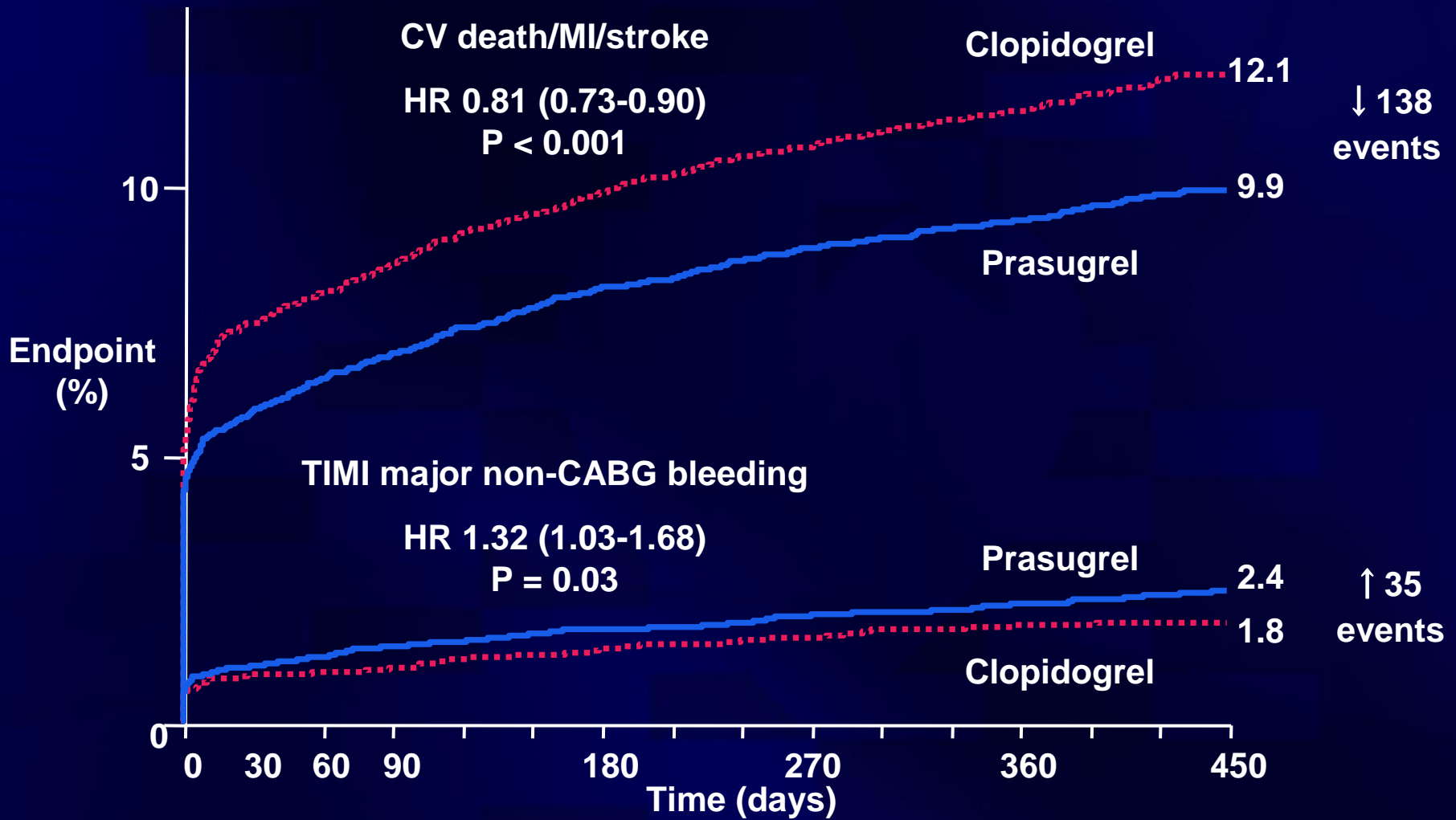
2° endpoints: CV death, MI, Stroke, Re-ischemia

CV death, MI, UTVR



2011

TRITON-TIMI 38: Treatment effects on primary efficacy and key safety endpoints



HR = hazard ratio

Wiviott SD et al. *N Engl J Med.* 2007;357:2001-15.

Early (<12h) Eptifibatide in Pts with High-Risk ACS

10,500 pts ≥ 2 of the following:

1. \uparrow MB or Tn
2. New STD ≥ 1 mm
3. Age ≥ 60

Stratified by early clopidogrel

Eptifibatide 180/2/180

UPSTREAM

Matching Placebo

Cath >12 h after randomization

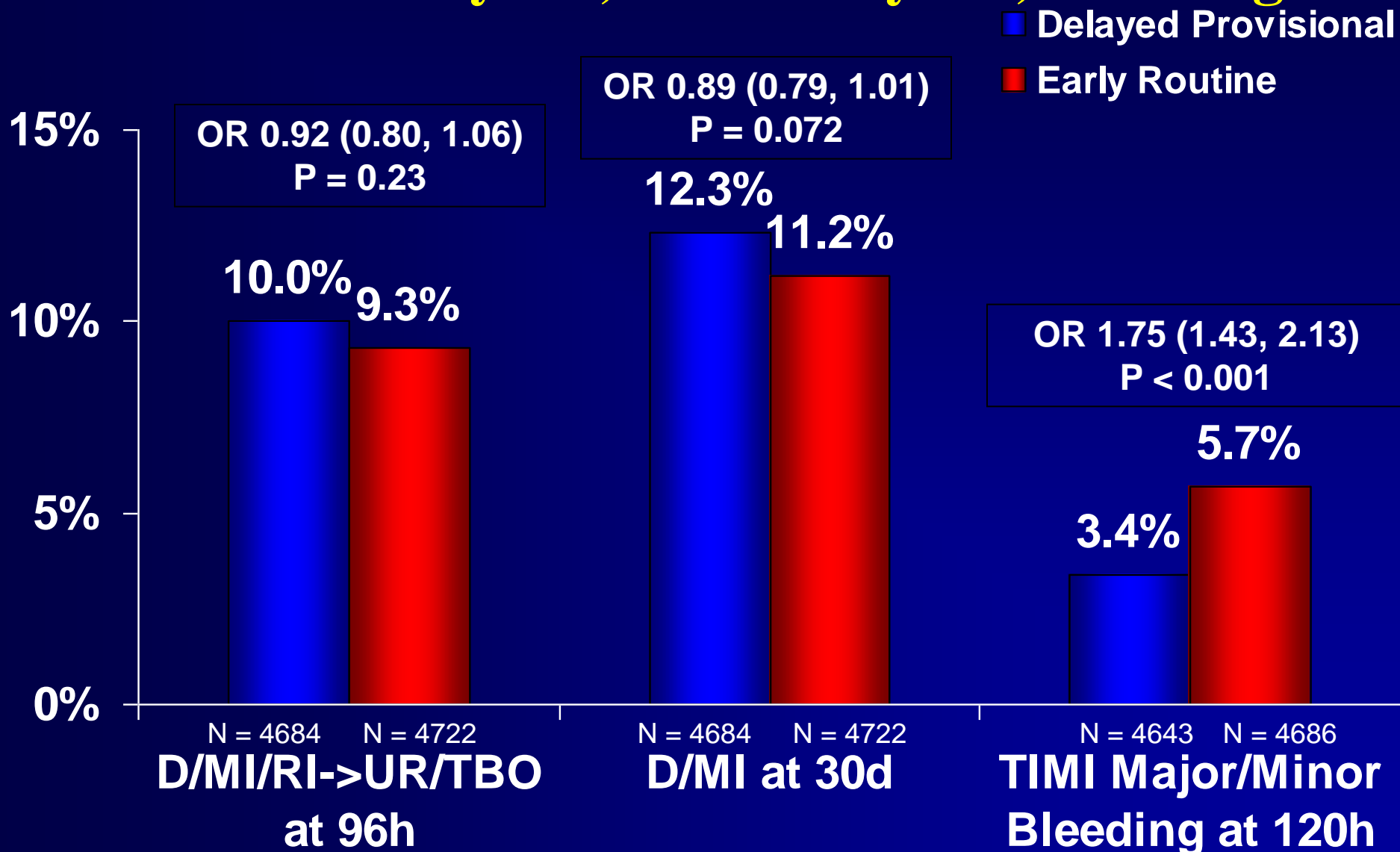
Ept allowed at PCI

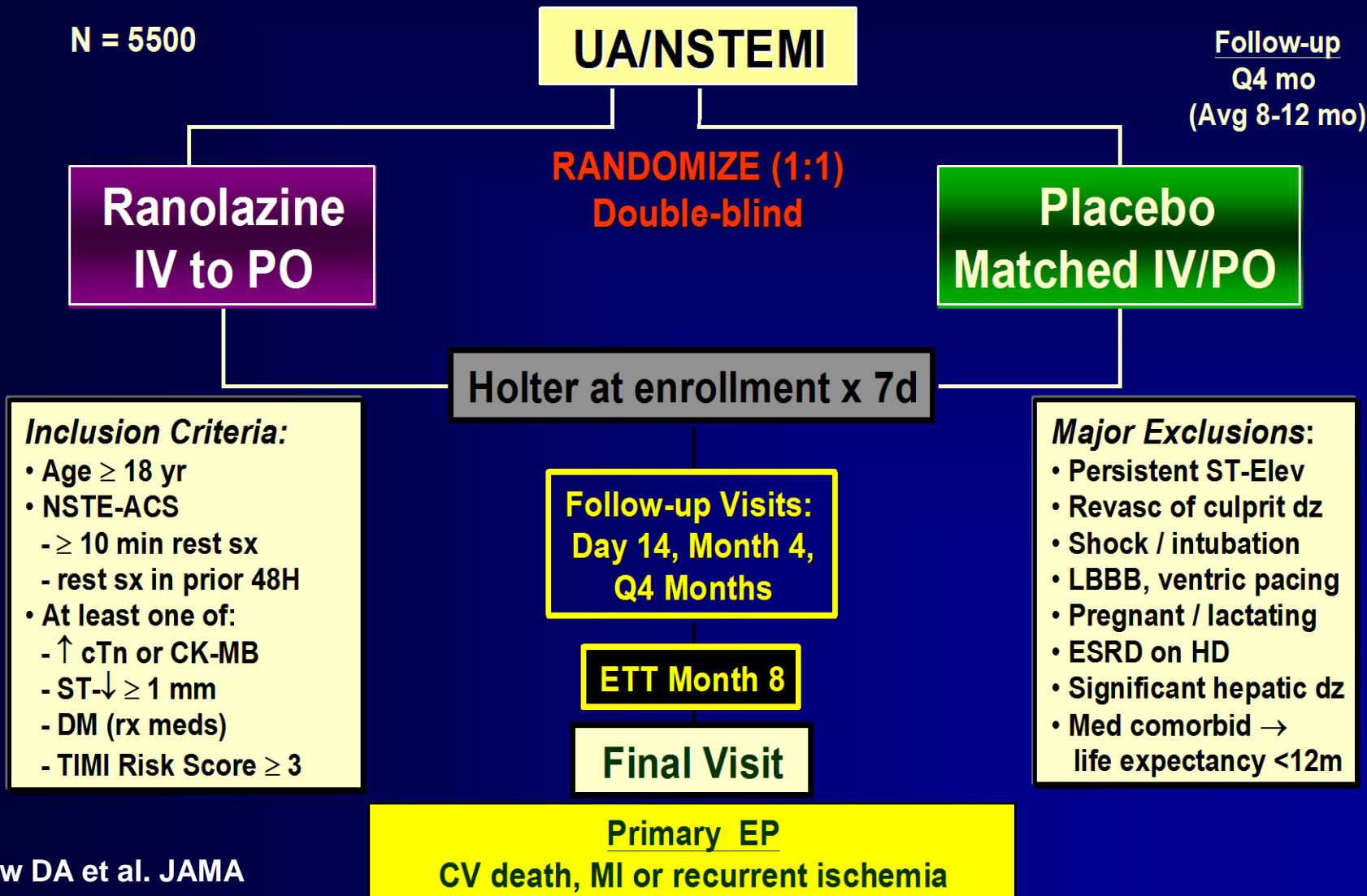
**Optional Study Drug in Cath Lab
Blinded Placebo / Eptifibatide**

**Primary Endpoint: D/MI/UR/TBO at 96h
Secondary Endpoint: D/MI at 30 days**

Key Findings:

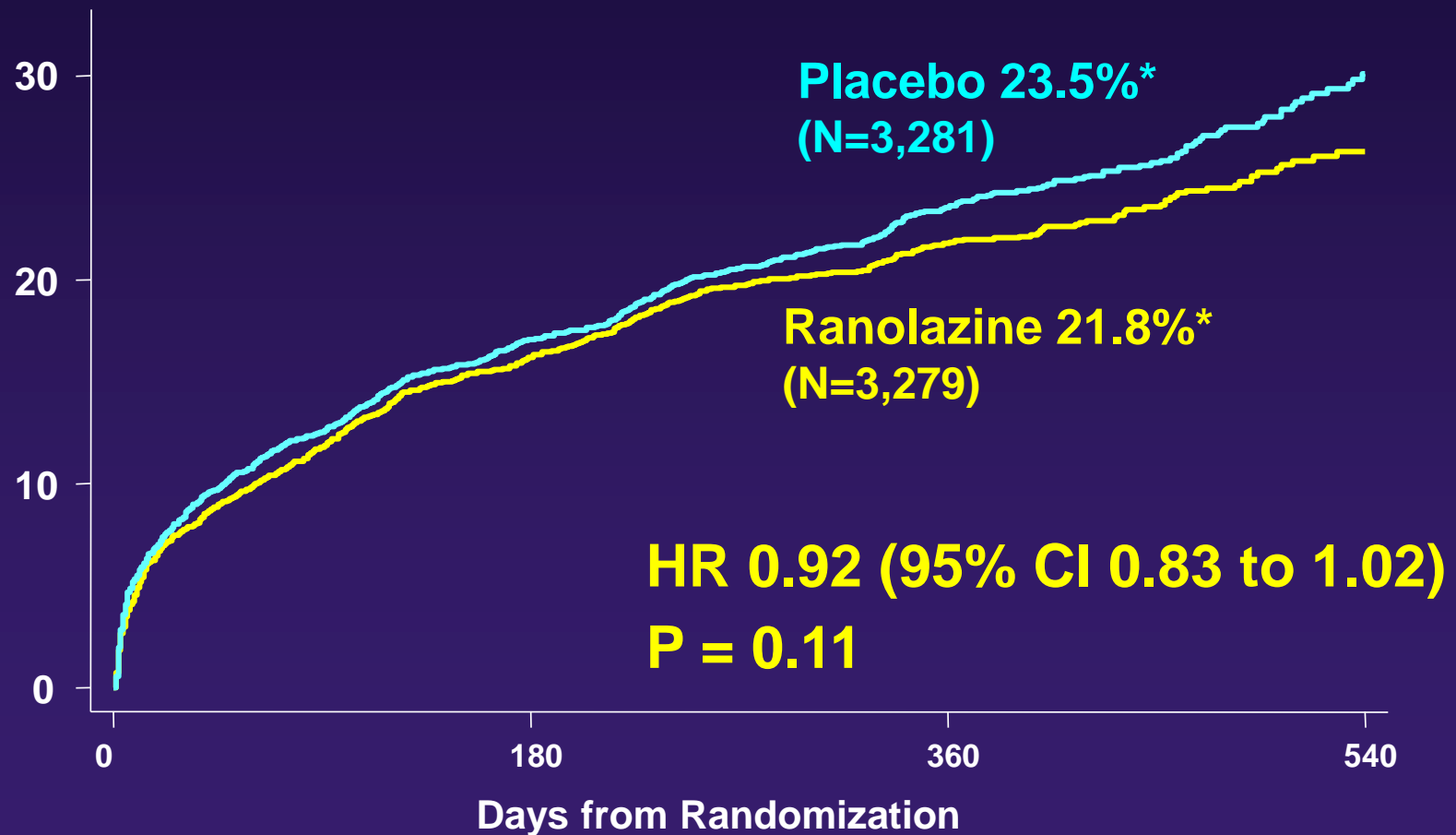
Primary EP, Secondary EP, Bleeding





Primary Endpoint

CV Death, MI, or Recurrent Ischemia (%)



*KM cumulative incidence (%) at 12 months

Morrow DA et al. JAMA 2007; 297: 1775-83

TIMI Trials 2000-present

<u>Population</u>	<u>Experimental Therapy</u>
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Post ACS	lipids, antibiotics, renin inhibitor, oral factor Xa, Lp-PLA₂ inhibitor
PCI	anticoag, antiplt
Atrial Fib	oral factor Xa
DM	DPP-4 inhibitor

PROVE IT - TIMI 22

PRavastatin Or Atorvastatin Evaluation and Infection Therapy

Protocol Design

Patients stabilized post ACS <10d
Total cholesterol <240 mg/dL (N=4000)

ASA & standard
medical therapy

**Pravastatin
40 mg qd**

← *2x2 factorial
design* →

**Atorvastatin
80 mg qd**

Follow-up visit day 15

**Gatifloxacin
400 mg qd x 10d/mo**

Placebo

Placebo

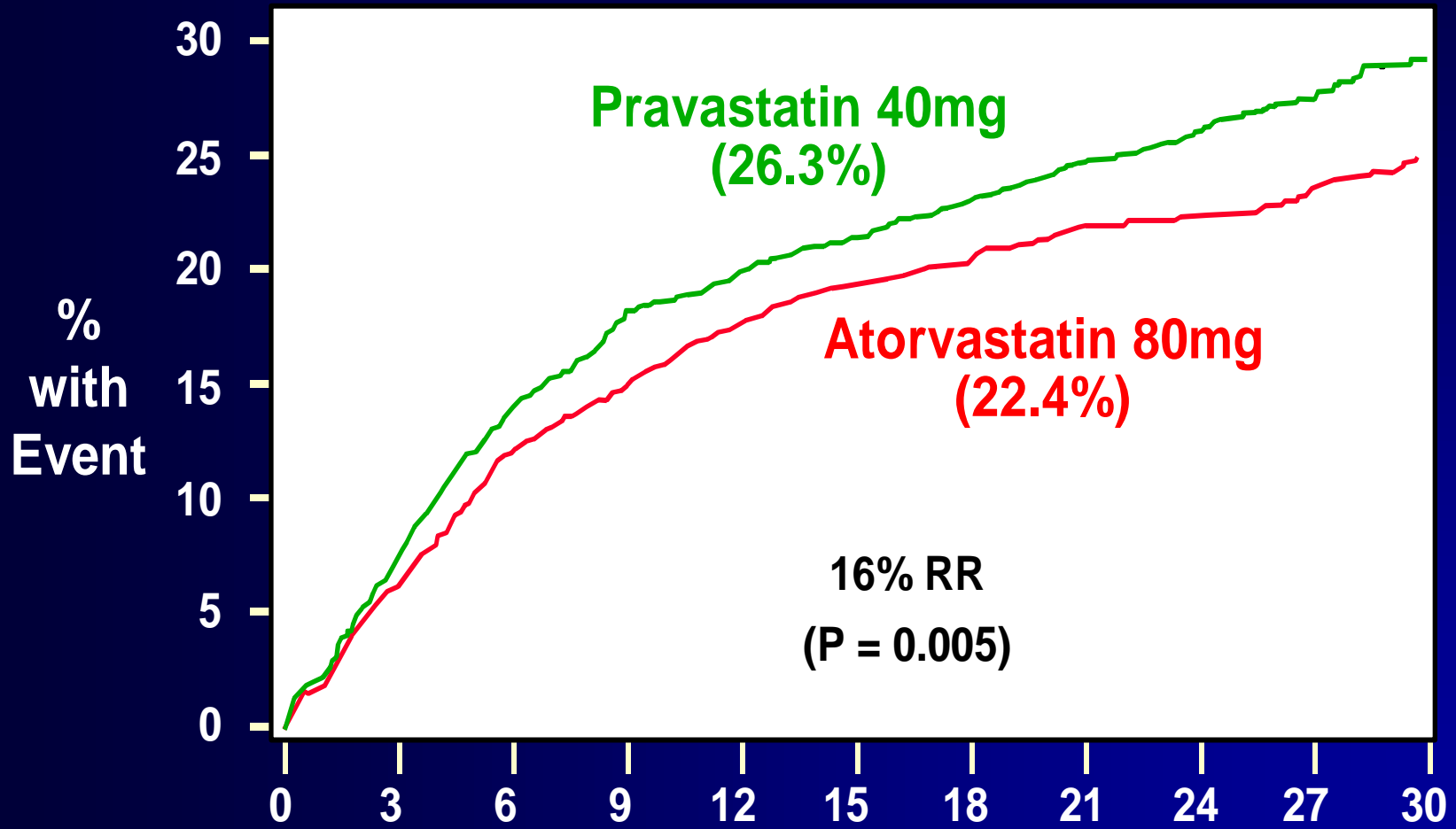
**Gatifloxacin
400 mg qd x 10d/mo**

**Follow-up visit day 30 then q4 months
(average 2 years, minimum 18 months)**

1° Endpoint: death, MI, stroke, rehosp for UA, revasc*

* Revascularization includes only procedures occurring $\geq 30d$ post randomization

All-Cause Death or Major CV Events in All Randomized Subjects



Study Design

Investigator-Initiated Study
IND #: 107635

335 Patients Enrolled
Stable CAD Pts on Clopidogrel 75 mg daily
(>4 Weeks and <6 Months Post-MI or PCI)

2 Not Genotyped

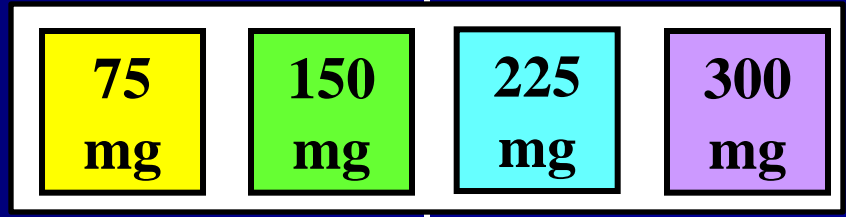
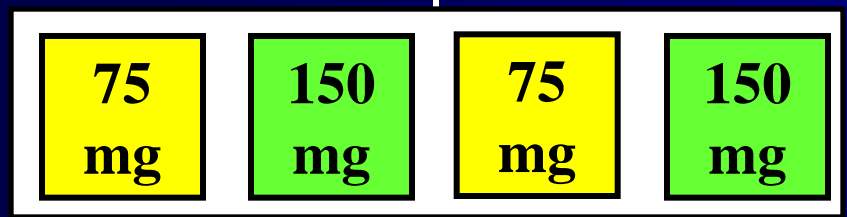
333 Blinded Genotyping

247 *CYP2C192 Non-Carriers**

86 *CYP2C192 Carriers**
(80 Heterozygotes; 6 Homozygotes)

Randomized to various blinded sequences of daily doses of clopidogrel

Randomized to various blinded sequences of daily doses of clopidogrel

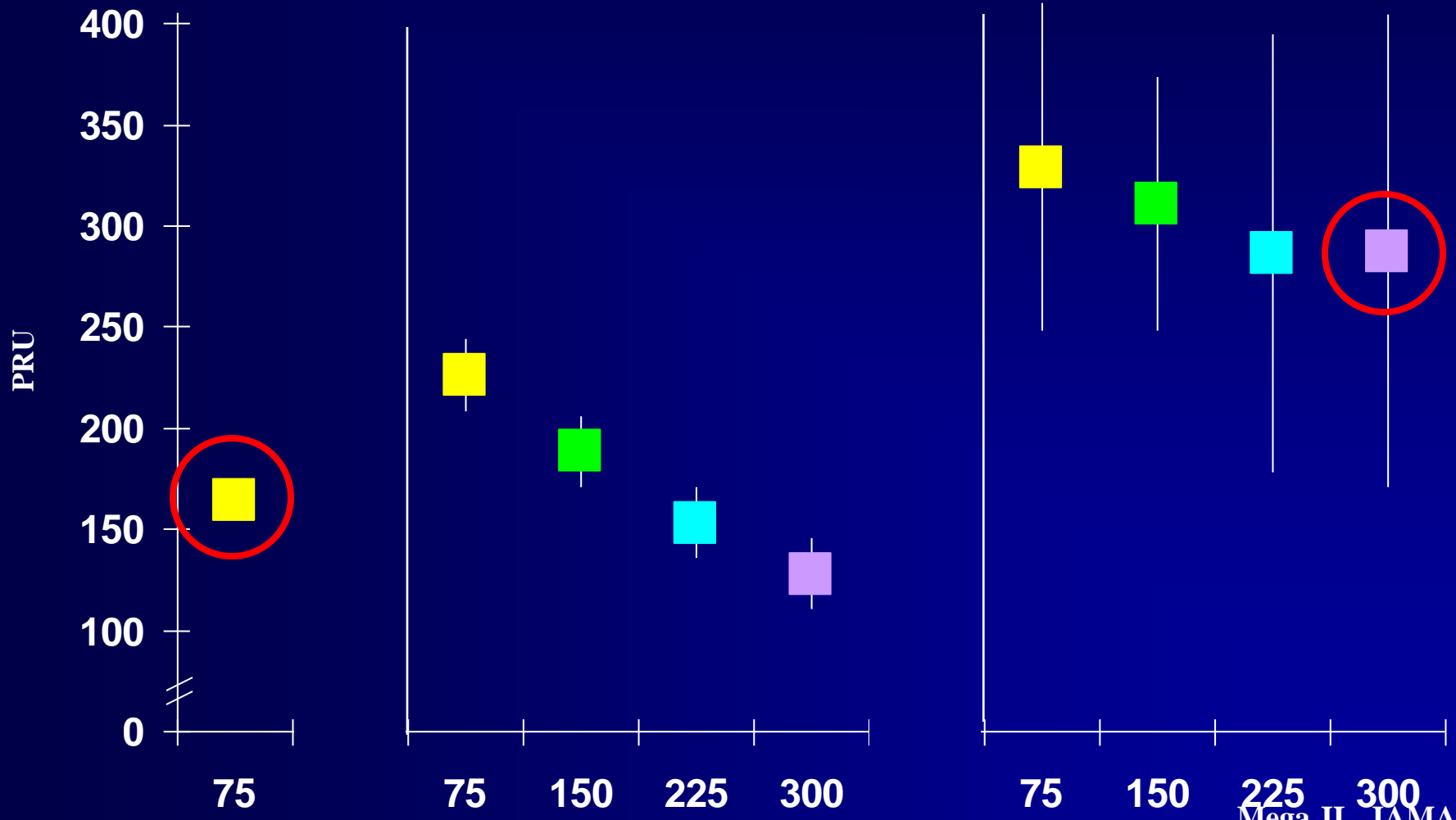


Each dose given for ~14 days followed by platelet function testing (**VASP** and **VerifyNow P2Y₁₂** assays) and assessment for events

Non-Carriers

***CYP2C19*2*
Heterozygotes**

***CYP2C19*2*
Homozygotes**



Squares represent the means and vertical lines the 95% confidence intervals.

Recent ACS: STEMI, NSTEMI, UA

Stabilized 1-7 Days Post-Index Event

Exclusions: increased bleeding risk, warfarin use, ICH,
prior stroke if on ASA + thienopyridine

ASA 75 to 100 mg/day

Stratified by Thienopyridine Use at MD Discretion

Placebo

n=5,176

Rivaroxaban

2.5 mg BID

n=5,174

Rivaroxaban

5.0 mg BID

n=5,176

PRIMARY ENDPOINTS:

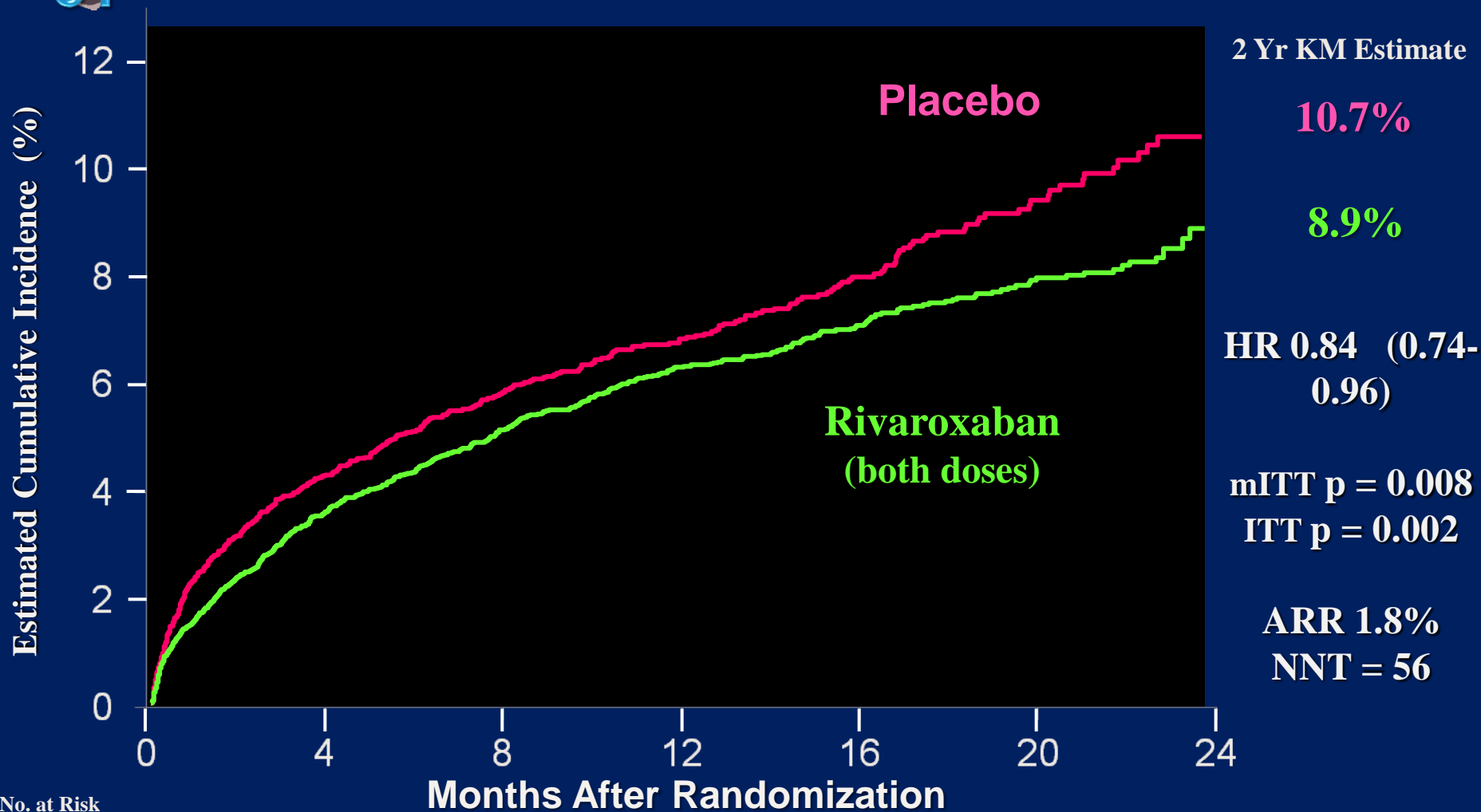
EFFICACY: CV Death, MI, Stroke (Ischemic, Hemorrhagic, or Uncertain Origin)

SAFETY: TIMI major bleeding not associated with CABG

Event driven trial with 1,002 primary efficacy events

PRIMARY EFFICACY ENDPOINT:

CV Death / MI / Stroke



No. at Risk	0	4	8	12	16	20	24
Placebo	5113	4307	3470	2664	1831	1079	421
Rivaroxaban	10229	8502	6753	5137	3554	2084	831

HR and 95% confidence interval estimates from Cox model stratified by thienopyridine use are provided per mITT approach; Stratified log-rank p-values are provided for both mITT and ITT approaches.

Current TIMI Trials

Follow-up Phase (N=5)

IMPROVE-IT (T40)

Ph3 – Ezetimibe post ACS

ENGAGE AF-TIMI 48

Ph3 – Edoxaban in AFib

ICE-T – TIMI 49

Ph3 – IC TNK in Primary PCI

TRA 2P-TIMI 50

Ph3 – Vorapaxar in CVD

SOLID-TIMI 52

Ph3 – PLA2 inhibitor in CAD

Currently Enrolling (N=4)

SAVOR-TIMI 53

Ph3 – DPP4 in DM

PEGASUS-TIMI 54

Ph3 – Ticagrelor post MI

HPS3-TIMI 55/Reveal

Ph3 – Anacetrapib in CAD

LAPLACE-TIMI 57

Ph2 - PCSK9 Inhibitor in ↑Chol

Future TIMI Trials

Treatments

Old and new antiplatelet agents

More proximal and oral anticoagulants

Novel lipid-modifying therapies

Diabetes treatment / prevention

Cardioprotective agents

Non-pharmacologic Rx

Strategies

Earlier therapy

Aggressive vs conservative

Markers of high-risk (genetic, clinical, biochemical)

Summary

Important Lessons from TIMI 1-50+

- **Clinical trials form a key step in the cycle of clinical therapeutics between the concept and the established guidelines**
- **Completed trials have helped established standards of care across ACS spectrum (lysis, anticoag, antiplatelets, lipid Rx, inv vs cons)**
- **Ongoing studies will further refine use of antithrombotics, anti-ischemics, lipid Rx, and other therapies in patients with CAD/ACS**

Ezetimibe + Simvastatin vs Simvastatin Alone post ACS



Patients stabilized post Acute Coronary Syndrome < 10 days
LDL \leq 125*mg/dL (or \leq 100**mg/dL if prior lipid-lowering Rx)

Double-blind

ASA + Standard Medical Therapy

N=18,000

Simvastatin 40 mg

Eze/Simva 10/40 mg

Follow-Up Visit Day 30, Every 4 Months

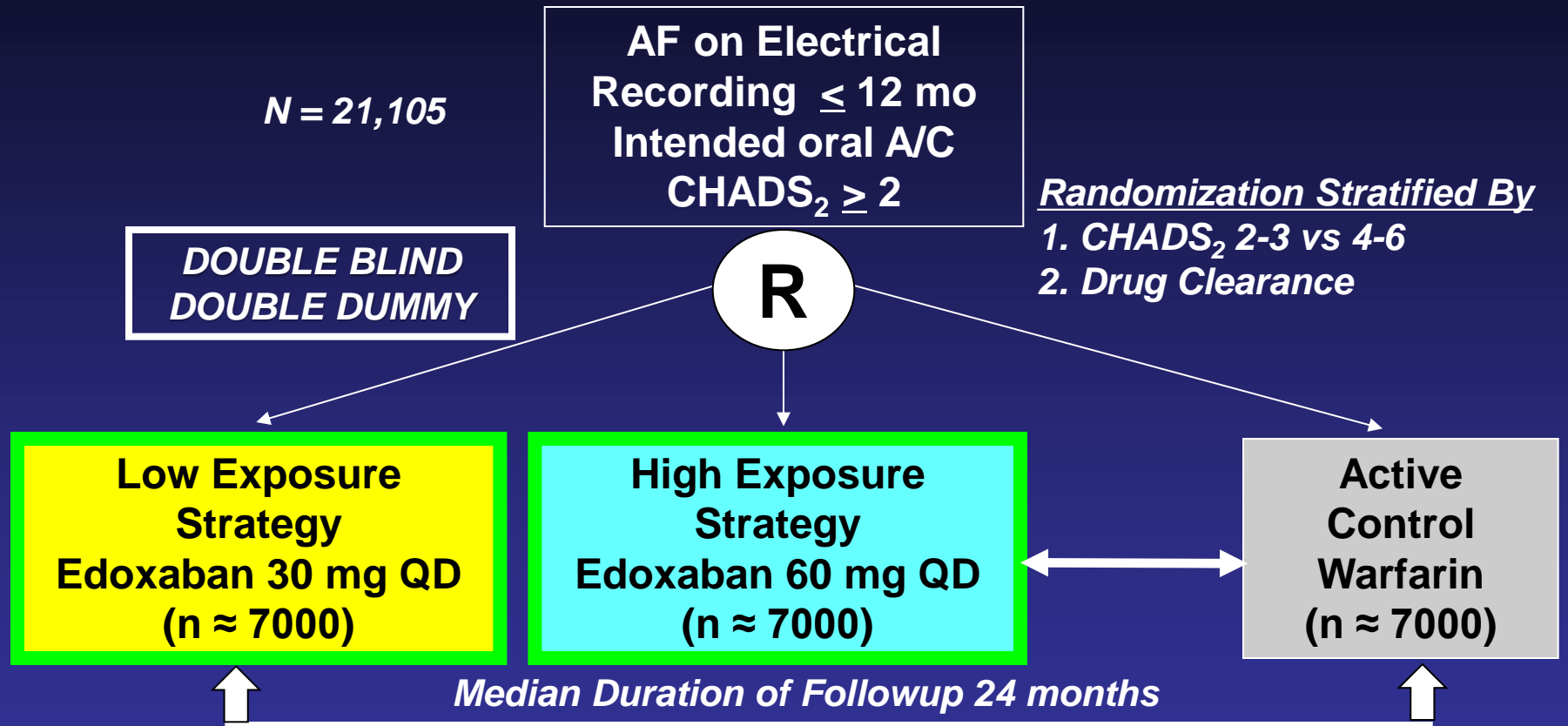
*3.2mM

**2.6mM

Duration: Minimum 2 1/2 year follow-up (>5250 events)

Primary Endpoint: CV Death, MI, Hospital Admission for UA, revascularization (> 30 days after randomization), or Stroke

Edoxaban (oral FXa inhibitor) in Atrial Fib



Primary Objective

Edoxaban: Therapeutically as Good as Warfarin

1^o EP = Stroke or SEE (**Noninferiority Boundary HR 1.38**)
2^o EP = Stroke or SEE or All-Cause Mortality
Safety EP's = Major Bleeding, Hepatic Function

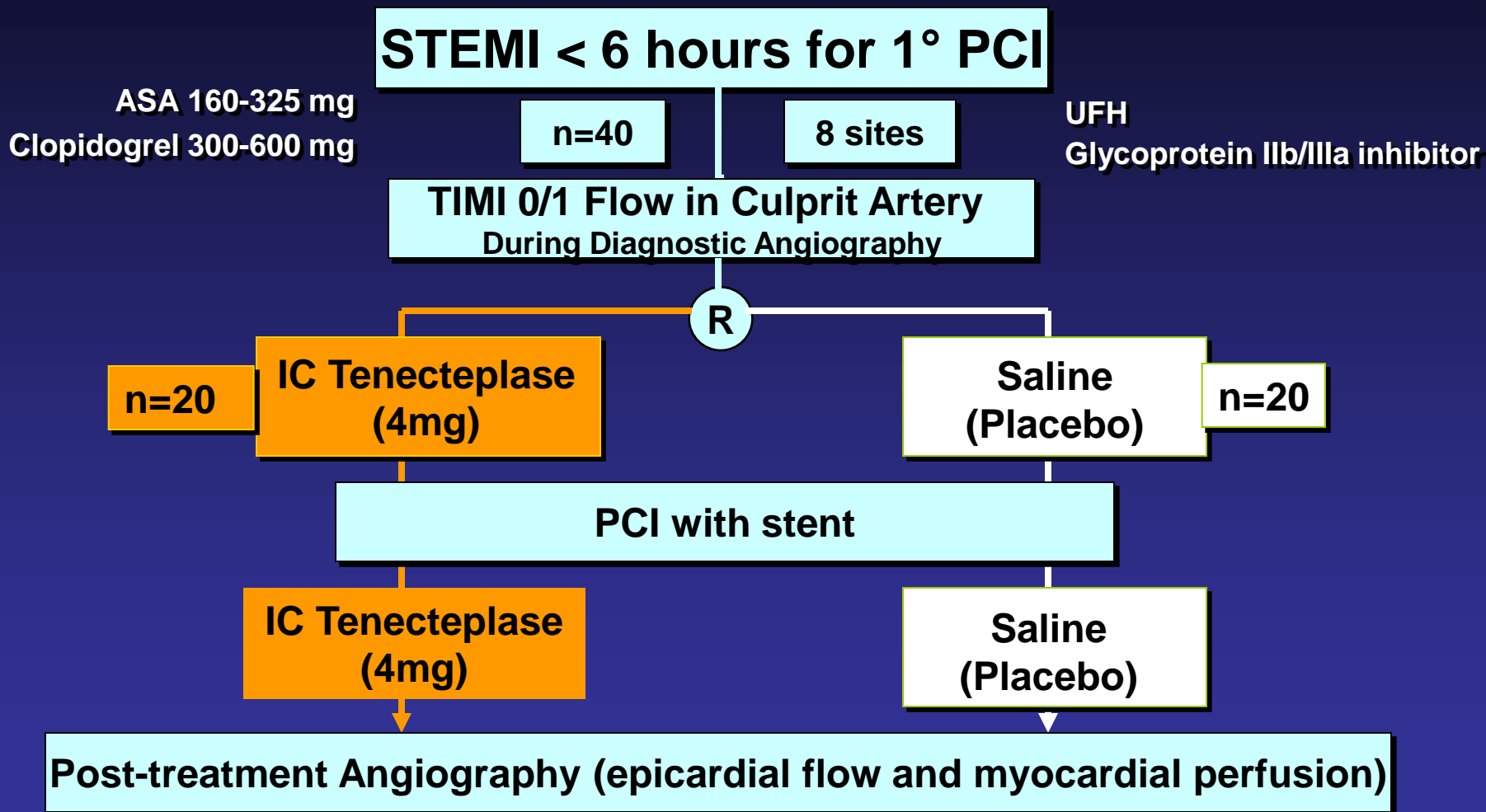
SEE = systemic embolic event

Ruff CR. AHJ 2010

**EVENT
DRIVEN**

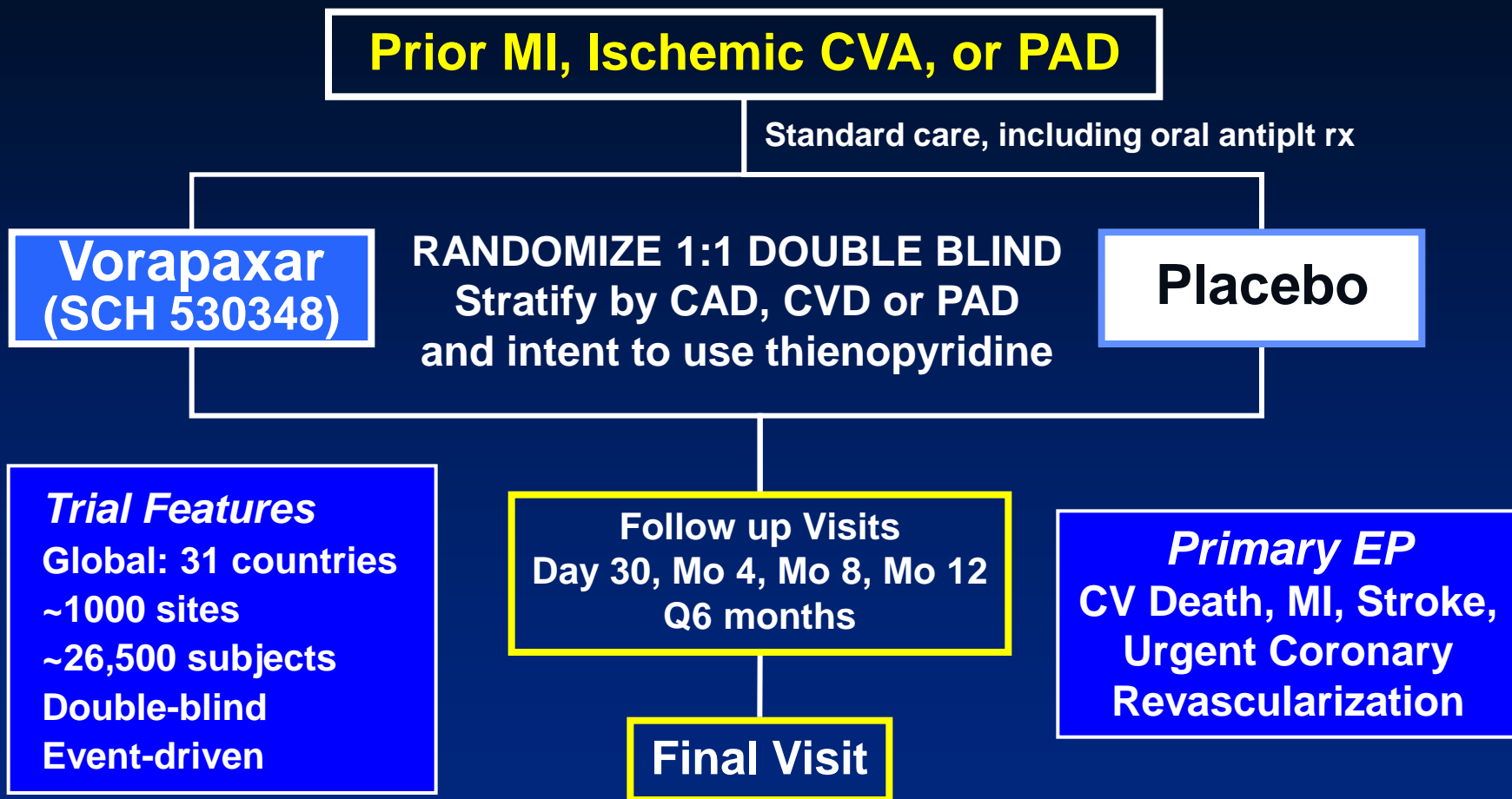


ICE T – TIMI 49: Intracoronary TNK in Primary PCI



Primary Endpoint: Improvement in % diameter stenosis after 1st administration of study drug

Thrombin Receptor Antagonist in Secondary Prevention of Atherothrombotic Ischemic Events (TRA 2°P)-TIMI 50



Major Secondary EP: CV death, non-fatal MI, non-fatal stroke

Stabilization Of pLaques using Darapladib (Lp-PLA₂ inhibitor)-TIMI 52

High-risk* patients ≤ 30 days post-ACS:
UA, NSTEMI or STEMI

* Must meet ≥ 1 enrichment criteria

Guideline-recommended background Rx,
including statins and antiplatelet drugs

Double-blind

Randomize 1:1

**Darapladib
(160mg daily)**

**Placebo
(daily)**

Anticipated median f/u ~ 3y

Event driven
Total N ~ 11,500
Total events ~ 1500

Primary Endpoint: CV Death, Non-fatal MI, or Non-Fatal Stroke

Saxagliptin (DPP-4 inhibitor) Assessment of Vascular Outcomes Recorded in DM - TIMI 53

Documented Type 2 Diabetes

N ~ 12000

Established CV disease or Multiple Risk Factors

RANDOMIZE 1:1 DOUBLE BLIND

Dosing based on eGFR

All other DM Rx per treating MD

**SAXAGLIPTIN
2.5 or 5 mg/d**

PLACEBO

Follow-up
Min. 3 yr

Duration
Event driven (n=1040)
Estimated time ~ 5 yr

Follow up Visits
Q6 months

Final Visit

Primary EP
CV Death, Non-fatal MI,
Non-Fatal Ischemic
Stroke

Major Secondary EP: CV death, non-fatal MI, non-fatal stroke, or hospitalization for heart failure, unstable angina pectoris, or coronary revascularization

History of MI 1-3 yrs prior
+ ≥ 1 additional atherothrombosis risk factor*

N ~ 21,000

RANDOMIZE
DOUBLE BLIND

* *Age ≥ 65 yrs, diabetes, 2nd prior MI, multivessel CAD, or chronic non-end stage renal dysfunction*

Planned treatment with ASA 75 – 150 mg &
Standard background care

Ticagrelor
90 mg bid

Ticagrelor
60 mg bid

Placebo

Follow-up Visits
Q4 mos for 1st yr, then Q6 mos

Min 12 mos and median 26 mos follow-up
Event-driven trial

Primary Efficacy Endpoint: CV Death, MI, or
Stroke

Primary Safety Endpoint: TIMI Major Bleeding



**Age ≥ 50 and ≥ 1 of following:
Hx of prior MI, CVD, PAD, or Diabetes
with Symptomatic CAD**

Total Cholesterol ≤ 155 mg/dL

**Anacetrapib 100mg/d
+
Atorvastatin**

*Minimized
Randomization
Double-blind*

**Placebo
+
Atorvastatin**

Follow up Visits
At month 2 and 6, and every 6 months
thereafter.

Final visit

Primary Endpoint

- CV death / MI / Coronary Revascularization

Trial features

- ~30,000 subjects
- ~400 hospitals
- Event driven
- ~4y median f/u

Major Secondary Endpoints: CV death, coronary death or MI, coronary revascularization procedure, or ischemic stroke



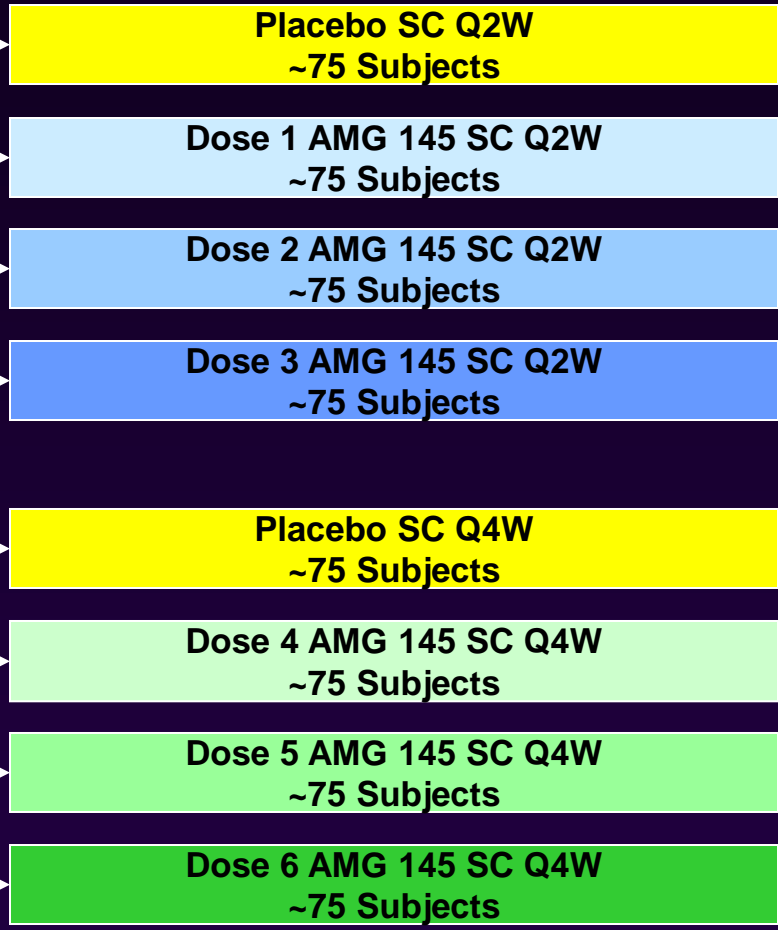
Trial Design

Screening and Placebo Run-in Period

Fasting LDL-C 5-10 days before randomization

Subcutaneous injection of 6 mL placebo

Randomization 1:1:1:1:1:1



EOS

Enrollment in extension Study, if applicable

