

# Lessons from Korean Multicenter Bifurcation Stenting Registry

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**For the COBIS Investigators**

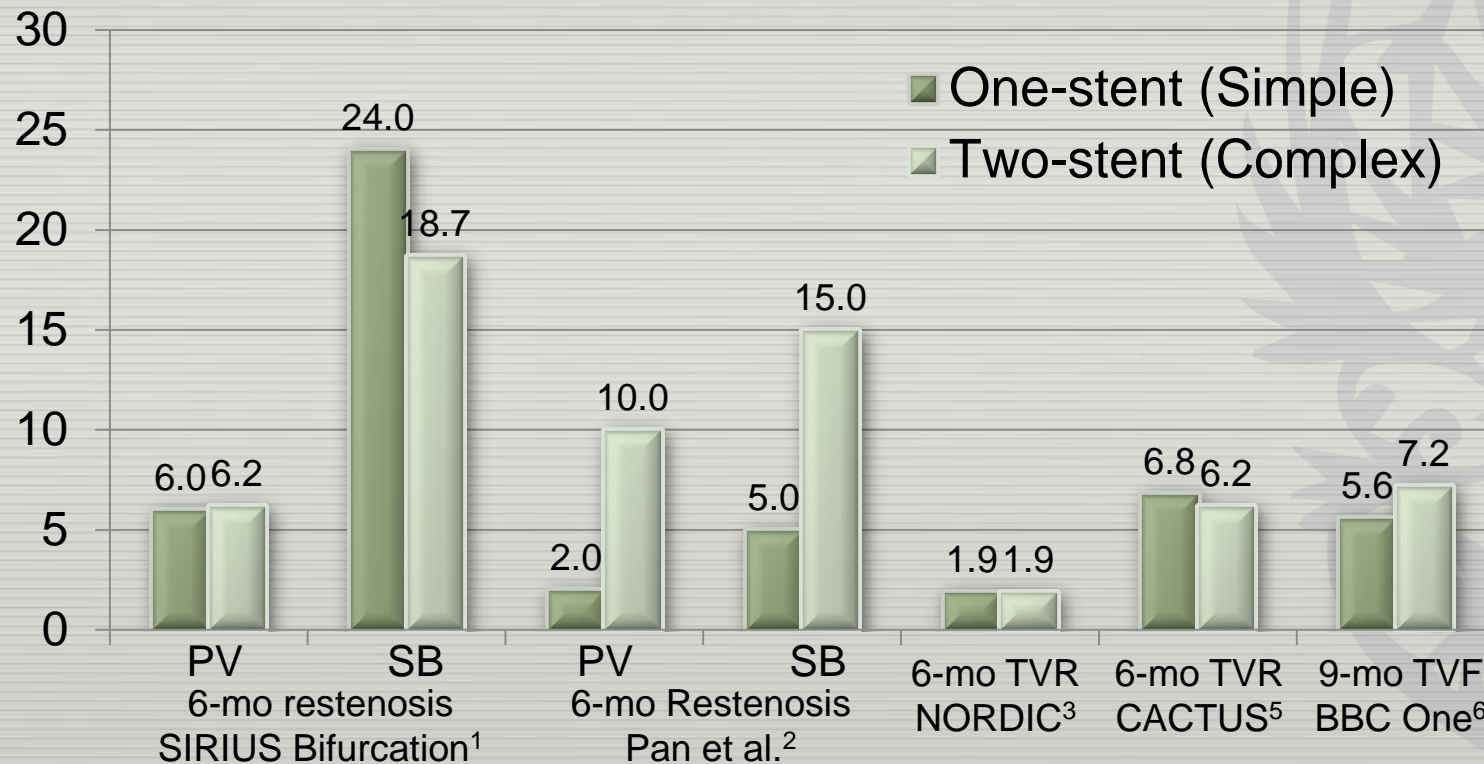
# Bifurcation Lesions in the DES Era

- Even in this era of DES, the coronary bifurcation lesion remains a complex lesion subset to treat.
- Most of the previous studies have been focused on a certain types of stents or stenting techniques, and have been too small to show overall outcomes in various subgroups.
- To date, there has been no large, real-world registry of DES implantation in coronary bifurcation lesions.

# Bifurcation Lesions in the DES Era

## The results varied according to stent techniques

In RCTs, patients are selected, and CAG FU rate is high, which may not reflect the real world experience



1. Colombo A, Circulation 2004    2. Pan M, AHJ 2004    3. Steigen, Circulation 2006  
4. Colombo A, EuroPCR 2008    5. Hildick-Smith D. TCT 2008

# Coronary Bifurcation Stent Registry

## ■ Study design

- ▣ Multi-center retrospective real-world registry of drug-eluting stenting for coronary bifurcation lesions from 16 cardiovascular intervention centers in Korea

## ■ Inclusion criteria

- 1) DES implantation in the coronary bifurcation lesion in 2004.1 ~ 2006.6
- 2) Main vessel diameter  $\geq 2.5$  mm and **side branch diameter  $\geq 2.0$  mm**

## ■ Exclusion criteria

- 1) Cardiogenic Shock
- 2) ST elevation MI within 48 hours
- 3) Expected survival less than 1 year
- 4) **Left main bifurcation**

# Baseline Characteristics

**1691 lesions in 1668 patients from 16 hospitals in South Korea**

|                 |                    |                         |                     |
|-----------------|--------------------|-------------------------|---------------------|
| Male sex        | 1116 (66.9%)       | Periph Vasc Disease     | 26 (1.5%)           |
| Age             | 62.1±10.3 years    | CVA history             | 87 (5.2%)           |
| Diagnosis       |                    | CRF                     | 55 (3.3%)           |
| Silent ischemia | 61 (3.7%)          | Previous MI             | 139 (8.3%)          |
| Stable angina   | 638 (38.2%)        | LVEF<50% (N=1195)       | 203(17.0%)          |
| UA/NSTEMI       | 880 (52.8%)        | Location                |                     |
| STEMI           | 89 (5.3%)          | RCA                     | 93 (5.5%)           |
| <b>Diabetes</b> | <b>513 (30.8%)</b> | <b>LAD</b>              | <b>1288 (76.2%)</b> |
| Hypertension    | 987 (59.2%)        | LCX                     | 310 (18.3%)         |
| Dyslipidemia    | 521 (31.2%)        | <b>True bifurcation</b> | <b>1170 (69.2%)</b> |
| Smoking         | 405 (24.3%)        |                         |                     |

UA = unstable angina; NSTEMI = non-ST elevation myocardial infarction;  
STEMI = ST elevation myocardial infarction; FHx of CAD = family history of coronary artery disease; CVA = cerebrovascular accident; CRF = chronic renal failure; MI = myocardial Infarction; LVEF = left ventricular ejection fraction; RCA = right coronary artery;; LAD = left anterior descending artery; LCX = left circumflex artery

# Procedural Characteristics

|                                 |                     |                                   |                     |
|---------------------------------|---------------------|-----------------------------------|---------------------|
| Transradial approach            | 503 (30.2%)         | Main vessel                       |                     |
| <b>2-stent technique</b>        | <b>293 (17.3%)</b>  | Stent number $\geq 2$             | 319 (18.9%)         |
| Final kissing ballooning        | 687 (41.2%)         | Max. stent D $\geq 3.5$ mm        | 632 (38.4%)         |
| 2-stent technique               |                     | Total stent length $\geq 30$ mm   | 734 (44.6%)         |
| T-stenting                      | 140 (47.8%)         | Side branch                       |                     |
| Crush                           | 100 (34.2%)         | Stent number $\geq 2$             | 10 (3.1%)           |
| V-stenting                      | 43 (14.7%)          | Max. stent D $\geq 3.0$ mm        | 97 (30.4%)          |
| Culottes                        | 10 (3.4%)           | Total stent length $\geq 30$ mm   | 48 (15.0%)          |
| <b>IVUS guidance</b>            | <b>532 (31.9%)</b>  | <b>Angiographic success (MV)*</b> | <b>1671 (98.8%)</b> |
| Main vessel stent               |                     | <b>Angiographic success (SB)*</b> | <b>1084 (64.1%)</b> |
| <b>Sirolimus-eluting stent</b>  | <b>1070 (63.3%)</b> | Peak CK-MB > 3X URL               | 227 (15.4%)         |
| <b>Paclitaxel-eluting stent</b> | <b>573 (33.9%)</b>  |                                   |                     |
| Others                          | 48 (2.8%)           |                                   |                     |

\* MV=main vessel, SB=side branch, URL = upper reference limit

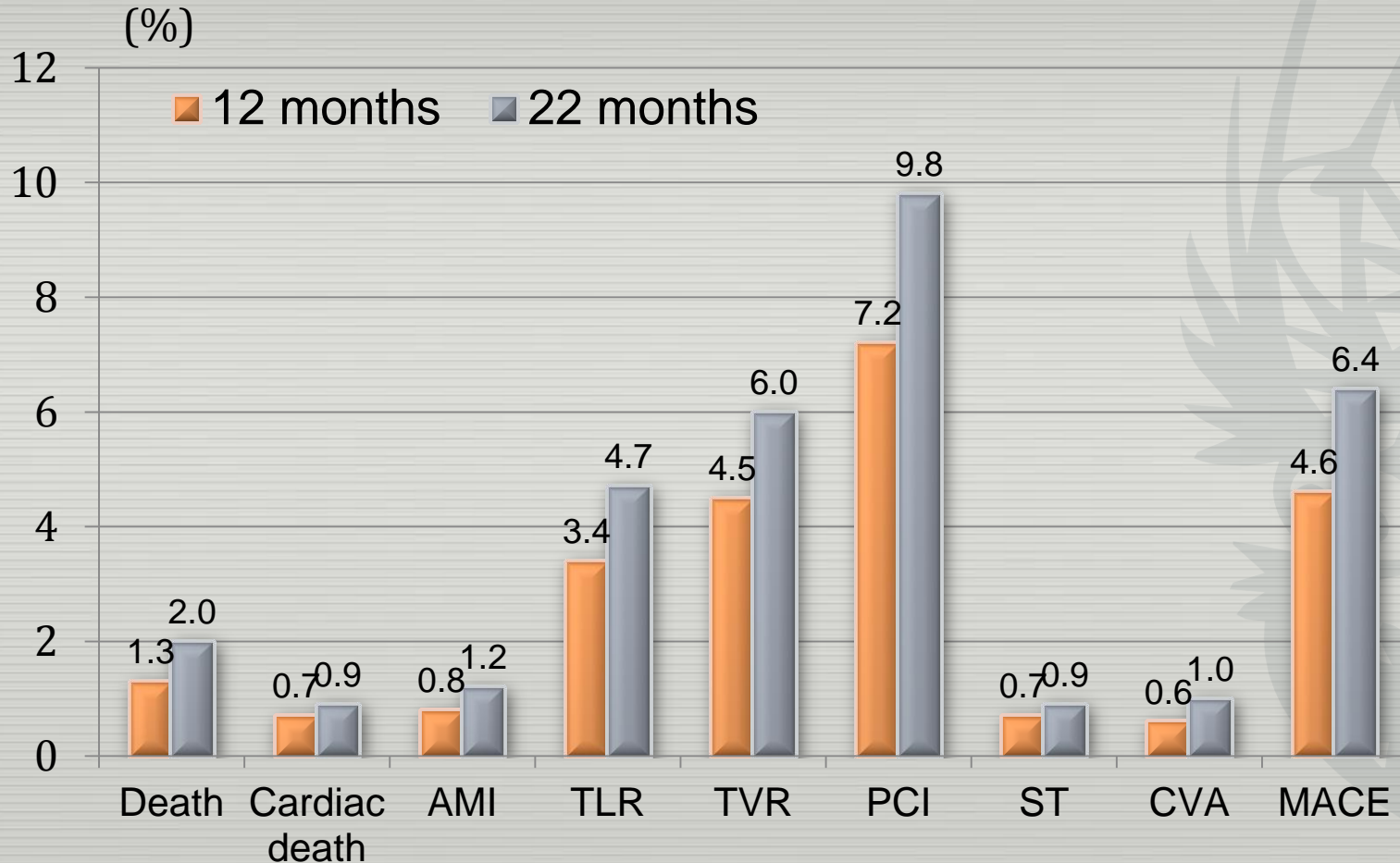
\* Angiographic success

- MV: residual stenosis <30% and TIMI=3

- SB: residual stenosis <50% and TIMI=3

# One-year Clinical Events

**One-year FU rate 97.8%, Median FU 22.2 months**



MACE = cardiac death, AMI, or TLR

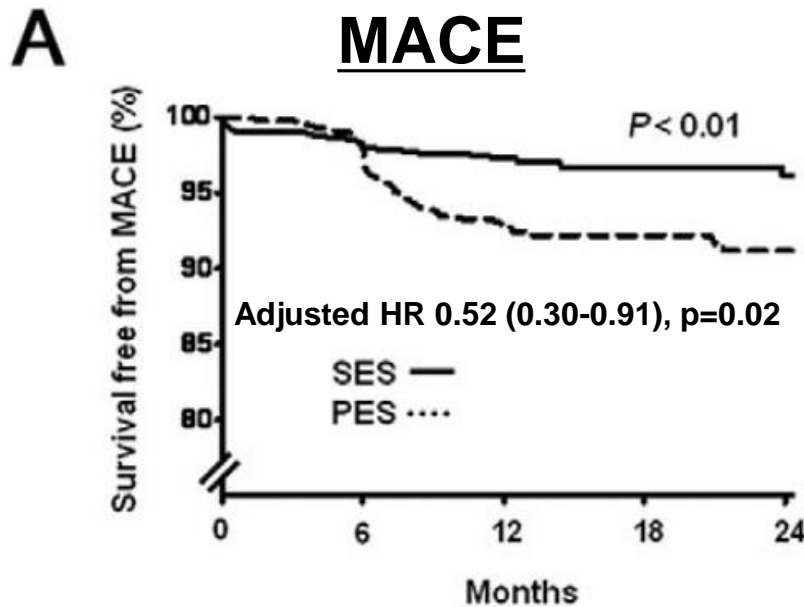
# Risk Factors for MACE

|                                 | Univariate analysis                                     |                  |         | Multivariate Cox hazard model |                          |                  |       |       |
|---------------------------------|---|------------------|---------|-------------------------------|--------------------------|------------------|-------|-------|
|                                 | No  | Yes              | p value | HR [95% CI]                   | p value                  |                  |       |       |
| Acute coronary syndrome         | 5.1%  | 7.2%             | 0.079   | 1.29 [0.81-2.07]              | 0.286                    |                  |       |       |
| Female sex                      | <b>Statistically Significant Independent Predictors</b> |                  |         |                               | 0.590                    |                  |       |       |
| Age ≥ 65 years                  |   |                  |         |                               | HR [95% CI]              | p value          | 0.157 |       |
| Acute coronary syndrome         |   |                  |         |                               | PES in MV                | 1.98 [1.34-2.92] | 0.001 | 0.253 |
| Diabetes                        |   |                  |         |                               | MV stent total length    | 1.02 [1.01-1.03] | 0.030 | 0.842 |
| Chronic renal failure           |   |                  |         |                               | Final kissing ballooning | 2.01 [1.29-3.13] | 0.002 | 0.499 |
| Previous MI history             |   |                  |         | 0.517                         |                          |                  |       |       |
| LAD location                    | 6.5%  | 6.2%             | 0.862   | 0.75 [0.45-1.26]              | 0.282                    |                  |       |       |
| True bifurcation                | <b>Important Non-Predictors</b>                         |                  |         |                               | 0.860                    |                  |       |       |
| SB diameter ≥ 2.5 mm            |   |                  |         |                               | HR [95% CI]              | p value          | 0.224 |       |
| Two-stent technique             |   |                  |         |                               | True bifurcation         | 1.05 [0.60-1.83] | 0.860 | 0.982 |
| Final kissing ballooning        |   |                  |         |                               | Two-stent technique      | 0.99 [0.54-1.82] | 0.982 | 0.043 |
| IVUS guidance                   |   |                  |         |                               | IVUS guidance            | 1.18 [0.71-1.97] | 0.526 | 0.526 |
| PES in MV                       | SB angiographic success                                 | 0.99 [0.56-1.74] | 0.959   | 0.007                         |                          |                  |       |       |
| SB angiographic success         |   |                  |         | 0.959                         |                          |                  |       |       |
| MV max. stent diameter ≥ 3.5 mm | 7.2%  | 5.1%             | 0.085   | 0.70 [0.43-1.15]              | 0.157                    |                  |       |       |
| MV stent total length ≥ 30 mm   | 4.6%  | 8.6%             | 0.001   | 2.17 [1.37-3.44]              | 0.001                    |                  |       |       |



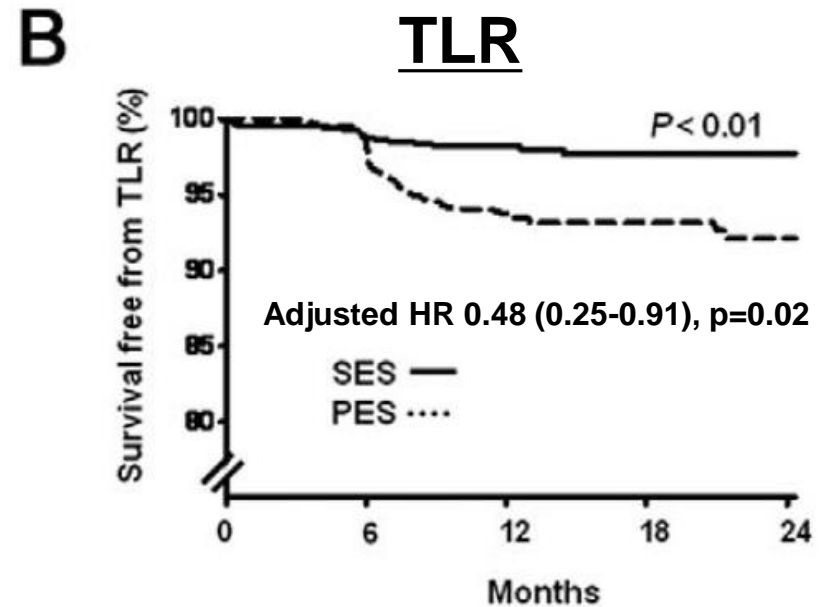
# SES vs. PES

## Propensity-Score Matched (407 pairs)



No. at risk

|     |     |     |     |     |     |
|-----|-----|-----|-----|-----|-----|
| SES | 407 | 399 | 393 | 255 | 193 |
| PES | 407 | 396 | 369 | 218 | 154 |

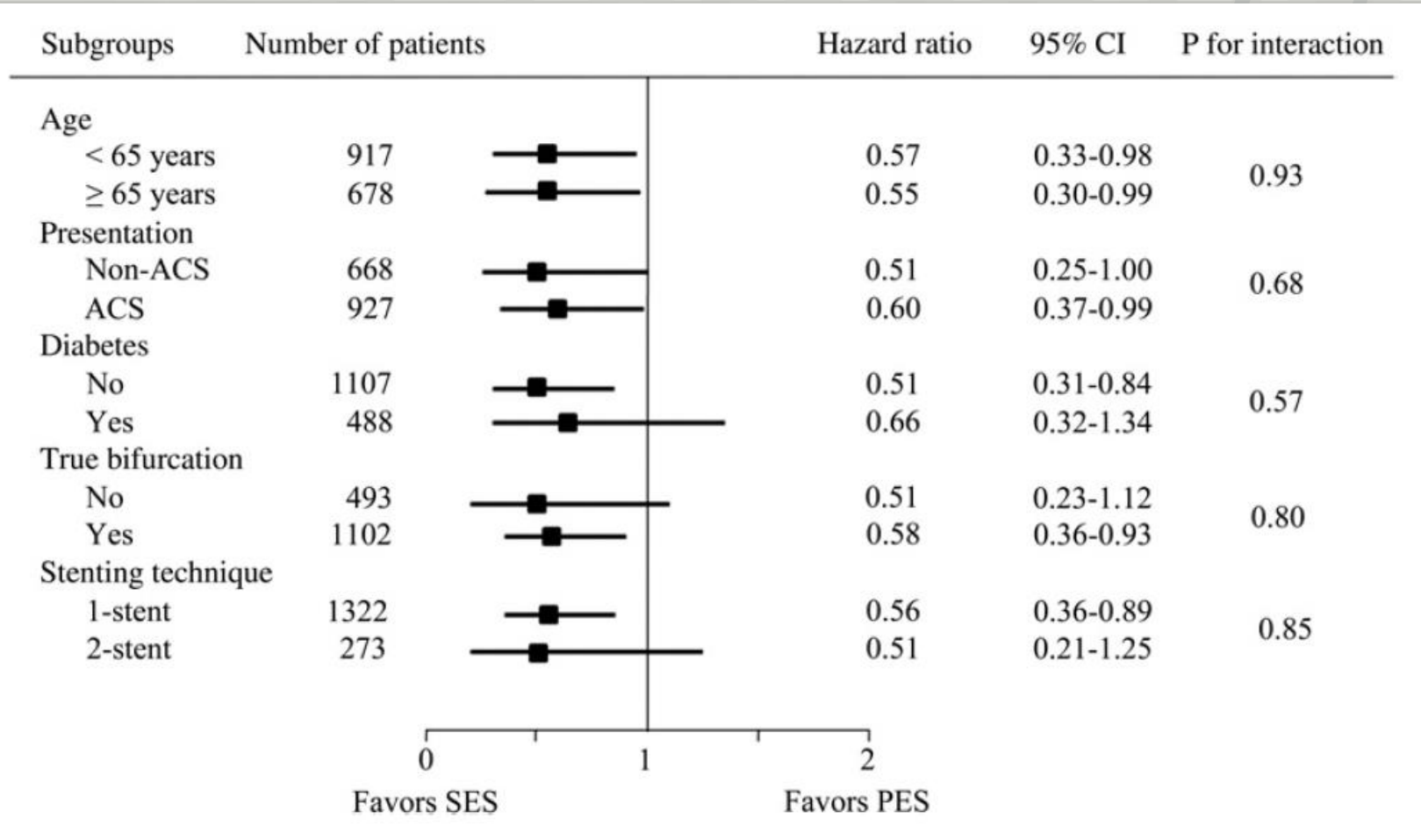


No. at risk

|     |     |     |     |     |     |
|-----|-----|-----|-----|-----|-----|
| SES | 407 | 399 | 393 | 255 | 194 |
| PES | 407 | 397 | 371 | 219 | 155 |

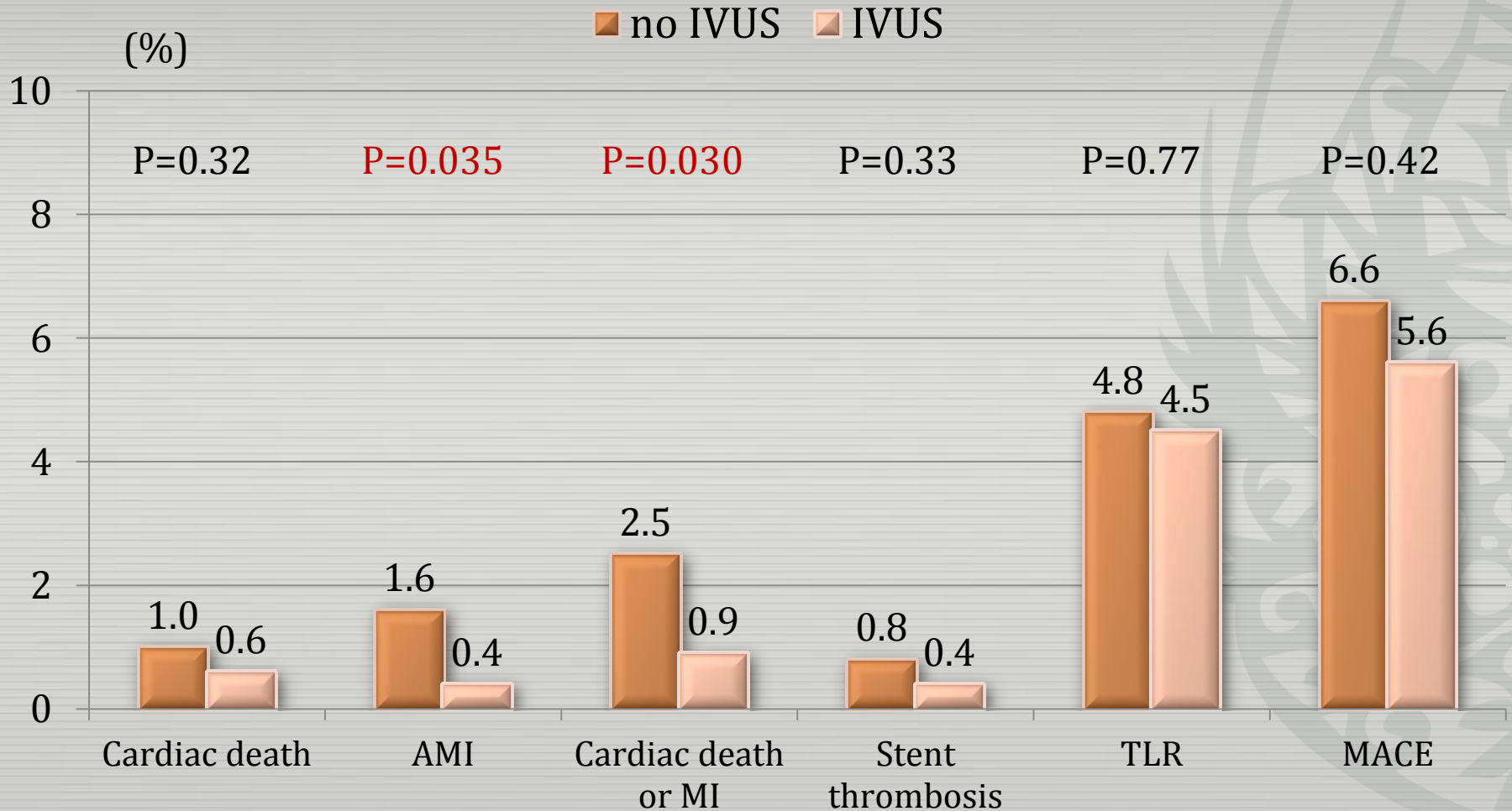
# SES vs. PES

## Subgroup Analysis



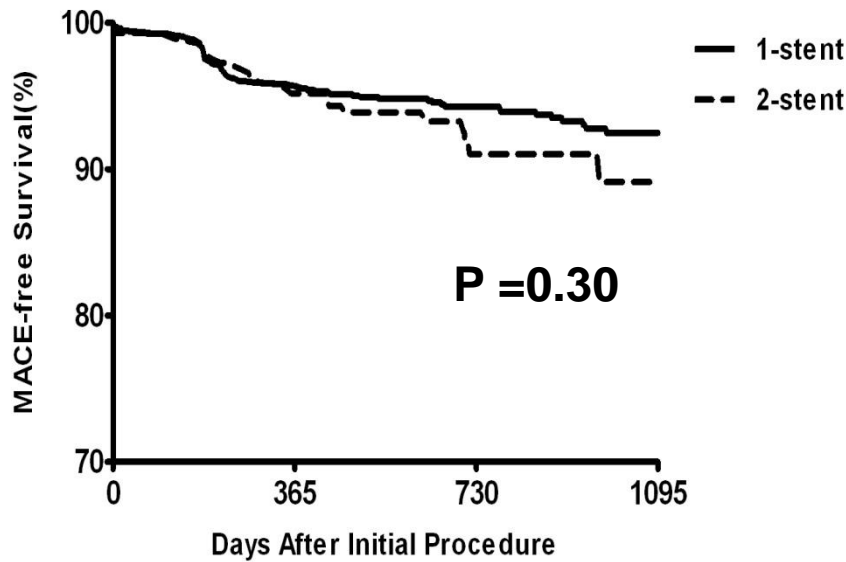
# IVUS Guidance in COBIS

• MACE = cardiac death, MI, or TLR

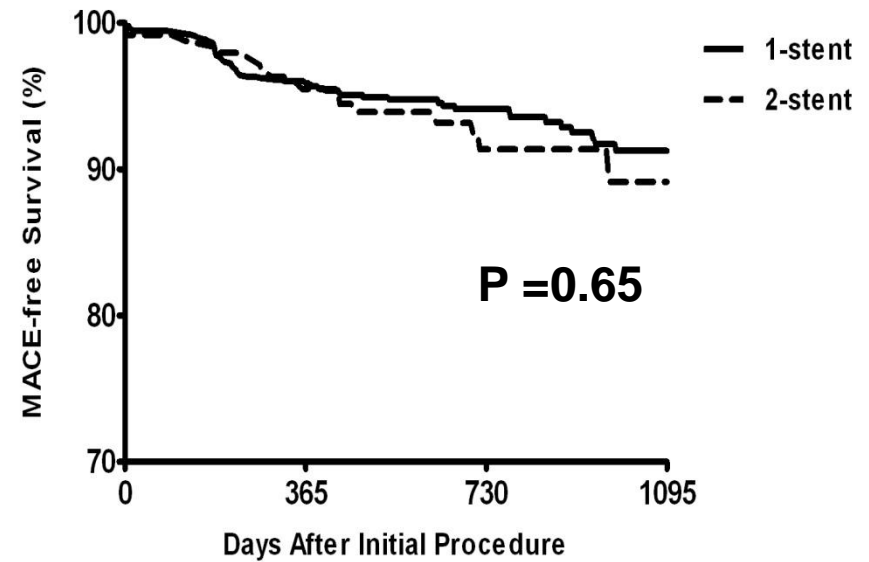


# One-Stent vs. Two-Stent Technique

**MACE  
in all patients**



**MACE  
in true bifurcation group**

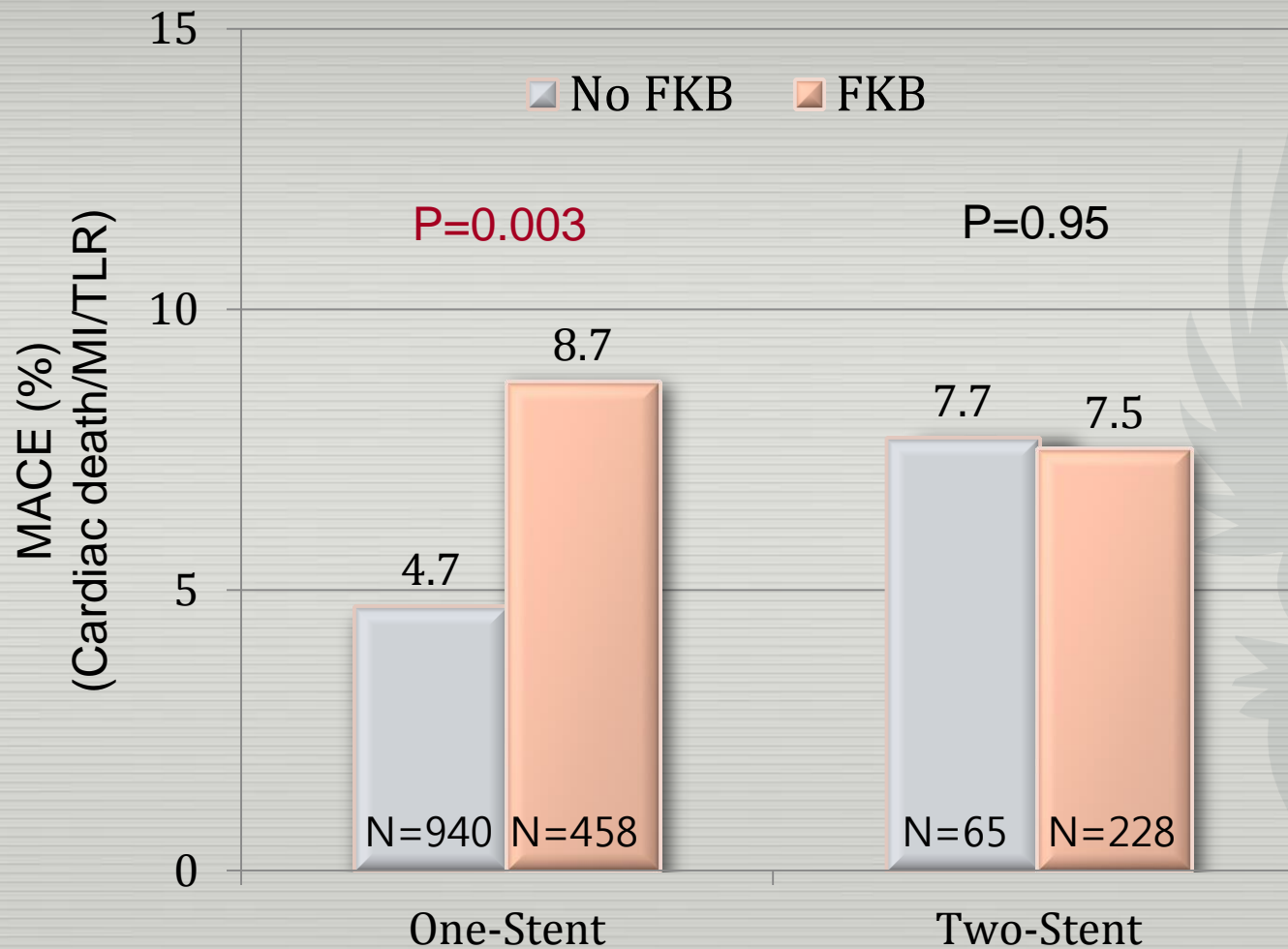


|         |      |      |     |     |
|---------|------|------|-----|-----|
| 1-stent | 1376 | 1283 | 602 | 258 |
| 2-stent | 292  | 269  | 117 | 36  |

|         |     |     |     |     |
|---------|-----|-----|-----|-----|
| 1-stent | 911 | 853 | 386 | 166 |
| 2-stent | 246 | 227 | 98  | 32  |

# Final Kissing Ballooning

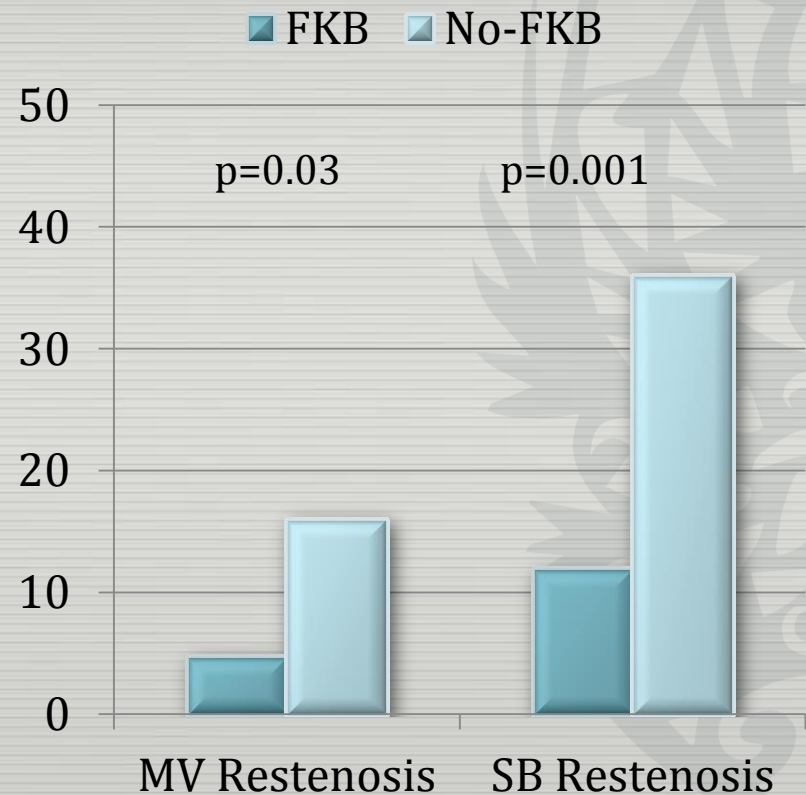
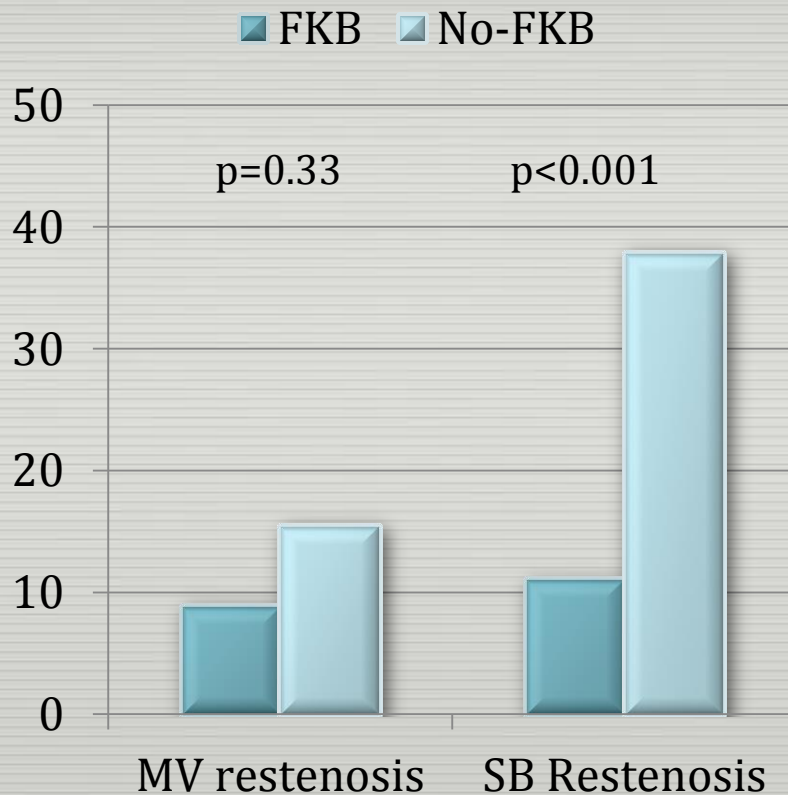
## One-stent vs. Two-stent



# Final Kissing Ballooning Is Important in Crush Technique

**Crush Technique<sup>1</sup>**

**CACTUS: Mostly Crush Technique<sup>2</sup>**



1. Ge L, JACC 2005

2. Colombo A, CACTUS, Circulation 2009

# NORDIC III Study

## FKB vs. no FKB in 1-Stent Technique

|                           | No Kissing<br>(N=239) | Kissing<br>(N=238) | P-value |
|---------------------------|-----------------------|--------------------|---------|
| Procedure time (min)      | 47±22                 | 61±28              | 0.0001  |
| Fluorosc. Time (min)      | 11±10                 | 16±12              | 0.0001  |
| Contrast (ml)             | 200±92                | 235±97             | 0.0001  |
| 6-mo MACE (%)             | 2.9                   | 2.9                | NS      |
| 6-mo Index lesion MI (%)  | 2.2                   | 0.0                | NS      |
| 6-mo TLR (%)              | 2.1                   | 1.3                | NS      |
| 6-mo Stent thrombosis (%) | 0.4                   | 0.4                | NS      |

Short follow-up duration

Small sample size for low MACE rate

If baseline event rate is 2.9%, you need 3,200 patients to prove 50% of risk reduction (power 0.8, alpha error 0.05).

# COBIS: Elective SB Ballooning

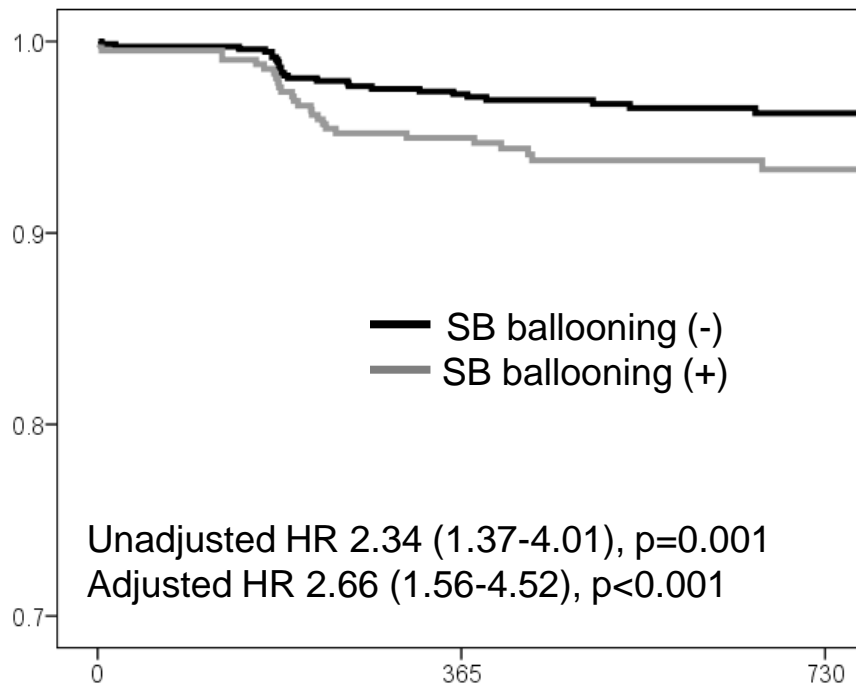
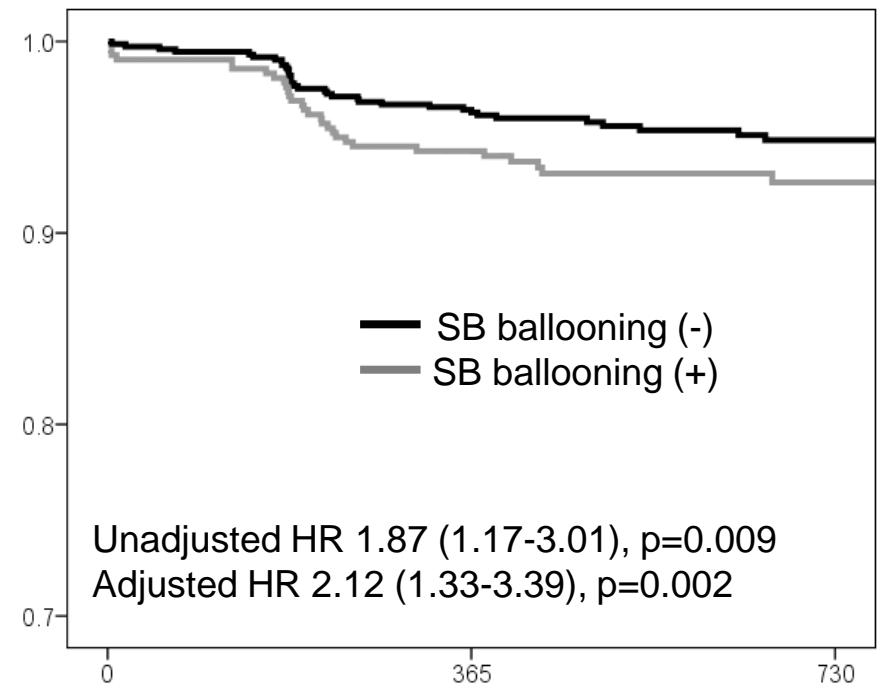
- Subjects: elective SB ballooning after MV stenting in one-stent group
  - ▣ Excluding bail-out SB ballooning due to TIMI flow < 3 or a significant dissection
- SB ballooning after MV stenting was not followed by final kissing ballooning in 20% of the lesions.

## 1-stent technique





# Elective SB Ballooning in 1-Stent Group (N=1133)

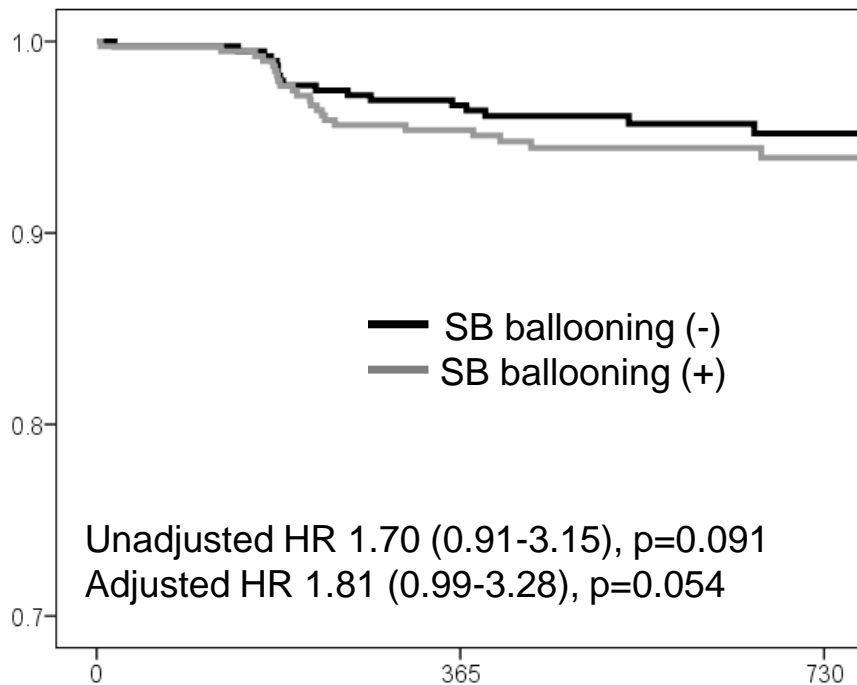
**TLR****MACE**

\*Adjusted covariates included age, diabetes, acute coronary syndrome, stent type, true bifurcation, intravascular ultrasound guidance, post-procedural MV MLD, post-procedural SB MLD, and lesion length of main vessel

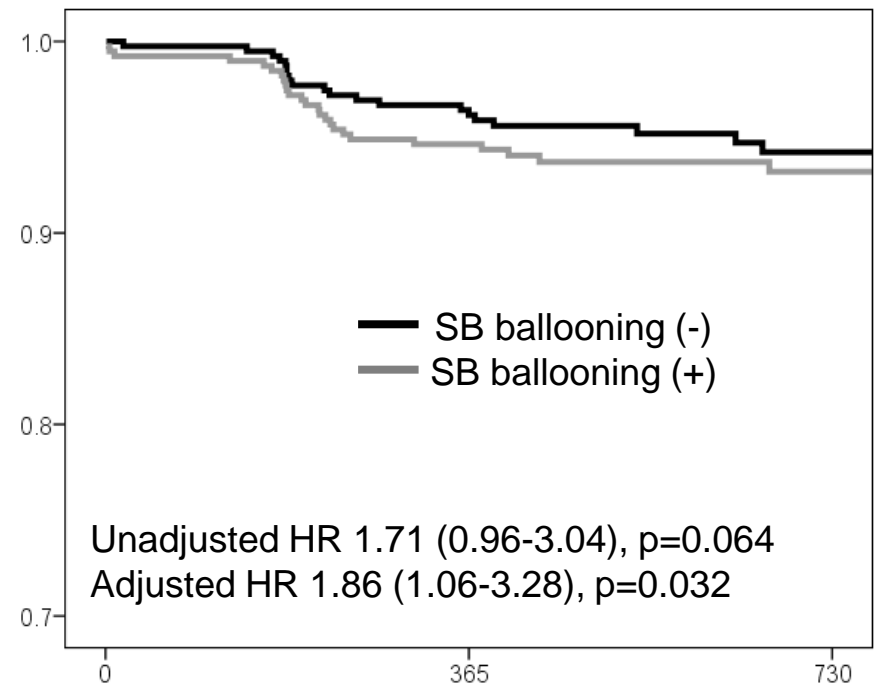
# Elective SB Ballooning in 1-Stent Group

N=786 (393 pairs) of propensity score-matched group

## TLR



## MACE



\*Adjusted covariates included age, diabetes, acute coronary syndrome, stent type, true bifurcation, intravascular ultrasound guidance, post-procedural MV MLD, post-procedural SB MLD, and lesion length of main vessel

# COBIS: Elective SB Ballooning

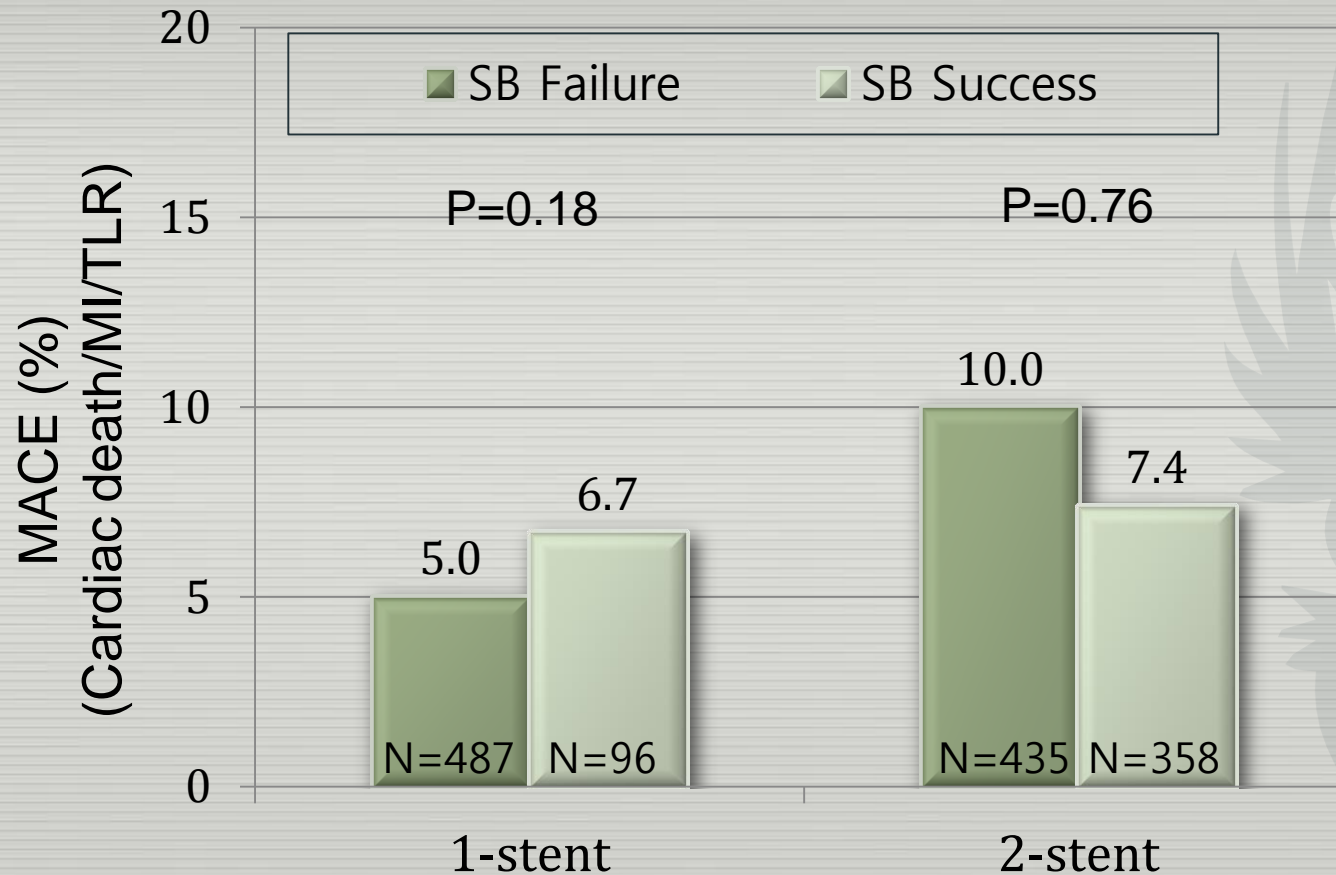
## QCA Results of Propensity Score-Matched Population

|                       | Pre-PCI           |                |         | Post-PCI          |                |         |
|-----------------------|-------------------|----------------|---------|-------------------|----------------|---------|
|                       | No SBB<br>(n=393) | SBB<br>(n=393) | p Value | No SBB<br>(n=393) | SBB<br>(n=393) | p Value |
| MV proximal RD (mm)   | 3.07±0.52         | 3.07±0.51      | 0.99    | 3.16±0.52         | 3.14±0.52      | 0.46    |
| MV distal RD (mm)     | 2.44±0.45         | 2.45±0.43      | 0.65    | 2.61±0.48         | 2.55±0.46      | 0.048   |
| SB distal RD (mm)     | 2.09±0.41         | 2.16±0.41      | 0.03    | 2.03±0.49         | 2.18±0.41      | <0.001  |
| MV proximal MLD (mm)  | 1.45±0.85         | 1.47±0.79      | 0.69    | 2.74±0.51         | 2.86±0.47      | <0.001  |
| MB ostial MLD (mm)    | 1.24±0.62         | 1.19±0.58      | 0.29    | 2.61±0.49         | 2.59±0.44      | 0.55    |
| MV distal MLD (mm)    | 1.58±0.71         | 1.63±0.70      | 0.29    | 2.49±0.53         | 2.55±0.47      | 0.06    |
| SB ostial MLD (mm)    | 1.24±0.59         | 1.23±0.55      | 0.80    | 1.20±0.56         | 1.40±0.45      | <0.001  |
| SB distal MLD (mm)    | 1.55±0.56         | 1.66±0.57      | 0.007   | 1.53±0.56         | 1.73±0.52      | <0.001  |
| MV lesion length (mm) | 17.6±9.8          | 17.2±9.7       | 0.63    |                   |                |         |
| SB lesion length (mm) | 5.0±6.0           | 4.7±5.6        | 0.46    |                   |                |         |

**Better QCA results in SB ballooning group was not translated into better clinical outcome.**

# SB Ballooning Increases TLR?

## Angiographic success in SB was not important



# SB Ballooning Increase TLR?

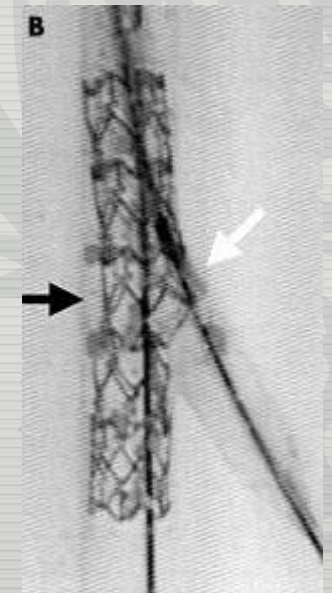
## Maybe due to MV stent deformation

### ■ Pros

- Scaffolding of SB ostium
- Access to SB preserved
- Correct distal stent sizing
- Optimizing proximal stent architecture

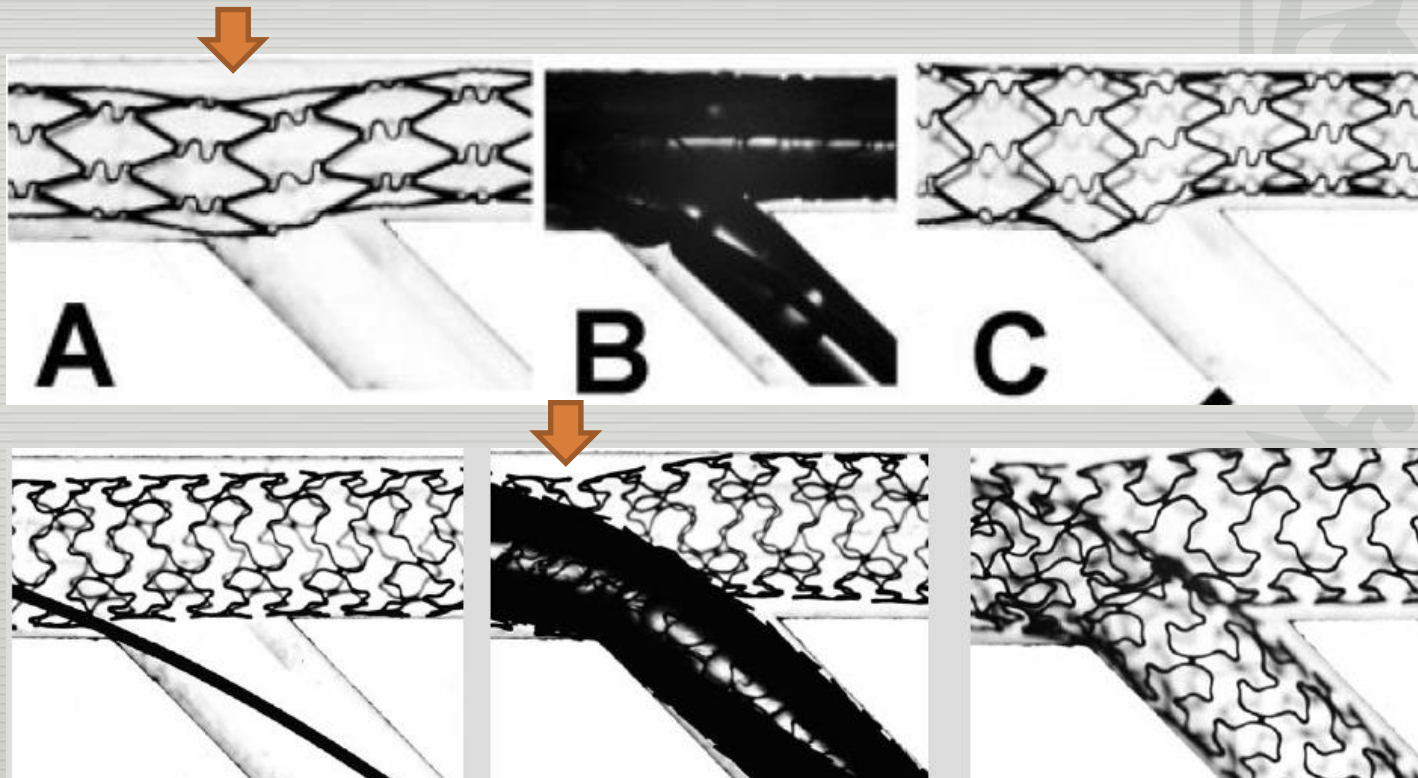
### ■ Cons

- Complicates procedure
- SB ostial injury
- **MV stent deformation**



# SB ballooning distorts MV stent struts

- Stent distortion can be corrected by kissing ballooning in the *in vitro* study .



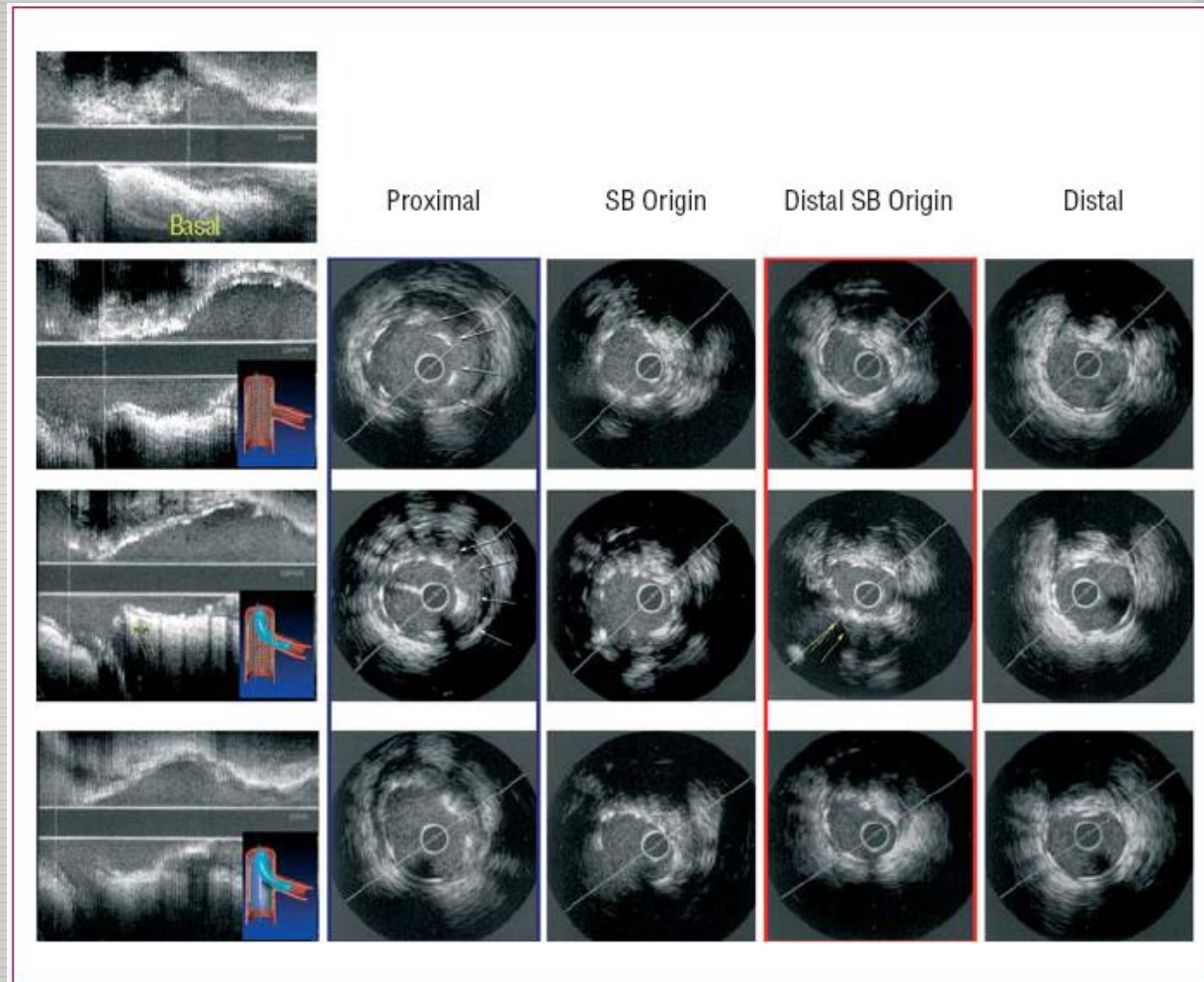
# Stent deformation was not corrected by kissing ballooning in clinical study

- N=23
  - ▣ IVUS after MV stenting
  - ▣ IVUS after SB ballooning
  - ▣ IVUS after Kissing ballooning

|                                     | Stent in MV | Dilatation of SB | Final KB  |
|-------------------------------------|-------------|------------------|-----------|
| Proximal SA, mm <sup>2</sup>        | 7.3 (1.9)   | 7.2 (1.9)        | 9.3 (2.9) |
| SA SB origin, mm <sup>2</sup>       | 6.2 (1.2)   | 6.1 (1.6)        | 6.8 (1.9) |
| SA after SB origin, mm <sup>2</sup> | 5.9 (1.2)   | 5.2 (1.1)        | 5.6 (1.3) |
| Distal SA, mm <sup>2</sup>          | 6.3 (1.3)   | 6.3 (1.2)        | 6.3 (1.2) |

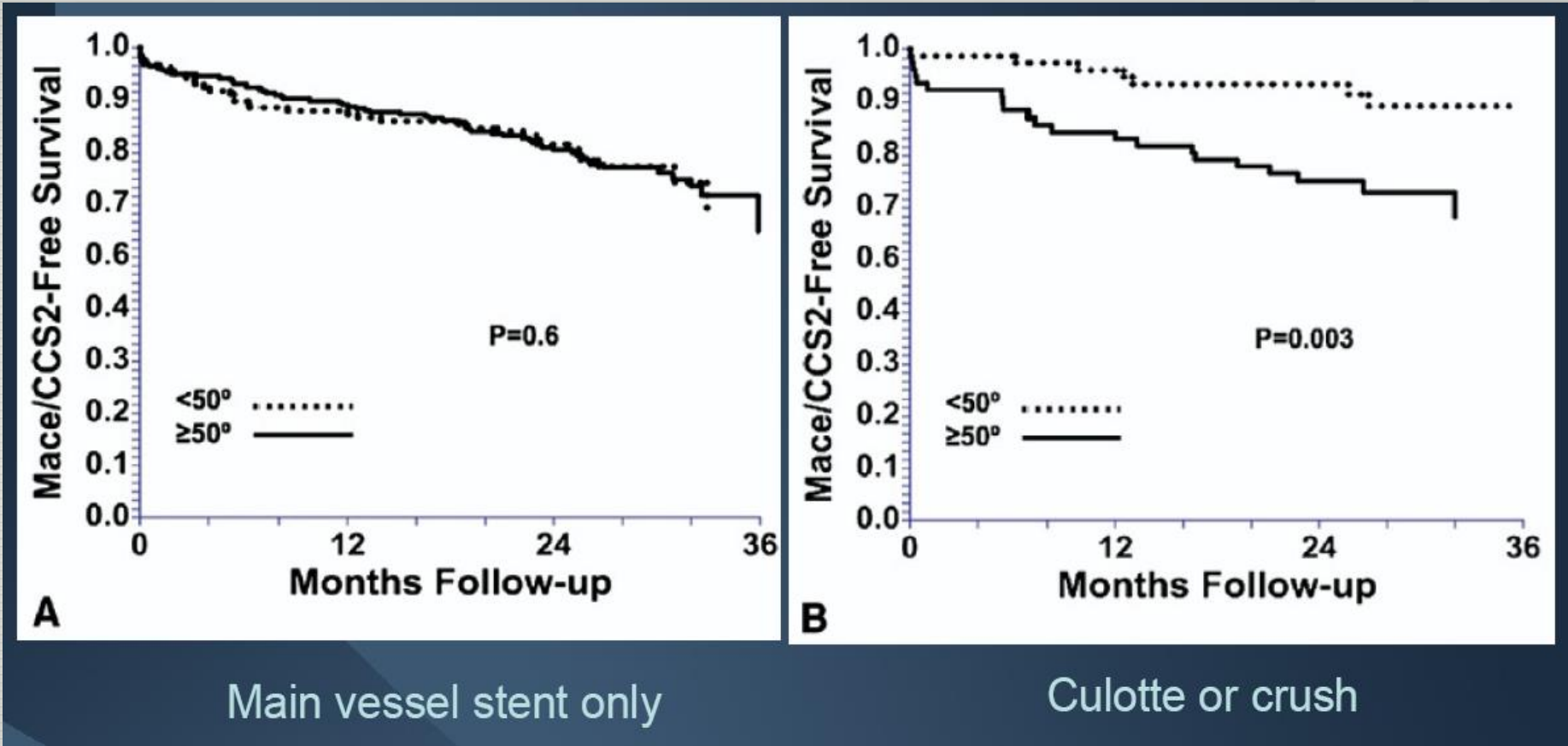
KB: kissing balloon; MV: main vessel; SA: stent area; SB: side branch.

# Stent deformation was not corrected by kissing ballooning in clinical study

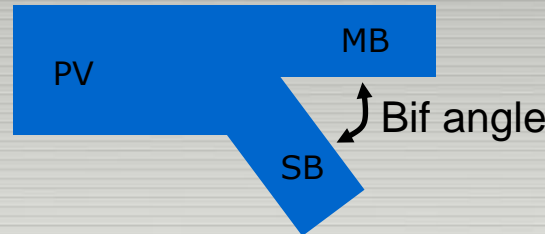




# Culottes and Crush Techniques are Angle-dependent



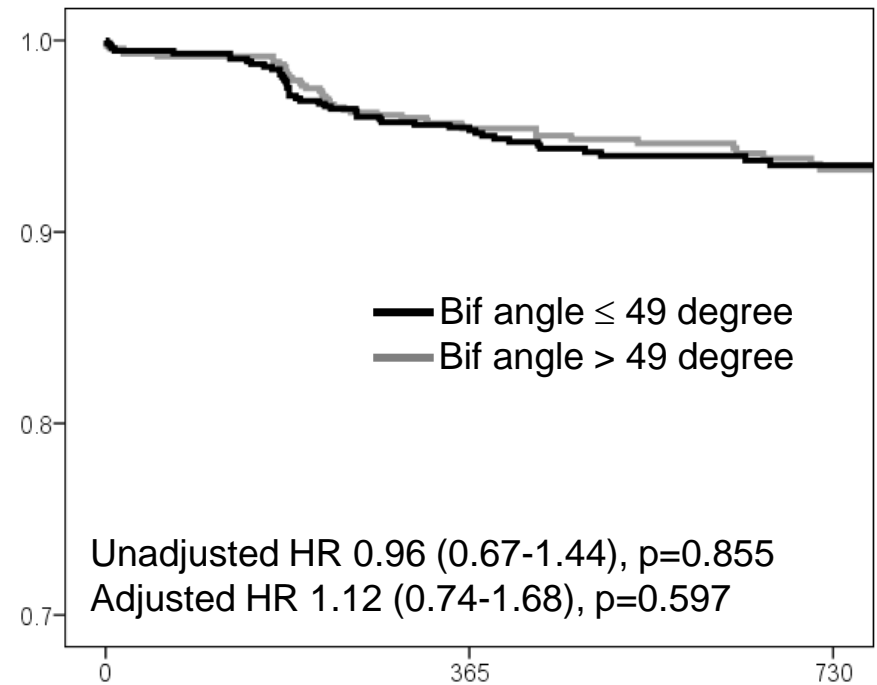
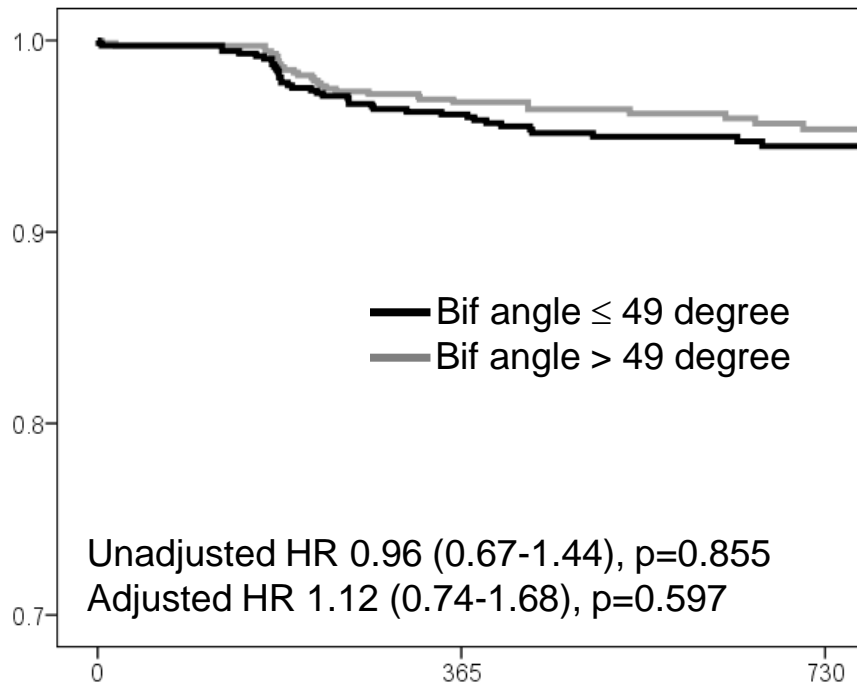
# Bifurcation Angle is not Predictive



N=1455  
Median: 49 degree

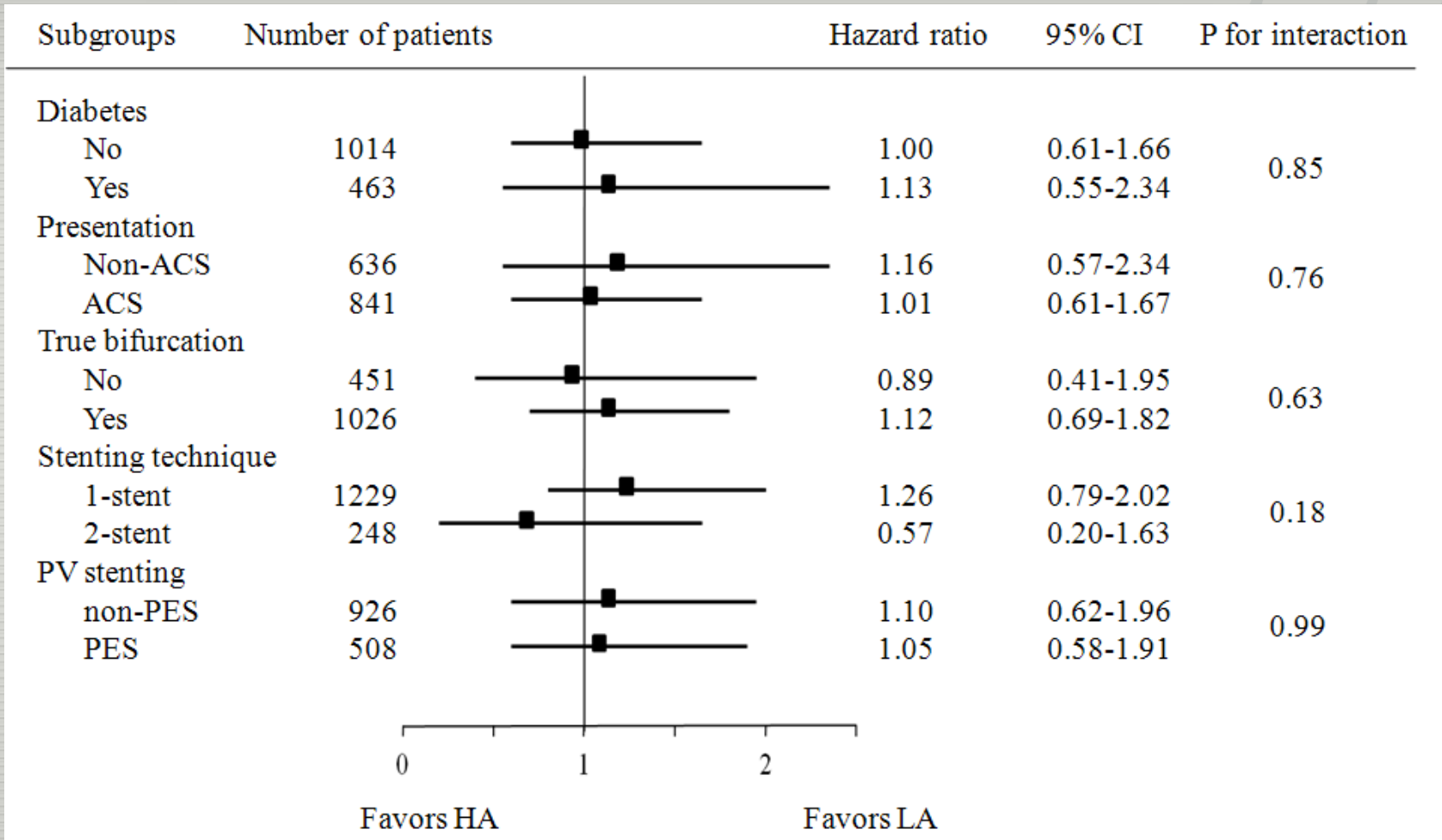
TLR

MACE



# Bifurcation Angle is not Predictive

## Subgroup Analysis (MACE)



HA: high angle > 49 degree, LA: low angle ≤ 49 degree

# Summary and Conclusion

- This large-scale multicenter real-world registry showed a favorable long-term prognosis in the patients with a non-left main coronary bifurcation lesion, mostly treated with a simple technique using DES.
- The simple technique is equal to, or can be better than the complex technique.
  - ▣ The angiographic success of side branch was not predictive of long-term outcomes.
  - ▣ Elective SB ballooning after MV stenting could be harmful.
- These results may not be applied to left main bifurcation, with a large side branch.

**Thank you for your attention.**

# COBIS vs. Previous RCT Studies

|                   | <b>NORDIC</b> | <b>CACTUS</b> | <b>BBC-ONE</b> | <b>COBIS</b> |
|-------------------|---------------|---------------|----------------|--------------|
| FU duration       | 6-month       | 6-month       | 9-month        | 12-month     |
| True bifurcation  | -             | 94%           | 83%            | 69%          |
| 2-stent technique | 50%           | 66%           | 47%            | 17%          |
| TLR               |               |               |                |              |
| Simple technique  | 1.9%          | 6.3%          | 4.8%           | 3.5%         |
| Complex technique | 1.0%          | 7.3%          | 3.6%           | 2.9%         |
| Stent thrombosis  |               |               |                |              |
| Simple technique  | 0.5%          | 1.2%          | 0.4%           | 0.5%         |
| Complex technique | 0.0%          | 1.7%          | 2.0%           | 0.4%         |

Steigen TK, Circulation 2006  
Colombo A, Circulation 2009  
Hildick-Smith D, TCT 2008

# T-stenting was NOT Angle-dependent

|                  | All lesions<br>(N=130) | Angle < 60°<br>(N=62) | Angle ≥ 60°<br>(N=68) | P Value |
|------------------|------------------------|-----------------------|-----------------------|---------|
| Cardiac death    | 3 (2.3)                | 1 (1.6)               | 2 (2.9)               | > 0.99  |
| MI               | 3 (2.3)                | 1 (1.6)               | 2 (2.9)               | > 0.99  |
| TLR              | 20 (15.4)              | 9 (14.5)              | 11 (16.2)             | 0.79    |
| Main vessel only | 9 (6.9)                | 6 (9.7)               | 3 (4.4)               |         |
| Side branch only | 8 (6.2)                | 2 (3.2)               | 6 (8.8)               |         |
| Both             | 3 (2.3)                | 1 (1.6)               | 2 (2.9)               |         |
| Stent thrombosis | 2 (1.5)                | 1 (1.6)               | 1 (1.5)               | > 0.99  |
| MACE*            | 22 (16.9)              | 10 (16.1)             | 12 (17.6)             | 0.82    |

\* MACE = cardiac death, MI, TLR